

CALHOUN AREA VOCATIONAL CENTER

MISSION: DEVELOPING A CAREER

GOAL: PREPARATION

OBJECTIVE: DEVELOP A CAREER ACTION ROUTE

MODULE NUMBER: EIGHT

Adapted from: Carkhuff Associates "Career Development Model"

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Health Occupations

I have now determined one occupational choice that meets my values and have also determined what requirements the occupational will demand of me.

This module will help me find a career route that best fits me, based on my physical, intellectual, and emotional values to reach my occupational goal. If I can determine the best career route for me, based on my P.I.E. values, then I have determined the best way to learn the skills I need to reach my occupational goal.

The following steps of tasks will help me reach my goal.

Task 1

List alternative routes to my present occupational goal.

Task 2

Develop an outline of my school, work and school-work career routes.

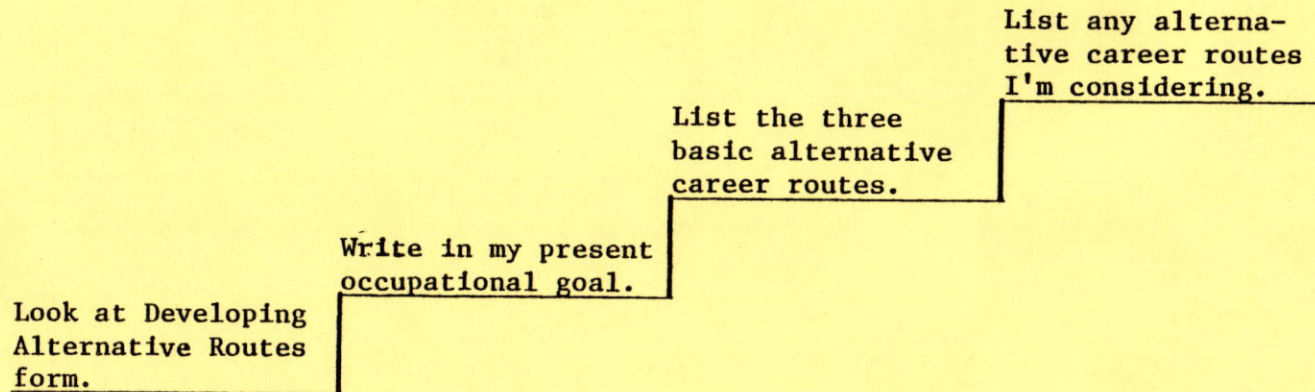
MISSION: Developing a Career

GOAL 3: Preparation

OBJECTIVE 1: Develop a Career Action Route

TASK 1:

List alternative routes to my present occupational goal.



If I can list a minimum of 3 alternative routes to reach my chosen career occupation, then I'll be able to check them out to find out the best route for me.

Step 1: Consider at least three basic alternative routes to my present occupational goal; school, work, and school-work. What about a military career or Job Corps or Peace Corps? What about taking off for a year to travel around the country or the world? Does this help to get me to my occupational goal? List all the alternative routes that I am considering. Are there any other routes that have been left out?

Step 2: Write in my present occupational goal.

Step 3: List the three basic alternative career routes: work full time, school full time, combine school and work.

Step 4: List any other routes I might consider. Go to Task 2.

DEVELOPING ALTERNATIVE ROUTES

Career Routes

Occupational Goal _____

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

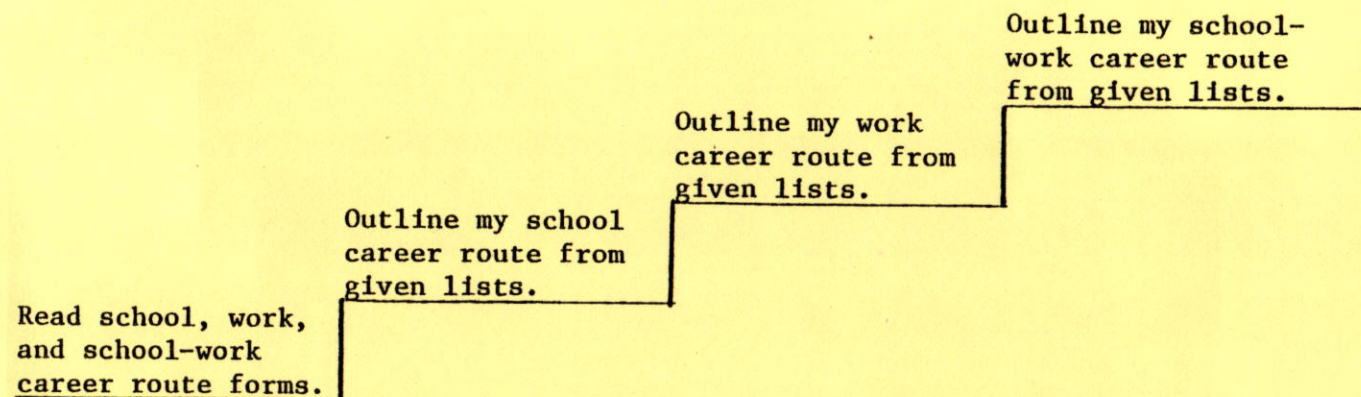
8. _____

9. _____

10. _____

11. _____

TASK 2: Develop an outline of my school, work, and school-work career routes



If I can outline the major steps of a career action route, then I will know the options of which route is for me.

VIEWING THE SCHOOL CAREER ROUTE

Step 1: From the given school career routes, list the ones that I need to reach my occupational goal. List any additional major steps that I would have to take if I followed the school career route modifying or eliminating some of the steps given to make it fit my school alternatives. Seek help from an instructor if necessary. Check the items you must complete. On the large line write examples of specific tasks you must complete.

Check	Career Routes School	My Career Routes School
_____	Select necessary programs	_____
_____	Select necessary courses	_____
_____	Pass necessary courses	_____
_____	Graduate High School	_____
_____	Pass necessary tests	_____
_____	Select appropriate schools	_____
_____	Apply appropriate schools	_____
_____	Get accepted appropriate schools	_____
_____	Select programs	_____
_____	Select courses	_____
_____	Pass courses	_____
_____	Graduate from school	_____
_____	Select employers	_____
_____	Apply to employers	_____
_____	Get accepted by employer	_____
_____	Start occupation	_____

VIEWING THE WORK CAREER ROUTE

Step 2: Read the following form and from given work career routes, list the ones I need to reach my occupational goal, modifying some of the steps given to make it fit my work alternatives. Outline any additional major steps that I would have to take if I followed the work career route. Ask for help if needed. Check the items you must complete. On the large line write examples of specific tasks you must complete.

Check	Career Routes Work	My Career Routes Work
_____	Select necessary program	_____
_____	Receive basic training	_____
_____	Complete commitment and receive certificate	_____
_____	Find entry job	_____
_____	Apply entry job	_____
_____	Get accepted	_____
_____	Receive orientation	_____
_____	Work hard	_____
_____	Receive additional training	_____
_____	Get promoted	_____
_____	Continue	_____
_____	Training	_____
_____	Work	_____
_____	Training	_____
_____	Promotion	_____

VIEWING THE SCHOOL-WORK ROUTE

Step 3: Read the following and from my list of school and work routes, check the steps I would have to combine a career route of school and work in sequence, so that I can see the double load of work. A lot of work, right? Outline any additional major steps that I would have to take if I followed the school-work career route. Seek help if needed.

<u>School</u>	<u>Check</u>	<u>Work</u>	<u>Check</u>
Select necessary programs	_____	Select necessary program	_____
Select necessary courses	_____	Receive basic training	_____
Pass necessary courses	_____	Complete commitment and receive	_____
Graduate High School	_____	certificate	_____
Pass necessary tests	_____		
		Find entry job	_____
Select appropriate schools	_____	Apply entry job	_____
Apply appropriate schools	_____	Get accepted	_____
Get accepted appropriate schools	_____		
Select programs	_____	Receive orientation	_____
Select courses	_____	Work hard	_____
Pass courses	_____	Receive additional training	_____
		Get promoted	_____
Graduate from school	_____		
Select employers	_____	Continue	_____
Apply to employers	_____	Training	_____
Get accepted by employer	_____	Work	_____
Start occupation	_____	Training	_____
		Promotion	_____

Think Step: Have I completed my school, work, and school-work outlines?