

# **The Nuts & Bolts of Gender Responsive Programming**

**"You cannot paint the walls pink and call it a girls program."**

This training provides an overview of the Six Domains of Adolescent Development for at-risk girls, encompassing the Intellectual, Spiritual, Emotional, Relational, Sexual, & the Physical. Girls bring complex issues that necessitate specialized interventions and programming. This training is designed for all levels of personnel who have an interest in gaining cutting edge information about effective programming for girls. The scope of the training information ranges from prevention to commitment programs.

A review of the core components of gender responsive programming, which meets the unique needs of girls, is fully explored.

**Participants can expect to gain:**

- A comprehensive understanding of the developmental stages of at-risk adolescent girls
- Concrete program ideas for girls
- Specific strategies to utilize with girls

## **Holistic Healing for Girls in Juvenile Justice**

This training provides an overview of how childhood trauma presents itself within the framework of the Six Domains of Adolescent Development. The training offers specific strategies and concrete program ideas for addressing the needs of girls who have survived chronic abuse and trauma.

Additionally, the session examines the historical political and social context of children & trauma along with the treatment implications.

This segment is designed for caregivers, counselors, case managers, program personnel, social workers, and behavior management specialists.

**Participants can expect to gain:**

- Strategies for avoiding triggers that elicit inappropriate behavior among survivors of abuse
- Broad-based interventions that create opportunities for therapeutic growth and healing
- Technical information about PTSD