

# Infant Development

## I. Infant Accomplishment Sequence

<u>Age:</u>	<u>Activity:</u>
A. 2 months	Hold chest up in face down position; reaches toward objects.
B. 3-4 months	Increased motor control
C. 5 months	Can sit with minimal support; grasps objects.
D. 6 months	Roll over; sit up without support. Develop sense of humor.
E. 7 months	Crawl, scoot; pull to sit.
F. 8 months	Pull self to standing.
G. 9-10 months	Walk while holding on
H. 11 months	Walk alone
I. 12 months	Climbing

**IMMUNIZE!**

1. The order of these activities is quite uniform, e.g., each accomplishment is preceded by the earlier activity (ies).

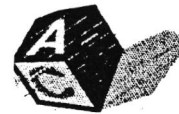
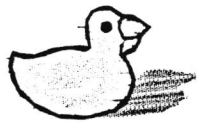
## II. Developmental Needs

A. The importance of adequate energy and nutrient intake cannot be overstated!!!

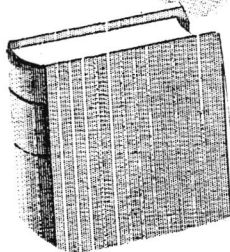


B. A stimulating environment is absolutely necessary for rapid brain growth and includes:

1. Reading
2. Talking
3. Signing
7. Singing
4. Safe toys / Safe alternatives
5. Hugging & Cuddling
6. Visual
8. Music



6. Visual



a. Remember infants are "taking" in everything around them through their sensory receptors. This includes sight, taste, smell, listening and touch. This is why infants are always picking things up and putting them into their mouths. [Be very careful about leaving small and/or sharp objects laying around.]

