



CALHOUN AREA VOCATIONAL CENTER

MISSION: DEVELOPING A CAREER

GOAL: UNDERSTANDING

OBJECTIVE: NARROWING PERSONAL VALUES

MODULE NUMBER: FOUR

Adapted From Carkhuff Associates "Career Development Model"

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INTRODUCTION

If you enjoy spending time helping people, then it is likely that helping others is important to you, you value service. If you spend a lot of time reading, writing, or talking, then it is likely that communication is important to you, you value interpersonal communication. Or, if you enjoy earning money, then it is likely that income or spending power is important to you, you value your salary. These and/or perhaps other values play a daily role in what we do, feel, and think. A person's satisfaction, happiness, and ultimately their success on the job relies very heavily on whether or not their values are met by the occupation they have chosen.

Now you will identify your values, what is important to you about a job. If you can identify and define your physical, intellectual, and emotional values, then you can measure occupations by these values so that you can make your best career choice.

On the next page are listed the eleven tasks that you will go through in completing this objective, "Narrowing Personal Values". Read the tasks. When finished, begin with Task 1, found on page 3. If you have any questions, ask your instructor.