

Introduction to Co-Occurring Disorders



WEDGWOOD
CHRISTIAN SERVICES

TRANSFORMING LIVES ONE CHILD AT A TIME

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Key Concepts

- Introduction to Guiding Principles for Co-Occurring
- Identifying Similarities between SA and MI
- Discuss Strategies for Engagement and Intervention



Co-Occurring

- Definition
- Prevalence

Incidence of SA in MI Population

- At some point in their lifetime:
 - 47% of individuals with schizophrenia
 - 56% of those with bipolar disorder
 - 27% of those with major depression
 - 24% of those experiencing anxiety
- Have met criteria for at least one SA disorder
 >>As compared to 16.7% of the total population has met criteria for SA disorder

Common Reasons for Missing SA Symptom Identification in MI Population

- Lack of awareness of the high incidence of SA in the MI population
- Inattention to SA symptoms
- Unaware of SA assessment techniques
- Client denies or minimizes SA
- Client's cognitive impairment makes it difficult to decipher what is MI versus SA symptom

Medications

Mental Health System	Co-Occurring Approach	Substance Use Treatment System
Central to the management of severe disorders in acute, subacute, and long-term phases of treatment; antidepressants, antipsychotics, anxiolytics, mood stabilizers.	Central to the treatment of many patients with Co-Occurring disorders. Caution is used when prescribing psychoactive, mood-altering medications.	Central to acute detoxification; Medication Assisted Treatment can be part of long-term treatment (Suboxone, Methadone, Vivitrol)

Abstinence From Substances

Mental Health System	Co-Occurring Approach	Substance Use Treatment System
May or may not be part of treatment planning.	Abstinence from substances may not be a short term goal. Also, abstinence from a prescribed psychotropic medication is not a requirement for access to treatment.	Treatment goal of sobriety or progress towards a chemical free lifestyle.

Co-Occurring Principles

- Co-occurring issues and conditions are an expectation, not an exception.

Co-Occurring Principles

- The Foundation of a Recovery Partnership is an Empathic, Hopeful, Integrated, Strength Based Relationship

Co-Occurring Principles

- All People with Co-Occurring Conditions are not the same, so Different Parts of the System have Responsibility to Provide Services for Different Populations.

Co-Occurring Principles

- When Co-Occurring Conditions or Issues Co-Exist, each Condition or Issue is Considered Primary

Co-Occurring Principles

- Recovery Involves Moving Through Stages of Change and Phases of Recovery for Each Co-occurring Condition or Issue

Co-Occurring Principles

- Recovery Plans, Interventions and Outcomes must be Individualized. There is no one Correct Program or Intervention for Everyone

Philosophy of Adolescent Co- Occurring Treatment

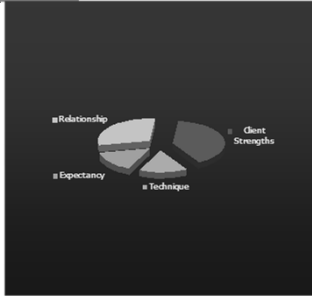
- Change What Creates It



Response to treatment in the first few sessions is highly predictive of the eventual outcome.



Common Therapeutic Factors

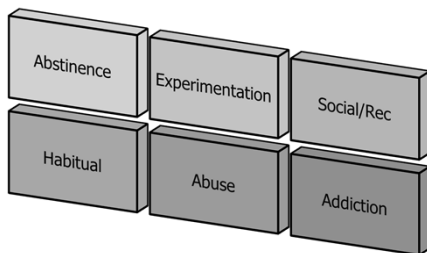


“Within the client is a theory of change waiting for discovery, a framework for intervention to be unfolded and accommodated for a successful outcome”.

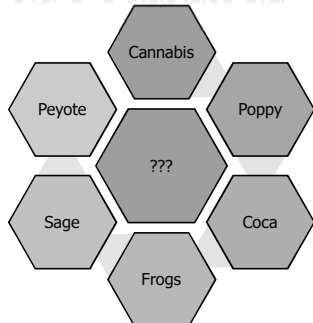
Hubble, Duncan, Miller, 1999



Stages of Substance Use

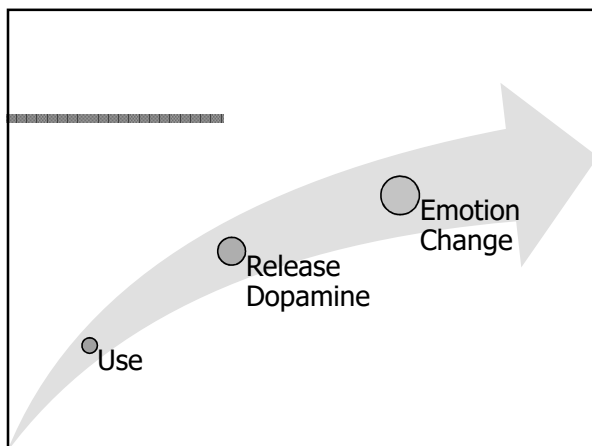


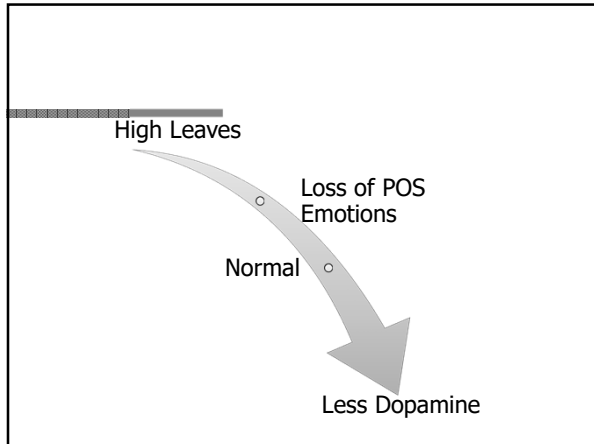
WHAT ALL DRUGS HAVE IN COMMON

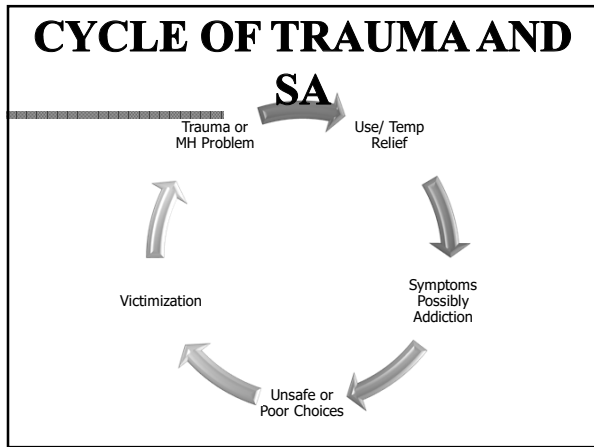


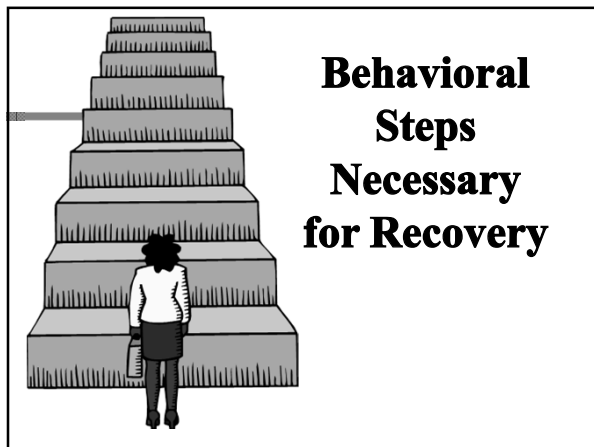
DOPAMINE

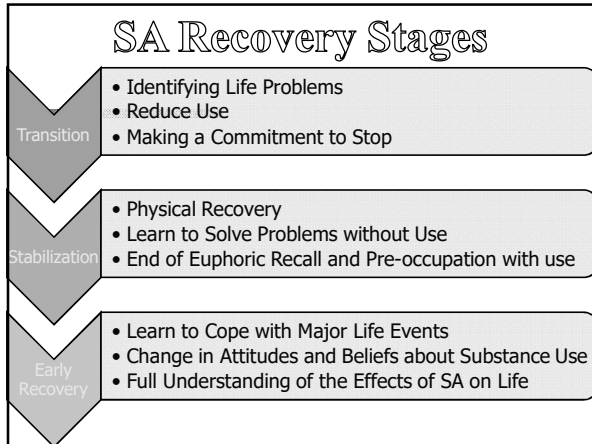


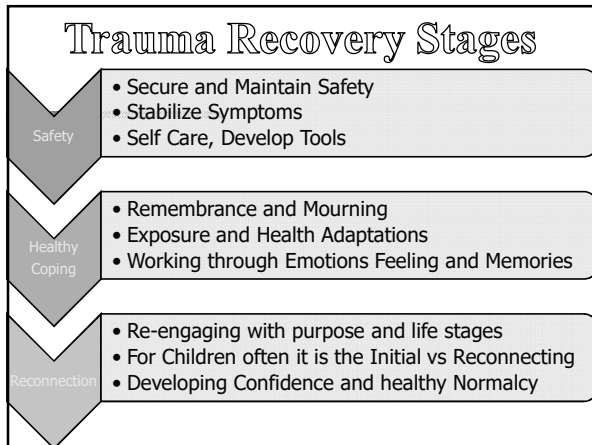


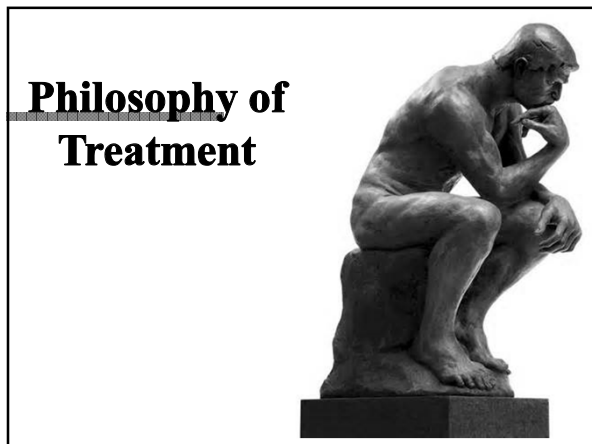












Fundamentals of Counseling



We Live in a Broken World

People are much more unhappy than one thinks. . . And there is no such thing as a grown up person. Everyone is destined to experience exhilaration but also inevitable darkness: disillusionment, aging, isolation, loss and meaninglessness. Irvin Yalom

The Greatest Day of Your Life

“Man must cease attributing his problems to his environment, and learn again to exercise his will – his personal responsibility.”
Albert Einstein

“Liberty means responsibility. That is why most men dread it.”
George Bernard Shaw

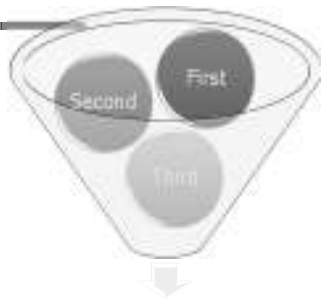
Clinical Stages of Therapy

Engagement

Resolving Ambivalence

Evidenced Based Practice

Client Response In



Highly Predictive

Disease Concept

- Crux of a Medical Model approach
- 1956 AMA - "The Disease"
- Most commonly generalized to all "addictions"
- Focus - It's not your fault, It is your responsibility

Disease Concept For Adolescent Treatment

- PRO'S
- Medically Endorsed
- Use Has Serious Effects PPCF
- Three - Interrelated Factors
- CON'S
- If You Are In Treatment You Have The Disease
- Genetic Link Only Established For Alcohol
- Forever Focus

Why Do People Continue To Use

- Cycle of Addiction

Developmental Model of Recovery

- Six Stage Objective Process of "Recovery"
- Comprehensive Linear Model
- Holistic Life Change Not Just Behavioral Marker of Non-Use
- Core Concept Of Process
- Focus - Progressive Life Style Change Moving From Using Lifestyle To Sobriety

Developmental Model
Recovery
For Adolescent Treatment

■ PRO'S

- Progressive
- Objective Markers
- More Than One Behavior
- Answers Tough Topic Of Glamorization and Euphoric Recall

■ CON'S

- Behavioral Markers - Where To Go, Not How To Get There
- "Dependent" Focus
