



NATIONAL COUNCIL OF
JUVENILE AND FAMILY COURT JUDGES

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Adolescent-Based Treatment Intervention Comparison Matrix

Intervention	Type of Intervention	Cost Ranking	Recommend Populations	Where To Go
Adolescent Community Reinforcement Approach (A-CRA)	Individual / Group	\$\$\$	Youth ages 13-17 Girls / Boys Outpatient / Home	Chestnut Health Systems' website at: http://chestnut.org/LI/acra-acc/index.html
Brief Strategic Family Therapy (BSFT)	Family	\$\$\$\$	Youth ages 13-17 Girls / Boys Outpatient / Home	Contact Joan Muir, Ph.D., at: (305) 246-6363; jmuir@med.miami.edu
Family Support Network (FSN)	Family	\$\$	Youth ages 13-17 Girls / Boys Outpatient / Home	Contact Jackie Griffin, M.S. at: (727) 545-7564; jgriffin@operpar.org
Functional Family Therapy (FFT)	Family	\$\$\$\$	Youth ages 12-18 Multiple settings	Functional Family Therapy website at: www.fftinc.com
Matrix Model	Individual / Group	\$	Young adults ages 18-25 Male / Females Outpatient	Contact Michael McCann, M.A., at: (310) 478-8305; mmcann@matrixinstitute.org
Moral Reconciliation Therapy (MRT)	Individual / Group	\$	Young adults ages 18-25 Male / Females Correctional	Correctional Counseling's website at: www.ccimrt.com
MET / CBT 5 or 12	Individual / Group	\$	Youth ages 12-18	SAMHSA's website at: http://kap.samhsa.gov/products/manuals/cyt/
MET & Motivational Interviewing	Individual / Group	\$	Young adults ages 18-25 Male / Female Multiple settings	The MINT website at: www.motivationalinterviewing.org
Multi-Dimensional Family Therapy (MDFT)	Family	\$\$\$	Youth ages 12-17 Girls / Boys Multiple settings	Contact Gayle A. Dakof, Ph.D. at: (305) 243-3656; gdakof@med.miami.edu
Multi-Dimensional Treatment Foster Care (MTFC)	Family	\$\$\$\$	Youth ages 13-17 Girls / Boys Multiple settings	Contact Gerard J. Bouwman at: (541) 343-2388; gerardb@mtfc.com
Multi-Systemic Therapy of Juvenile Offenders (MST-JO)	Individual / Group	\$\$\$\$	Youth ages 13-17	MST Multi-Systemic Therapy website: http://www.mstservices.com/index.php/training
Seeking Safety	Individual / Group	\$	Adults 26-55 Females Multiple settings	Seeking Safety website at: http://www.seekingsafety.org/
Teen Intervene	Brief	\$	Youth ages 13-17 Girls / Boys Outpatient / School	Contact Ken Winters, Ph.D. at: winte001@umn.edu
The Seven Challenges® Program	Individual / Group	\$\$\$	Youth ages 13-17 Girls / Boys Co-occurring Multiple settings	Contact Sharon Conner at: (520) 405-4559; sconner@sevenchallenges.com

NOTE: Cost Ranking is based on the following scale for implementing the intervention:

\$250 – 1,000 \$

\$1,000 – 4,000 \$\$

\$5,000 – 10,000 \$\$\$

\$10,000 or more \$\$\$\$