

GENDER-SPECIFIC PROGRAMMING

- ❖ Gender-specific programs should be holistic in approach and address all relevant domains, such as individual, family, school, community and peer group.
- ❖ Gender-specific programs should include a strong family intervention component.
- ❖ Gender-specific programs should be designed to address the individual needs of female adolescents; therefore, an individual assessment should be performed prior to developing a treatment plan.
- ❖ Gender-specific programs should contain empowerment strategies that focus on building relationships and improving self-esteem.
- ❖ Gender-specific programs should offer information about and/or treatment for victimization issues.
- ❖ Gender-specific programs should include a sexuality/family-planning component.
- ❖ Gender-specific programs should provide mentoring relationships rooted in the realities of girls' own lives.
- ❖ Gender-specific programs should include substance abuse prevention and intervention components.
- ❖ Gender-specific programs should involve the participants in programming decisions.
- ❖ Gender-specific program components should be culturally appropriate.
- ❖ Gender-specific programs should include a monitoring and/or evaluation component.