



**GRAND VALLEY
STATE UNIVERSITY**

**FREDERIK MEIJER
HONORS COLLEGE**

Graduate Profiles

Grand Valley State University Class
of Winter 2020 and Summer 2020

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STATE UNIVERSITY**
**FREDERIK MEIJER
HONORS COLLEGE**

“Live. Learn. Lead.” This is the motto of the Frederick Meijer Honors College. It was adopted because it describes what Honors students do. Even a cursory glance through the profiles of the graduates included in this booklet will confirm this. Honors students are accomplished scholars and extraordinary leaders, and they contribute to a remarkable array of fields. They are also global citizens, as is demonstrated by how many of them have studied abroad, have been involved in service activities and organizations, and plan to devote themselves to the public good in their professional and personal lives. Given their successes and contributions, there is no questions that these graduates will go on to do even greater things.

Few of the graduates will say that it has been easy to get to this point – they have been challenged and tested along the way. It takes exceptional motivation, persistence, and achievement to graduate in good standing in the Meijer Honors College.

Graduates, it is with great pleasure and pride that we congratulate and commend you upon your graduation. We are privileged to have played a role in your education, delighted by your triumphs, and eager to hear about your future successes. Please stay in touch and let us know where you go and what you do.

With our esteem and best wishes for your future,



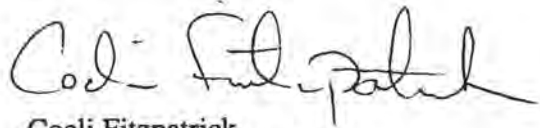
Mark Schaub, Interim Dean
Brooks College of Interdisciplinary Studies



Roger Gilles
Director, Meijer Honors College



Meg Marshall
Honors Academic & Enrichment Advisor



Coeli Fitzpatrick
Chair of the Honors Faculty



Kelly McDonell
Honors Academic & Enrichment Advisor



Robyn Toth
Meijer Honors College Assistant



The Frederik Meijer Office of Fellowships part of the Frederik Meijer Honors College, commends you on completing your undergraduate studies at Grand Valley State University. We know you have bright futures and look forward to your many accomplishments in years to come.

Remember that our services are available to alumni!

Competitive scholarships, fellowships and awards support graduate study, language study, public service, research, foreign service, teaching and other opportunities in the US and overseas. These awards reward past performance, recognize future promise, and often serve as springboards to greater opportunities. Begin your search at www.gvsu.edu/fellowships under "Award Opportunities" and <http://www.gvsu.edu/financialaid/scholarships-list.htm>.

To learn more about inter/nationally competitive awards, visit our homepage, email fellowships@gvsu.edu or click on the "schedule an appointment" button and select "alumni" under www.gvsu.edu/fellowships.

We look forward to working with you!

Wishing you continued success,

A handwritten signature in black ink that reads 'Elizabeth Harrington Lambert'. The signature is written in a cursive, flowing style.

Elizabeth Harrington Lambert
Director



Jeremy Abreo

Major: *Nursing*

Senior Project

Impact of Vaccination on Grand Rapids Public Schools

Assessed the vaccination rates among school-aged children in Grand Rapids Public Schools and created an informational brochure in both English and Spanish to distribute to the community.

Leadership Activities

Honors Mentor

Active Participant in Student Nurses Association

Activities and Awards

Presidential Scholar

Internships and Practicum Experiences

Completed over 500 hours of clinical within varying nursing areas

Greatest Accomplishment while at Grand Valley

The relationships I made within the honors and nursing program.

Plans after Graduation

Work as an RN in Grand Rapids,
and continue my education to become a nursing professor.



Jonathan Albrecht

Major: *Biomedical Sciences with a minor in music*

Senior Project

Senior Piano Recital

This recital is a culmination of my piano study under Dr. Sookkyung Cho at GVSU. This required much more memorization, focus, and practice than previous studio recitals I performed in. I also researched subtle differences between original and edited editions of the pieces in order to better perform them.

Research and Presentations

I aided in experiments conducted under Dr. Eric Ramsson as part of his research lab studying dopamine transmission utilizing fast-scan cyclic voltammetry.

Leadership Activities

- I was a teaching assistant for Dr. Aaron Baxter in his Introductory Microbiology lab.
- I took part in High School Piano Day put on by the Department of Music, Theater, and dance, and answered questions from prospective music students in Q&A sessions.

Activities and Awards

- Award of Distinction Scholarship Recipient
- National Society of Collegiate Scholars Member
- Honor Society of Phi Kappa Phi Member
- Grand Finish Grant Recipient

Study Abroad Experience(s)

I studied abroad in Ghana, participating in clinical internships at various clinics in Winneba in order to learn about the country's healthcare system. I also studied under a native Ghanaian professor and learned about Ghanaian culture.

Internships and Practicum Experiences

Through GVSU's scribe academy, I became an ER scribe, and have gotten the opportunity to work in various emergency departments in Grand Rapids.

Greatest Accomplishment while at Grand Valley

My greatest accomplishments while at GVSU include fulfilling the requirements for successful completion of the Honors program, being chosen to study abroad in Ghana, and the completion of my music minor in addition to my BMS major while maintaining a high GPA.

Plans after Graduation

I plan to attend medical school and pursue a career in medicine with an interest in orthopedics.



Kailey Alessi

Major: *Anthropology with minors in Archaeology and Environmental Studies*

Senior Project

A critical analysis of the presentation of material culture in Michigan museums

Three museum visits to exhibits of Native American history and culture were conducted to inform the creation of a critical museum visitor guide to walk students through the process of critically analyzing museum exhibits.

Research and Presentations

Taste of Muskegon Zero Waste Strategies

Leadership Activities

President, Archaeological Society of GVSU

April 2018-April 2020

Activities and Awards

Lambda Alpha National Anthropology Honor Society

Study Abroad Experience(s)

Apollonia Pontica Excavation, Sozopol, Bulgaria, Summer 2018

Internships and Practicum Experiences

Cape Cod Historical Archaeology Excavation, Summer 2019

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at GV was founding Paleo-crafts, a winter event for Archaeological Society which involves all sorts of ancient crafts.

Plans after Graduation

I plan to get an internship with the National Park Service and then enter graduate school for historical archaeology in fall of 2021.



Payton Andronikidis

Major: *Psychology and Pre-Professional Preparation with a minor in Chemistry*

Senior Project

Hair's the Difference: A Comparison of Men's Prescriptions for Women's Hair-related Practices with Women's Prescriptions for Themselves

For women who fail to maintain the hairlessness ideal, social pressures and repercussions can contribute negatively to self-objectification and overall health. This study aimed to compare men's reasons for women's hair-related behaviors to women's reasons for their own hair-related behaviors, such as underarm and pubic hair removal.

Research and Presentations

I worked as a research assistant for Dr. Henderson-King ten hours per week in the Psychology department during the Fall 2018 and Winter 2019 semesters. I was responsible for identifying qualitatively unique responses on body hair questionnaires. Additionally, I helped fine-tune our coding system and analyze data in SPSS.

Leadership Activities

I served as a choreographer in Grand Valley Dance Troupe for both Fall 2019 and Winter 2020 semesters. I had the opportunity to create my own routines and teach other members of the club.

Activities and Awards

I was a member of Psi Chi and Phi Kappa Phi Honors Societies from March 2019 to March 2020. I made the Dean's List for all 8 semesters of college. I was also a member of Premed Club, ANCHOR community council, and Grand Valley Dance Troupe during my undergraduate career.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment at Grand Valley was challenging myself to pursue a psychology major, premed courses, and a chemistry minor. Although this required lots of hard work and dedication, I was still able to maintain a 3.976 overall GPA and a 4.0 science GPA.

Plans after Graduation

I plan to attend medical school to receive my MD and complete a residency in psychiatry. I hope to become an advocate for mental health and make an impact in individual's lives as their psychiatrist.



Meghan Arends

Major: *History with a minor in English*

Senior Project

Long Hair and Disco: The Relationship Between Mainstream Culture and the LGBTQ Community in the 1970s.

An analysis of the new mainstream culture of the 1970s, from hair to clothes to music, and its reflection of the LGBTQ community. In a time of growing visibility for the community, 70s culture created a neutral space that broke down traditional ideas of gender performance.

Research and Presentations

HST 420 Project: Lowell Historic District Walking Tour

History Capstone Research Paper: Caribbean Tourism as a Global Borderland

HST 400 Research Paper: American Society and the History of Menstruation

HNR 331 Research Paper: Insurgency and Human Rights Violations in Peru

Activities and Awards

GVSU Writer's Club

Member of the Phi Kappa Phi Honors Society

GVSU Dean's List

GV Faculty Scholarship

Greatest Accomplishment while at Grand Valley

I am deeply proud of the work and research that went into my senior project. Not only is it a topic I am passionate about, but it also presented the time period from a new perspective.

Plans after Graduation

I plan to attend graduate school in the Fall for public history.



Holly Arguelles

Major: *Communication Science & Disorders with a minor in Aging and Adult Life*

Senior Project

***Participation in an Interprofessional Simulation Event:
Impact on Student Learning***

Interprofessional education is growing within numerous healthcare programs and impacts both healthcare professionals and patients. The purpose of this study was to determine the impact of an IPE simulation event on students' perceptions. Focus groups were conducted to examine the event's impact on learning, influences on teaching, and future experiences.

Research and Presentations

Fundamental Frequency in Choral Singers: Speech Science

Leadership Activities

Co-Event Coordinator: Asian Student Union (2018-2019)

Treasurer and Secretary: Council for Exceptional Children (2018-2020)

Secretary: Social Innovation Club (2018-2019)

Activities and Awards

Volunteer: Grandville Transition Program for Young Adults (2019-2020)

Member: Chapter for NSSLHA (2017-2019)

Mentor: English Language Skills Conversation Partners (2017-2019)

Award: I am Grand Valley Leadership Award (ASU Co-Event Coordinator, 2019)

Greatest Accomplishment while at Grand Valley

My greatest accomplishment would be hosting ASU's annual Realizing and Addressing Issues in our Culture and Education (R.I.C.E.) Conference in 2019. The theme was Empowerment and my goal was to empower the attendees to step out of their comfort zones, fight any inequalities, and pursue things they are passionate about.

Plans after Graduation

I will be attending GVSU in the fall to obtain my master's in Speech-Language Pathology.



Aimee Ash

Major: *Education and English with minors in Math Secondary Teaching and Writing*

Senior Project

"Sails and Marks" Novel Draft

I worked on writing a novel draft in cooperation with Professor Haven. In the course of a semester, I added over 10,000 words to my draft of a young adult fantasy novel.

Research and Presentations

English Capstone Presentation "Re-engaging Students with Reading: Replacing the Classics with Young Adult Literature"
Education Capstone "Educational Justice: Addressing Inequities through Culturally Responsive Teaching"

Leadership Activities

GRPMMS Mentor

Science Olympiad Coach

Activities and Awards

Heritage Voices Choir

Honorable Mention in Oldenberg Writing Contest

Honorable Mention from Innovation Classroom Technology Lesson Contest

Dean's List (every semester)

Mathematics Department Scholarship

Internships and Practicum Experiences

Student Teaching at Wyoming Intermediate School

Teacher Assisting at Forest Hills Central Middle School

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley was writing my thirty page English capstone paper "Re-engaging Students with Reading: Replacing the Classics with Young Adult Literature" and giving a ten-minute presentation of that research.

Plans after Graduation

My plan is to find a middle school or high school teaching position in West Michigan.



Rose Ault

Major: *Computer Science with a minor in Mathematics*

Senior Project

Optimization Study of an Image Classification Deep Neural Net

Research and comparison of convolutional neural networks to find optimal construction methods for image classification.

Activities and Awards

Dean's List

Internships and Practicum Experiences

Internship at Dow, Summer 2019

Greatest Accomplishment while at Grand Valley

Completion of internship at Dow and continued accomplishment of Dean's List

Plans after Graduation

Start working at Dow I/S Rotational Program



Rachel Azure

Major: *Writing with a minor in English Language and Literature*

Senior Project

Developmental Editing of GVSU Professor's Soon-to-be Published Manuscript

I worked with Professor Amorak Huey on his novel manuscript, "City of Rocks." For this project, I acted as a developmental editor or publisher and worked to give feedback and develop his manuscript.

Leadership Activities

- Dean's List
- Leader in Gamma Phi Beta Sorority

Activities and Awards

- Writing Consultant at the Writing Center
- Published in university's journal, Fishladder
- Member of campus organizations including Gamma Phi Beta Sorority and Order of Omega Honors Fraternity

Internships and Practicum Experiences

- Interned as a writer at the Grand Rapids Magazine
- Included interviewing many notable people in the Grand Rapids community including GVSU President, Philomena Mantella

Greatest Accomplishment while at Grand Valley

My greatest accomplishment was achieving my goal of being published in the university journal, Fishladder. My creative non-fiction piece that was published means a lot to me, and to be able to share that story with real readers is a dream come true.

Plans after Graduation

TBD!



Nick Bara

Major: *Biomedical Sciences with a minor in Classics*

Senior Project

Why Understanding Culture and Situation is Vital When Responding to Epidemics

A deep field analysis of the 2017 Plague Epidemic in Madagascar. Research started in 2018, I interviewed multiple professionals and personally researched the multiple aspects that contributed to the spread of the plague to an epidemic state, focusing mainly on social, political, economic, and cultural venues.

Research and Presentations

Research with Dr. Laura Hawk on protein aggregation behaviors of the Kassinin protein.

Leadership Activities

Health-Sciences Council - President

Pre-Med Club - President

Doctors Without Borders Club - Founder / Treasurer

Cook Leadership Academy - Fellow

Student Senate Appropriations Committee -Representative

Frederik Meijer Honors Council - Vice President

Activities and Awards

Kids In Motion

Emmanuel Hospice

Multiple Grand Valley Scholarships

Benjamin A. Gilman International Scholarship

Dean's List

Achievement Recognition by House Representative Paul Mitchell

Achievement Recognition by U.S. Senator Debbie Stabenow

Study Abroad Experience(s)

Lived with multiple different families in Madagascar during the summer of 2018, taking traditional healthcare classes and doing personal research on the 2017 plague epidemic. I learned much about the culture and different ways of life from many fantastic people, an experience I will never come to regret.

Internships and Practicum Experiences

I currently work as an EMT and ER Nurse Technician in Grand Rapids. I also volunteer at a hospice, sharpening my bedside manner and patient care.

Greatest Accomplishment while at Grand Valley

Having a hand in helping many of the people I met find their passions in life, and putting myself in the environment to meet such great people and do such great things in the first place.

Plans after Graduation

I will live in Grand Rapids for a gap year between undergraduate and medical school. I will continue working as an EMT and an ER Nurse Technician for that time, continue volunteering at the hospice while starting a new volunteer opportunity to fight sex trafficking.



Elizabeth Baranski

Major: *Writing with a minor in Psychology*

Senior Project

Leadership as a Genre

Looking at leadership from a genre perspective allows individuals to understand leadership and the conventions of the role in a new light. By analyzing leadership through a genre lens, leaders can better understand and tackle the expectations of the position.

Research and Presentations

ACE Presentation - Teach In 2018

Leadership Activities

Alpha Sigma Alpha Sorority President

Activities and Awards

Award for Excellence

I Am GV Award 2019 & 2020

Grand Finish Award

Order of Omega

Fishladder Fiction Reader (2 years)

Internships and Practicum Experiences

CHAARG Blog Intern

Dzanc Editorial Intern

SIX Magazine Junior Editor

Office of Student Life Marketing Writer

Greatest Accomplishment while at Grand Valley

My greatest accomplishment was stepping out of my comfort zone to become chapter president and obtain five internships/jobs in my field.

Plans after Graduation

My plan is to graduate with a Bachelor of Arts in Writing and work in the magazine editorial field.



Sarah Battiston

Major: *Biomedical Sciences with a minor in Religious Studies*

Senior Project

A Discourse on the Gendered State of Healthcare

A educational discourse on the cultural stereotypes of doctors and nurses, how they reflect gender stereotypes, and how this leads to prejudice and discrimination towards female doctors and male nurses.

Research and Presentations

Religious studies research on the functionality of prayer in times of chaos.

Religious studies research on eurocentrism and how it caused western cultures to have negative attitudes towards eastern practices of medicines and label it "alternative".

Leadership Activities

Vice President and Tribune of Phi Sigma Sigma

Activities and Awards

Scribe at Helen Devos Emergency Department

Nurse Technician at Mary Free Bed Rehabilitation Hospital

Highest GPA in the panhellenic community

Member of GVSU pals

Volunteer at Crossroads Detroit

Yoga Instructor at GVSU Rec Center

Physic Tutor at GVSU Tutoring Center

Studied at differing religious places of worships locally and globally

Study Abroad Experience(s)

University of Kingston studying British Culture and History in London, United Kingdom.

Medical mission trips in Nicaragua and Tanzania

Greatest Accomplishment while at Grand Valley

The impact my religious studies minor had on my life is the greatest accomplishment. I learned how limiting my cultural biases are and how once we are able to break these down, we can listen to others in order serve them, and challenge the issues in our culture.

Plans after Graduation

Attending Wayne State Medical School



Miranda Bibb

Major: *Mathematics with minors in Mathematical Studies and Digital Studies*

Senior Project

Modular Construction:

A Potential Solution to the Affordable Housing Crisis

This project was an exploration into modular construction methods and the potential impact it can have on the affordable housing crisis by cutting construction costs.

Research and Presentations

Keeping People in Their Homes: A PIC Math Research Project

Leadership Activities

President of A Cappella Groove!

Activities and Awards

Outstanding Sophomore in Mathematics

Outstanding Senior in Mathematics

Phi Kappa Phi

Mu Sigma Rho

Pi Mu Epsilon

8 Semester Dean's List

Internships and Practicum Experiences

Better Business Bureau Data Quality Internship

Greatest Accomplishment while at Grand Valley

Presenting Research at the Mathematical Association of America's MathFest

Plans after Graduation

Attending the University of Michigan for a Masters of Architecture



Lauren Bixby

Major: *Supply Chain Management*

Senior Project

NGOs in Haiti, a paper

I wrote an essay based on my study abroad experience in Haiti, denoting further research on NGOs and their impact in Haiti

Research and Presentations

Participation in Project of West Michigan Project Management competition

Activities and Awards

Equestrian, Greek life, project management, SSCMA, honors, strength, IM volleyball

Study Abroad Experience(s)

Fall 2019 Rome Italy, summer 2018 Haiti

Internships and Practicum Experiences

Internship in operations and procurement at Dicastal North America

Greatest Accomplishment while at Grand Valley

Graduating in three years, while completing two study abroad experiences.

Plans after Graduation

Pursuing a job where I can provide excellent customer service and inspire people



Morgan Block

Major: *Biomedical Sciences*

Senior Project

Are Traditional or Western Medicines Better for Ghanaians Suffering From Tuberculosis?

I compared the traditional treatment of Tuberculosis using herbal medicines to the western treatment using prescription drugs. It was found that while the western treatment was more successful, traditional treatment honored the cultural values of

Ghanaian patients. Traditional healing was a successful approach when applied within the appropriate means.

Research and Presentations

Dr. Ramsson's, Dr. Flandreau's research lab.

"Predator odor stress on metabolic endocrine outcomes in male and female c57B6 mice" Personal research project presented at the Society for Neuroscience in Chicago.

"A Photovoice Project: Student Experiences Parking On & Off Campus. Safety, Health & Wellness Implications"

Project mentored by Dr. Fateye

Leadership Activities

Photovoice Project

TEDx club

GVSU tutoring for anatomy, physiology, and physics

Flandreau Lab

Activities and Awards

Design Thinking Academy

Hospice Volunteer

Volunteer at the Student Sustainable Agriculture Project (GVSU SAP)

Study Abroad Experience(s)

Ghana Study Abroad trip in summer of 2018

Internships and Practicum Experiences

Worked as a Patient Care Tech at McLaren Hospital in the summer of 2019.

Greatest Accomplishment while at Grand Valley

Having the Ghana trip help me discover my passion in medicine; switching my career prospects from a PhD in neuroscience to a lifetime in medicine. Through this trip I found a convergence of all of my passions in addition to making life long friends.

Plans after Graduation

Apply to Medical school

volunteer at the Grand Rapids Community Food Club

Work at Grand Rapids Hospitals



Ethan Boelkins

Major: *Mathematics with a minor in Digital Studies*

Senior Project

Digital Performance and Data Strategy with City of Grand Rapids

I served as an intern with City of Grand Rapids for the fall 2019 semester. My project consisted of migrating datasets to a centralized platform called Socrata and creating performance measures, visualizations, stories, and dashboards to gain insight into departments' operations.

Research and Presentations

"Keeping People in Their Homes" - MTH 480 W19

Presented to City of Grand Rapids and at MAA MathFest 2019 in Cincinnati, OH.

Leadership Activities

PIC Math

Activities and Awards

Mathematics Department Senior Award for 2020

PIC Math

MAA

Internships and Practicum Experiences

Digital Performance Intern at City of Grand Rapids

Laboratory Technician Intern at The Mackinac Technology Company

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley has been forging a new path for mathematics majors to gain experience working with data for city government. I am also extremely proud to receive the Mathematics Department Senior Award for 2020.

Plans after Graduation

I plan to work in the field of digital performance and data strategy. I would like to provide the Grand Rapids community with useful, authentic, digital services and help the city become better data-informed. In the future, I would like to run my own consulting firm.



Jacquelyn Bowling

Major: *Nursing*

Senior Project

To Be Human: Finding Community Through Storytelling

To Be Human is a collection of photos and stories from Grand Rapids citizens. Check out the website at <https://to-be-human.webflow.io>

Leadership Activities

Resident Assistant for 3 years at Kistler Living Center

Activities and Awards

Volunteer at Oasis of Hope Center

Study Abroad Experience(s)

Humanitarian Internship to Uganda

Greatest Accomplishment while at Grand Valley

Surviving nursing school!

Plans after Graduation

Practicing as a Registered Nurse at Mercy Health Saint Mary's



Dane Bramble

Major: *Computer Science with a minor in Information Security Systems*

Senior Project

Security Audit of Immaculate Heart of Mary School

I performed a security audit and technology plan review for the Immaculate Heart of Mary School in Grand Rapids.

Activities and Awards

I have volunteered for Campus Ministry for Spring break volunteer trips. I have also been a member of the Computer Science Club and participated in the ICPC Programming Contest.

Internships and Practicum Experiences

I was an intern for Steelcase for two years as well as an intern for Open Systems Technologies as an Application Developer for the previous summer.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment at GVSU is that I was able to apply my knowledge from the classroom in order to get valuable work experience that will benefit me far into my career.

Plans after Graduation

I received a job offer from OST after my internship and will be working there in Grand Rapids as an Application Developer after graduation.



Leonardo Brisita

Major: *Marketing*

Senior Project

Analyses of Five Industries, Potential Job Prospects, and Expatriate Employment in Spain

It is an analysis five industries of personal interest and potential job opportunities within each, as well as an analysis of Spain's economy and identifying the process of working as an expatriate.

Research and Presentations

Herman Miller Retail Growth Project
Design Thinking "Lakers Leading Lakers" Project
Oru Kayaks Marketing Project
Future State Research Project

Activities and Awards

Grand Valley Mens Soccer Club

Study Abroad Experience(s)

I was given the opportunity to travel for a week to Honduras with the Galana Coffee Company Internship.

Internships and Practicum Experiences

Meijer Merchandising Internship
Galana Coffee Company Marketing Internship

Greatest Accomplishment while at Grand Valley

My greatest accomplishment at GVSU was making it through this last year in the best way that I could. I was able to be proud of the work I put in and do not think I could have handled it better than I did.

Plans after Graduation

After graduation, I plan to continue my job search, travel once this virus issue is handled, and continue my professional development.



Kendal Browne

Major: *Marketing with a minor in International Business*

Senior Project

Needing Love and Belonging: The Impact of Society and Social Groups on Consumer Behavior and Purchase Decisions

The finished project is a 20 page research paper that dives into society and the role it plays in the purchase decisions of young adults. It discussed the historical significance society has played on consumers and how it has evolved into what it is today, with emphasis on social media.

Research and Presentations

Worked in a group of peers to create a sample marketing plan for a kickstarter company. We researched and implemented a strategy for bringing the product to market. We then presented all of our ideas to the class.

Leadership Activities

I was able to go back to my high school and work as a cheerleading coach. It was rewarding to coach the students and instill in them lifelong skills.

Activities and Awards

During my college career, I was a member of Grand Valley Dance Troupe for two years. It was an amazing experience getting to share the stage with other incredible dancers while at the same time giving to charities we were passionate about.

Internships and Practicum Experiences

I completed a summer-long marketing internship at a local technology company. I assisted in selling, strategy, social media, graphic design, and website building.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley is the relationships I have made. I know I have met some fantastic people and, thanks to the honors college, have grown both my personal and my professional networks substantially.

Plans after Graduation

After graduating, I am planning on working and living in the Grand Rapids area. I hope to get a job in my field that I enjoy and feel fulfilled by. I would like my future career to have a positive impact on the community.



Madeline Buning

Major: *Psychology with a minor in Aging and Adult Life*

Senior Project

Humans of Grand Valley

A collection of stories from people who make up Grand Valley's community. Each person involved in this project embodies a label that connects them to Grand Valley. This project shows that we are much more than that. We each hold our own diverse and unique story.

Leadership Activities

Secretary of the Pre-OT Club

Internships and Practicum Experiences

Semester long volunteer/shadow experiences at:

Kent County Head Start Preschool

Mary Free Bed

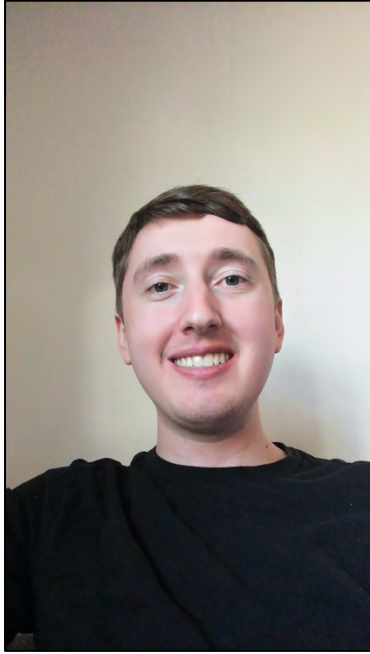
Center for Childhood Development

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley has been all the connections I have made and the relationships that I have built with professors, professionals, students, etc.

Plans after Graduation

I plan to go to grad school for Occupational Therapy.



Brandon Burger

Major: *Education and English with a minor in History - Teaching*

Senior Project

Nature Over Nurture: The Source of Morality in Oliver Twist

This research project examined Charles Dickens' contemplation of the nature-nurture debate in his novel *Oliver Twist*. Through careful analysis of characters, it concludes that Dickens argues that morality stems from one's nature rather than accumulated experience.

Research and Presentations

Lessons to our Children: The Perpetuation of Patriarchal Gender Roles in Classic Fairy Tales

Leadership Activities

Mentor for a group of middle school students at Grand Rapids Public Museum Middle School

Activities and Awards

Member of the Honor Society Phi Kappa Phi

Member of the International English Honors Society Sigma Tau Delta

Internships and Practicum Experiences

Teacher Assisting- Highlands Middle School

Student Teaching- Forest Hills Central High

Greatest Accomplishment while at Grand Valley

I would say that my greatest accomplishment at Grand Valley was in completing my honors senior project. It was so rewarding to take everything that I learned during my time here and to apply it towards a challenging culminating experience that is to be published for others to see.

Plans after Graduation

I plan to pursue a career as a middle school English and History teacher.



Allison Chriss

Major: *Therapeutic Recreation*

Senior Project

Camp Peyton

I designed a summer day camp for children with varying types of Cerebral Palsy between the ages of 7 and 17. My senior project consisted of all the different aspects that go into developing a day camp for children.

Research and Presentations

I have completed multiple research projects while at Grand Valley. I completed a research paper about the effects and consequences of prenatally screening for Down's Syndrome, a research paper about Dwarfism, a research paper about Muscular Dystrophy. Lastly, I conducted research about the effects of aging on different generations.

Leadership Activities

I was the Recreational Therapy student leader on a collaboration project with fellow Occupational Therapy and Speech Language Pathology students.

Activities and Awards

I have been on the Dean's List 5 times while at Grand Valley, with my fifth time being my last semester here. I have been a member of Running Club and the Recreational Therapy Student Association.

Study Abroad Experience(s)

I did not study abroad under Grand Valley, but after my freshman year I went on a mission trip to Haiti to help build an orphanage that was wrecked in a hurricane and I taught children English.

Internships and Practicum Experiences

I plan to finish out my Therapeutic Recreation degree this summer with an internship at the Rehabilitation Institute of Michigan in Detroit.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment at Grand Valley is completing my undergraduate degree in 4 years because it is not a common thing anymore.

Plans after Graduation

After I finish my internship for my undergraduate degree, I plan to further my education by going to graduate school to obtain my Master's in Occupational Therapy



Jacob Colling

Major: *Mechanical Engineering*

Senior Project

Design and Build of an Antenna Blade Delivery System

Industry sponsored senior design project through the GVSU School of Engineering and sponsored by R.A. Miller Industries. The goal of the project is to design and build a

system that will improve an antenna manufacturing process by assisting operators in the selection and collection of antenna blades.

Research and Presentations

Volunteered time to assist with research on developing quantitative methods of assessing concussions in athletes in the Biomechanics and Motor Performance Laboratory at GVSU

Activities and Awards

Member of the GVSU Cross Country and Track and Field teams during freshman year

Internships and Practicum Experiences

Engineering Research Assistant at Michigan Technological University, Launch Engineering Co-op at Koops Inc. , Mechanical Engineering Co-op at Koops Inc. , Controls Engineering Co-op at Koops Inc.

Greatest Accomplishment while at Grand Valley

Successfully working towards completing a bachelors degree in engineering and gaining admission into graduate school for engineering.

Plans after Graduation

To pursue graduate study in mechanical engineering at Michigan Technological University



Elinore DeBrule

Major: *Education and English with a minor in Psychology*

Senior Project

How To Lead Class Discussion: A Guide for Beginner Teachers

Authentic class discussion led by students is the backbone of any meaningful ELA class. My guide examined various discussion facilitation strategies and how they can best be implemented in the classroom. These strategies were then carried out in my 11th-grade classroom and shared with my peers.

Research and Presentations

English Capstone: The Positive Influence of Contemporary Literature in Secondary English Classrooms

Education Capstone: How Microaggressions Damage Students' Academic Performance

Leadership Activities

Mentor at Grand Rapids Museum Middle School

Activities and Awards

Recipient of the Academic Conference Fund for the Office of Undergraduate Research & Scholarship. The grant was used to attend the White Privilege Conference, a conference that challenges privilege and oppression and aims to build strategies for a more equitable world.

Internships and Practicum Experiences

Completed my teacher assisting at East Grand Rapids Middle School and student teaching at Union High School.

Greatest Accomplishment while at Grand Valley

Being welcomed in by my juniors at Union High School and having the opportunity to learn and grow with them every day for a whole semester.

Plans after Graduation

Teach at a high school in the Grand Rapids Area.



Nicholas Dewey

Major: *Chemistry*

Senior Project

Physics and Mathematics of Conical Intersections

Conical intersections are points in the nuclear coordinate system where two potential energy surfaces share the same energy. It is challenging to mathematically describe these intersection points because they do not follow the Born-Oppenheimer approximation. This review introduces conical intersections and develops the mathematics behind them.

Research and Presentations

Conducted research in computational chemistry for 3 years at GVSU, developing a reaction mechanism for ketenimine synthesis with transition metal catalysts. Presented at a regional computational chemistry conference at the University of Minnesota.

Activities and Awards

American Chemical Society 2019 Undergraduate Award in Physical Chemistry

Internships and Practicum Experiences

Michigan Space Grant Consortium Fellowship 2018-19, GVSU Student Summer Scholar 2018, U.S.

Department of Energy Science Undergraduate Laboratory Internship at Argonne National Laboratory 2019

Greatest Accomplishment while at Grand Valley

Publishing a research article in the American Chemical Society journal "Organometallics" with Dr. Richard Lord (GVSU Department of Chemistry) and collaborators at Wayne State University.

Plans after Graduation

Pursue a Ph.D. in physical chemistry.



Ellie Dionise

Major: *Biomedical Sciences*

Senior Project

Clinical and Lifestyle Effects of Breast Cancer

I researched the scientific aspects of breast cancer, as well as performed research at Gilda's Club of Grand Rapids by looking into the lifestyle effects of cancer.

Leadership Activities

Academic Chair of Gamma Phi Beta Sorority

Activities and Awards

Highest Member GPA

Senior Citizens Club

Campus Ministry Mission Trip

Greatest Accomplishment while at Grand Valley

My greatest accomplishment was the completion of my senior project.

Plans after Graduation

I plan on attending Central Michigan University's Physician Assistant program



Kayeleigh Eder

Major: *Nursing*

Senior Project

The Impact of Vaccination on Grand Rapids Public Schools' Students

The focus is to analyze the amount of children vaccinated in Grand Rapids Public Elementary Schools. After determining the percentage of vaccinated children, we implemented an intervention to promote vaccination education to parents in the Grand Rapids area as well as increase awareness of the detrimental complications of refusing vaccinations.

Leadership Activities

President of the Student Nurses' Association

Events Coordinator of the Pre-Nursing Association

Activities and Awards

Member and Choreographer of Move 2 the Beat

Member and Choreographer of GVSU Dance Troupe

Alternative Breaks Participant

Excellence in a Discipline Award from Kirkhof College of Nursing

Sigma Theta Tau International Honor Society of Nursing

Internships and Practicum Experiences

Intern at the Billy Bear Hug Foundation - a pediatric non-profit based in West Michigan, centered on providing the cure of comfort to pediatric patients.

Student Nurse Extern at Munson Medical Center - Neonatal Intensive Care Unit and Obstetrics

Greatest Accomplishment while at Grand Valley

Receiving the Excellence in a Discipline Award from the Kirkhof College of Nursing

Plans after Graduation

Working as a Registered Nurse in the Weinburg Surgical Intensive Care Unit at The Johns Hopkins Hospital



Courtney Ehrich

Major: *Cardiovascular Sonography*

Senior Project

Mental Health in our Society

The stigma surrounding mental health in our society leads to a silencing effect. This project offers enlightenment on the topic of mental health with an emphasis on being a support system to family, friends, and people around you.

Research and Presentations

- Effects of Frame Rate on Temporal Resolution Research
- Transcatheter Aortic Valve Replacement Research
- Rhabdomyoma Congenital Heart Defect Case Study Presentation

Leadership Activities

- Frederick Meijer Honors College Student Ambassador and Mentor

Activities and Awards

- GVSU Pom Team: 2x MidAmerican State Championship Qualifier
- Dean's List

Internships and Practicum Experiences

Internship for Pediatric/Adult Cardiac Sonography: Spectrum Health Helen DeVos Children's Hospital of Grand Rapids, Ann & Robert H. Lurie Children's Hospital of Chicago, Spectrum Health Heart and Vascular Center of Holland, Spectrum Health Meijer Heart Center of Grand Rapids, and Ascension Borgess Medical Center of Kalamazoo

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley was being 1 of the 5 students GVSU accepts annually to specialize in Pediatric Cardiac Sonography. Also, passing my national board exams and becoming a Registered Diagnostic Cardiac Sonographer before graduation.

Plans after Graduation

My post graduation plans include pursuing a career in Pediatric/Adult Cardiac Sonography along with a celebratory graduation trip to explore Italy, Greece, and Turkey for a few weeks with my sisters!



Alexis Ellis

Major: *Cell & Molecular Biology*

Senior Project

Evaluating Drosophila melanogaster as a Model for Parkinson's Disease

Using immunohistochemistry/immunofluorescence and locomotion assays we have visualized tyrosine-hydroxylase and alpha-synuclein, two proteins associated with Parkinson's disease, and characterized their mutant pathology in a transgenic fruit fly model.

Research and Presentations

Evaluating Drosophila melanogaster as a Model for Parkinson's Disease, Oral Presentation, GVSU CMB Symposium 2020

GVSU Honors College: A More Distinctive Experience, Alexis Ellis, Darius Youngblood, Lynn Doherty, Marissa Kahnt, Pierce Henderson, Taylor Kooy, 2017

Leadership Activities

Vice President of Genetic Counseling Organization GVSU, Historian of Beta Beta Beta National Honors Society

Activities and Awards

Excellence in a Discipline (CMB) Award (2020), CMB Outstanding Student Award (2018-19), Dean's List (Fall 2015-Winter 2019), Phi Kappa Phi Freshman Honoree (Fall 2015)

Internships and Practicum Experiences

Long-term volunteer at the Children's Advocacy Center of Kent County

Greatest Accomplishment while at Grand Valley

Being a part of the Design Thinking team that researched and proposed curriculum improvements for the Honors college.

Plans after Graduation

Pursuing a Genetic Counseling Masters degree



Christa Fernando

Major: *Biomedical Sciences with a minor in Environmental Studies*

Senior Project

A Proposal for the Implementation of Stormwater Art at Grand Valley State University

Recent collaborations between artists and engineers have turned stormwater structures, such as downspouts and drains, into an opportunity for creative expression, community engagement, and visibility. This research provides guidelines for developing stormwater art projects at Grand Valley State University in order to increase awareness of sustainable stormwater management practices.

Research and Presentations

"Measuring Positive Emotion Outcomes in Positive Psychology Interventions: A Literature Review" under Dr. Judy Moskowitz at Northwestern University (not published)

Beta-lactamase Research under Dr. Brad Wallar at GVSU

"A Review of the Association between Vitamin D and Postpartum Depression" for BMS Capstone (not published)

Leadership Activities

Student Leader for Campus Ministry at GVSU

Presented GVNext/Reach Higher Together Proposal to Board of Trustees

Cook Leadership Academy Fellow-Candidate

Activities and Awards

Phi Kappa Phi Study Abroad Scholarship, 2019

Phi Kappa Phi Freshman Honoree, 2017

PreSOMA club (Students of Osteopathic Medicine)

I Am GV Nominee, 2020

Two-time Hauenstein Center Independent Initiative Scholarship Recipient

Study Abroad Experience(s)

Belize, Medical Anthropology and Global Health

Internships and Practicum Experiences

Northwestern University Department of Medical Social Sciences Undergraduate Research Intern

Greatest Accomplishment while at Grand Valley

Growing in the skills and confidence to engage and lead people of diverse thought and backgrounds

Plans after Graduation

Christa plans to spend a year working with community health organizations or in medical anthropology research while she prepares for medical school in 2021. She hopes to pursue a DO-PhD degree in Anthropology.



Jessica Fillmore

Major: *Marketing*

Senior Project

Compensation and Expectations of Student Leaders

The purpose of this project is to understand the expectations set on student leaders in a university setting. Special focus is placed how lack of financial compensation limits students based on socioeconomic status.

Leadership Activities

President of the Campus Activities Board

Co-chair of the Laker Programming Council

Coordinator of Family Weekend with the Office of Student Life

Activities and Awards

Campus Activities Board

Laker Programming Council

American Marketing Association

2019 Homecoming Regent

Study Abroad Experience(s)

2017/18 Academic year at Kingston University in London, United Kingdom

Internships and Practicum Experiences

Events Intern at the City of Holland

Brand Marketing Intern at Boundiful Books

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley was being able to further develop student programming and involvement as the first acting president of the Campus Activities Board. A personal favorite was planning President Mantella's very first Presidents' Ball!

Plans after Graduation

I will be attending graduate school to earn a Masters in Higher Education and Student Affairs.



Cecelia Findlay

Major: *Allied Health Sciences with a minor in Psychology*

Senior Project

Living with Disabilities in Ireland vs. America

Studied abroad in Ireland where I completed a service-learning program in Galway. I volunteered full time for four weeks with an organization called Ability West, where I interacted with individuals with disabilities.

Research and Presentations

Benefits of Breastfeeding

Leadership Activities

Vice President of Junior Panhellenic

Peer Educator for GVSU's ACES office 2018-2019

Panhellenic Delegate for Alpha Omicron Pi 2018

Vice President of Membership Recruitment 2019

Activities and Awards

Member of Order of Omega 2018-2020

I am GV recipient Winter 2018, Winter 2019

Alpha Woman award within Alpha Omicron Pi 2019-2020

Study Abroad Experience(s)

Completed a four week service-learning program through International Studies Abroad in Galway, Ireland from June 2019-July 2019.

Internships and Practicum Experiences

Volunteered regularly at Mary Free Bed Rehabilitation Hospital January 2018-May 2019

Greatest Accomplishment while at Grand Valley

Transforming into a more independent, confident woman who knows what she is capable of

Plans after Graduation

Attend Wayne State University to pursue a Doctor of Physical Therapy degree



Emilio Fisher

Major: *Economics and Political Science with a minor in Business General*

Senior Project

Murphy v. NCAA Supreme Court Case: An Extensive Analysis.

An analysis of the Supreme Court case that legalized the state authorization of sports gambling.

Leadership Activities

Student Building Supervisor at the GVSU Rec Center.

Activities and Awards

Special Education Ministry Teacher

Special Olympics Coach

Design Thinking Academy Member

Internships and Practicum Experiences

Business Development and Operation Intern for Neuropeak Pro

Deputy Campaign Manager for the Afendoulis for State Senate Campaign

Greatest Accomplishment while at Grand Valley

I still manage to find new ways to eat eggs despite an egg-heavy diet for the last three years.

Plans after Graduation

TBD thanks to the quarantine.



Emily Forche

Major: *Exercise Science*

Senior Project

The Effect of Parental Education and School Intervention Programs on Childhood Obesity Outcomes

This project focuses on how childhood obesity is negatively impacting American children both physically and mentally. I

investigated what researchers deemed were the best interventions for reducing the prevalence of obesity in children.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment is the amount of growth that I've undergone since freshman year. College can either change you for the better or for the worse, and I am happy to say that I've changed for the better.

Plans after Graduation

I plan on continuing my education at Grand Valley and obtain a Master's degree in Clinical Dietetics.



Adam Freeman

Major: *Exercise Science with a minor in Mathematics*

Senior Project

The Efficacy of Protein Supplements in Workout Recovery

15- to 20-page literature review on protein supplement intake and muscle/metabolic recovery

Research and Presentations

Upper and lower body arterial blood flow during sedentary behavior and seated pedaling

Effects of L-arginine on blood dynamics and muscle performance

Leadership Activities

Exercise Science Club President 1 year

Committee Member for Exercise is Medicine initiative on campus

Activities and Awards

GVSU Ultimate Frisbee

Intramural Sports

Internships and Practicum Experiences

Exercise Science Fieldwork at GVSU Fitness & Wellness

Internship at GVSU Fitness & Wellness

Fitness Testing at Detroit Red Wings Summer Training Camp

Greatest Accomplishment while at Grand Valley

Figuring out my passion for exercise and turning that into a degree after pursuing a different degree for 2 years. I am also proud to have gained a math minor from my previous degree path.

Plans after Graduation

I plan to pursue a Master's Degree in Exercise and Nutrition Sciences



Brooke Fugate

Major: *Writing with a minor in English*

Senior Project

Spirituality Over the Life Course

An exploration of the different modes in which spirituality manifests over the life course. The topic is explored through interviews with two older adults, a Sister at the Dominican Center in Grand Rapids, and a lifelong Beatles fan.

Research and Presentations

Presented at the 2018 GVSU Teach-In: "How Much of Your Gender Expression is Your Choice?"

Published a poem in Brainchild Magazine

Published poems in two editions of fishladder, Grand Valley's

student journal of art and writing

Gave a poetry reading at the 2020 Mid-East Honors Association conference

Leadership Activities

Vice President of GVSU's Meditation and Mindfulness Club

Editor of creative nonfiction for fishladder

Activities and Awards

Distinction in Writing (expected)

Writing Department's Nominee for the Glenn A. Niemeyer Award

AWP Intro Award Nominee in Poetry

Internships and Practicum Experiences

Completed a two-year writing internship at Grand Valley's Development Office

Greatest Accomplishment while at Grand Valley

My greatest accomplishment at Grand Valley is being nominated for the AWP Intro Award in poetry, and getting three poems published in literary magazines.

Plans after Graduation

I hope to find a job in marketing communications for a nonprofit in West Michigan.



Murielle Garbarino

Major: *Natural Resources Management with a minor in Environmental Studies*

Senior Project

Surveying Eastern Hemlocks in the Northwestern Portion of Port Sheldon Natural Area for Hemlock Woolly Adelgid

I surveyed Eastern hemlocks in the northwestern portion of Port Sheldon Natural Area for the invasive hemlock woolly adelgid (HWA). I tagged each tree and recorded its diameter. I took GPS locations of hemlock clumps and displayed them on a map.

Leadership Activities

I have held the following positions of leadership for GVSU Women's Water Polo Club: Captain, Vice President and Fundraising Chair.

Activities and Awards

GVSU Wildlife Society Student Chapter

GVSU Soil and Water Conservation Society

GVSU Women's Water Polo Club

Collegiate Water Polo Association All-Midwest Division First Team (3 times)

Being on the GVSU Women's Water Polo Club team that finished 6th at the National Collegiate Water Polo Championship in 2017.

Internships and Practicum Experiences

Nature Center Intern for Ottawa County Parks and Recreation

Greatest Accomplishment while at Grand Valley

Paying out of pocket and graduating debt-free with a 4.0 GPA.

Plans after Graduation

I have secured a position with Ottawa County Parks as a stewardship crew worker. I will be removing invasive species and doing other stewardship activities.



Christian Graham

Major: *Marketing with a minor in Information Security Systems*

Senior Project

A Comprehensive Guide for Underclassmen to Build a Resume for Post-College Careers

A video guide for underclassmen to help plan and prepare their resumes to land the full-time job they want.

Leadership Activities

Founder of GVSU's ATG (Active Trading Group)

President of ATG (2016-2019)

Finance officer of GVSU's HAT (Hackers Analyzing Threats) (2018)

Activities and Awards

Honors Diversity Task Force Board Member (2X)

GVSU Cultural Funding Board Member (2X)

GVSU Appropriations Board Member (1X)

Dean's List (8X)

Study Abroad Experience(s)

Kingston University London (Summer 2018)

Internships and Practicum Experiences

Cisco Systems Product Sales Specialist Intern in Raleigh, NC (2019)

Cisco Systems Enterprise Sales Intern in Southfield, MI (2017)

Greatest Accomplishment while at Grand Valley

Finishing my degree!

Plans after Graduation

Moving to Austin, Texas to join VMware in their Academy Program as a End User Computing Sales Specialist in July 2020.



Jessica Gustad

Major: *Biochemistry with a minor in Psychology*

Senior Project

Life in a Rural Emergency Department: Patients Speak to Underlying, Fundamental Disparities in Physician and Resource Allocation

My senior project combines my prior knowledge and experience working in the emergency department with research to provide a comprehensive literature review outlining the state of rural medicine in the United States and the extensive shortages it currently faces.

Leadership Activities

GVSU Athletics Intersivity - President & Bible Study Leader

GVSU Pre-MD/PhD Club - Vice President

Activities and Awards

Activities:

GVSU Varsity Track and Field - Heptathlete

GVSU Office of Admissions - Student Ambassador

GVSU Tutoring Center - Biochemistry Tutor

Microbiology Lab Assistant

Medical Scribe

Habitat for Humanity Volunteer

Awards:

"I am Grand Valley" Leadership Award Recipient

Internships and Practicum Experiences

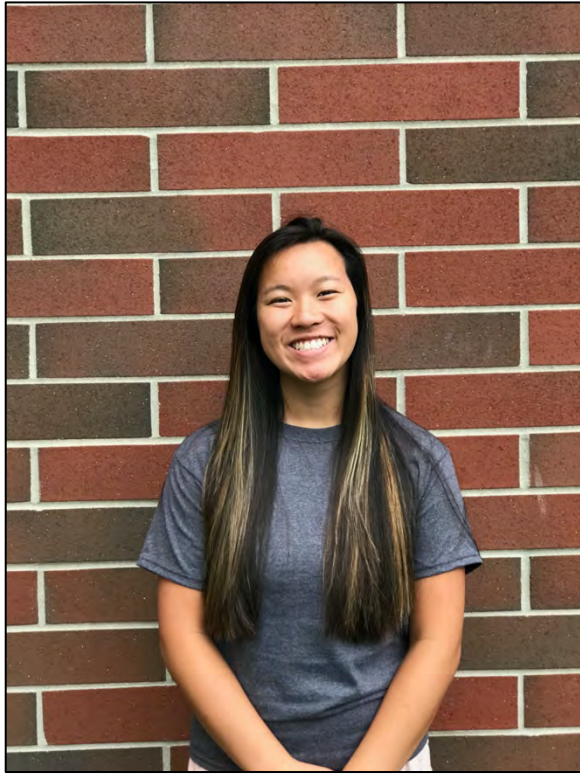
Michigan State University College of Human Medicine Leadership in Rural Medicine Pipeline Internship

Greatest Accomplishment while at Grand Valley

I think my greatest accomplishment was the relationships I had along the way. Without support from countless dedicated friends, teammates, coaches and professors, I would never have been able to accomplish my dream of getting into medical school.

Plans after Graduation

After graduation, I will be attending medical school next fall to pursue my goal of becoming a rural physician. I hope to one day be able to give back by serving a rural community similar to the one I grew up in.



Kelly Hancox

Major: *Computer Science with minors in Chinese Language and Psychology*

Senior Project

Adoptees Revisiting China

This study researched the experiences of Chinese adoptees revisiting their birth country. It discussed the impact of these trips on the transracial adoptees identities.

Leadership Activities

Adopteen Grand Rapids Founding Chapter Coordinator

Resident Assistant for 3 years

Cook Leadership Academy

Transition Leader

Alternative Breaks Site Leader

STEPS camp counselor

Activities and Awards

Information Technology Support Technician

Civic Engagement Staff Assistant

Attended some hackathons for fun

Study Abroad Experience(s)

Summer study abroad to Chengdu, China, 2017

Internships and Practicum Experiences

Software Developer internship at Priority Health

Design Thinking Internship at Haworth

Greatest Accomplishment while at Grand Valley

I got to mentor over one hundred students in my time at Grand Valley and grew into my identities.

Plans after Graduation

I will be moving to Washington, DC and working as a software developer for IBM in the federal consulting space.



Emma Hankey

Major: *Film and Video with a minor in Business General*

Senior Project

Cannes International Film Festival: A Case Study

I attended the Cannes International Film Festival as an intern through the American Pavilion. I documented the experience to better help future students with the internship.

Research and Presentations

As a research consultant at the library, I have worked with other staff members to research the educational needs of students and what we can do to improve our roles.

Leadership Activities

I was on the Executive Board for my sorority, Alpha Omicron Pi, all three years that I was at the university. I held the positions of Historian, Vice President of Education and New Member Education.

Study Abroad Experience(s)

Cannes, France

Internships and Practicum Experiences

- Videography Intern through American Pavilion at the Cannes International Film Festival
- Animation/Motion Graphics Intern at 52 Watt Studios

Greatest Accomplishment while at Grand Valley

I completed my undergraduate degree in three years.

Plans after Graduation

I am planning to work for the Disney company in the future.



Alyssa Hawker

Major: *Statistics with a minor in Data Science*

Senior Project

Effectiveness of Pulmonary Exercises in University Marching Band Wind Players - Statistical Consultant

I served as the statistician for a peer's Senior Project which involved the assessment of pulmonary function in university marching band brass players.

Research and Presentations

Assessment of Service Dog Applicants: A Statistical Consulting Experience

Leadership Activities

2018 Mellophone Section Leader - Laker Marching Band

2019 Drum Major - Laker Marching Band

2018-2020 Parliamentarian - Kappa Kappa Psi

Activities and Awards

Laker Marching Band

Laker Basketball Pep Band

Kappa Kappa Psi

Mu Sigma Rho

Internships and Practicum Experiences

Farmers Insurance - Summer 2020

Greatest Accomplishment while at Grand Valley

The honor of serving as Drum Major for the Laker Marching Band.

Plans after Graduation

Intern at Farmers Insurance on the Predictive Analytics team. Start the Data Science and Analytics masters program at GVSU in Fall 2020.



Julia Henderson

Major: *Exercise Science*

Senior Project

Healthcare Across Cultures: An Examination of Interdisciplinary Practices in the United States and Ghana

Examined the differences between health care systems between the United States and Ghana.

Research and Presentations

Effect of Stretching on Delayed Muscle Soreness

Leadership Activities

2019 Panhellenic President

2018 Panhellenic Vice President of Scholarship and Sustainability

Order of Omega

Senior Standards Board Representative of Phi Sigma Sigma

Campus Relations Chairman of Phi Sigma Sigma

Participant in Dean Rullman's Task Force

Activities and Awards

I am Grand Valley Recipient

Study Abroad Experience(s)

Studied abroad in Ghana through the Honors College

Internships and Practicum Experiences

Medical Internship with Winneba Health Services

Completed fieldwork with Hulst Jepsen Physical Therapy

Internship with Beaumont Health Club

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley was serving as the Panhellenic President during the Greek Moratorium and the ability to serve as the Panhellenic representative on Dean Rullman's Task Force.

Plans after Graduation

I will be attending the University of Michigan's Physical Therapy school in the fall.



Pierce Henderson

Major: *Behavioral Science with a minor in Business General*

Senior Project

Analysis of Maternity Practices in Ghana with the Implementation of Telemedicine

The central goal of this research paper was to examine maternity within Ghana and the U.S. and compare and contrast them to see how telemedicine is, or could be used to improve clinical outcomes.

Research and Presentations

Medical Internship in Ghana

Leadership Activities

Service Chair, Historian, Scholarship and Chaplain of the Alpha Tau Omega Fraternity

Activities and Awards

Won a True Merit Award through the ATO Fraternity

Study Abroad Experience(s)

Honors Ghana Study Abroad

Internships and Practicum Experiences

Internship in Ghana, shadowed Madelyn Turner MD

Greatest Accomplishment while at Grand Valley

I completed an Honors study abroad in Ghana. There I assisted and shadowed medical professionals in various applications.

Plans after Graduation

I will continue looking for jobs, or go back for an MBA degree



Julia Hilderbrand

Major: *Computer Science with minors in Mathematics and Spanish*

Senior Project

Usability Design and Evaluation of Grand Valley State University's myBanner

This is an evaluation of the current design and user interface of GVSU's student portal, myBanner. It is reviewed, critiqued, and redesigned from a computer science standpoint.

Leadership Activities

Alpha Omicron Pi: Rho Gamma 2019, Secretary December 2017 - July 2018

Transition Leader 2017 - 2019

Anchor Honors Council: RHA Representative 2017 - 2018

Activities and Awards

Alpha Omicron Pi: January 2017 - April 2020

Computing Club: August 2018 - April 2020

NSCS: September 2016 - April 2020

Anchor Honors Council: October 2016 - January 2018

Coding Competition Awards: FOIA Hackathon (1st place), MC3 Python Competition (1st place), Atomic Games (2018 & 2019)

Transition Leader: 2017 - 2019

Dean's List archive every semester

Study Abroad Experience(s)

Studied abroad in Chile for 11 weeks during the summer of 2018 to finish my Spanish minor.

Internships and Practicum Experiences

Java Software Developer Intern at Auto Owners Insurance during the summer of 2019.

Plans after Graduation

I will be moving to Cincinnati Ohio to work as a C# software developer at London Computer Systems in the first week of May 2020.



Josie Holohan

Major: *Psychology with a minor in Film and Video*

Senior Project

A Research Study on Event Cognition and Memory

Designed and conducted a psychological research study exploring event cognition and memory. Used film editing as a method to explore this relationship. After the study was conducted, the results were analyzed and discussed in a research study format.

Research and Presentations

- Assisted with research in Professor Christopher Kurby's psychology lab
- Presented at Student Scholar Day 2018 (psychology department) on research from Professor Kurby's lab

Leadership Activities

- Honors college mentor (2017)

Activities and Awards

- GVSU Film Academy - Best Non-Fiction Film (Winter 2019)
- GVSU Campus Sustainability Champion Award (Winter 2018)
- Green Team Volunteer

Study Abroad Experience(s)

Studied in Madrid, Spain (Winter Semester 2019)

Internships and Practicum Experiences

Intern at WGVU Public Media (Fall 2016-Winter 2017)

Greatest Accomplishment while at Grand Valley

Completing two majors in four years and being able to study abroad in the process!

Plans after Graduation

I plan to take a gap year and then pursue a PhD in cognitive psychology.



Megan Ireland

Major: *Music with a minor in Advertising & Public Relations*

Senior Project

The Art of Blogging in Public Relations

This project is a comprehensive look at the evolving nature of the public relations field and what it means to be a captivating blogger in the industry, consisting of 12 blog posts on industry trends and a culminating paper of findings on blogging best practices

Research and Presentations

Have researched, prepared, and performed both Junior and Senior solo vocal recitals

Leadership Activities

Vice President of Euphoria a cappella group - Winter 2017

Activities and Awards

Member of Euphoria a cappella group 2016-2017; Performed with GVSU Opera Theatre 2017-2020; Recipient of the GVSU "Outstanding Service to Choral Ensembles" award for 2018

Internships and Practicum Experiences

Administration and Development Intern with the West Michigan Symphony, 2018-2019

Greatest Accomplishment while at Grand Valley

Completing a 100-page public relations campaign plan book for the GVSU Division of Inclusion and Equity as a part of the CAP 220 course

Plans after Graduation

Beginning a career in Arts Administration with an internship - location TBA



Lynsey Jackson

Major: *Accounting and Information Systems
Management*

Senior Project

*Getting Women Economically Active and Empowered in
Ghana*

Getting Women Economically Active and Empowered in
Ghana

Activities and Awards

-SAP® Student Recognition Award

Study Abroad Experience(s)

Ghana 2018

Internships and Practicum Experiences

- Hungerford Nichols CPAs + Advisors
- Ernst & Young Technology Risk Advisory

Greatest Accomplishment while at Grand Valley

Securing a full-time job before the start of my senior year.

Plans after Graduation

Starting at one of the Big Four professional services firms, Ernst & Young in their technology risk advisory service line.



Kylie James

Major: *Accounting*

Senior Project

As NFL player activity on and off the field garners more attention, would the owners association and the players association be better served if all their disputes could be resolved through arbitration, similar to the CFL?

I researched NFL disputes/punishments and discussed how arbitration would have been beneficial in each of the scenarios. I also compared the NFL's current punishment and grievance system with that of the CFL.

Leadership Activities

Data Analytics Director of the nonprofit group t3 (Teaching Through Technology)

Activities and Awards

Member of t3 (Teaching Through Technology)

Internships and Practicum Experiences

- Tax Intern at Plante Moran
- Finance Intern at The Dow Chemical Company

Greatest Accomplishment while at Grand Valley

Finishing 12 credits of my masters before I graduated with my undergrad

Plans after Graduation

- Attending grad school at Grand Valley (Master's of Science in Accounting with an emphasis in Taxation)
- sitting for the CPA exam
- working as a tax staff at Plante Moran



Jennifer Jenkinson

Major: *Exercise Science with a minor in Psychology*

Senior Project

The Importance of Exercise on Increasing the Healthspan of College Graduates

I focused on four common diseases that can begin to manifest during one's college years, and I researched how each disease

affected the body, its risk factors, and what can be done to prevent it, particularly through exercise. I then applied it to GV specifically.

Research and Presentations

In EXS 420, my group and I studied how the ingestion of various substrates and how that affected what the body utilized for energy during a sub-maximal running test.

Activities and Awards

Service trip to Costa Rica, Honors Student Mentor, Dean's List

Internships and Practicum Experiences

Fieldwork student at Spectrum Health Outpatient Therapy, Intern at Apogee Therapy Center, & Intern at Fit Body Boot Camp

Greatest Accomplishment while at Grand Valley

Getting accepted into Grand Valley's DPT program

Plans after Graduation

I plan on attending GV's Physical Therapy school



Katlyn Johns

Major: *Social Work with a minor in Latin American Studies*

Senior Project

Neighborhood Assessment of Roosevelt Park

Used a macro social work neighborhood assessment to analyze a neighborhood that is primarily of a Latino population. Assessed the neighborhood for its strengths to create an intervention to be carried out with local organizations.

Research and Presentations

Latinos in the Auto Industry - April 2018
Racial Disparities in Housing - October 2019
Racial Disparities in Health - December 2019
Racial Disparities in Education - April 2020

Leadership Activities

Secretary of GVSU Quidditch, member of the National Society for Leadership and Success

Activities and Awards

Quidditch Club 2017-2020
Kids in Motion 2016-2018

Internships and Practicum Experiences

Internship at Neighbors of Belknap Lookout 2019-2020

Greatest Accomplishment while at Grand Valley

Presenting my research for my minor in my sophomore year at Student Scholars Day.

Plans after Graduation

Look for a career in community engagement and being the manager of the Detroit Innovators.



Meghan Jones

Major: *Nursing*

Senior Project

GVSU Club Sports' Concussions

A review of GVSU club sport program's currently implemented treatment plans and diagnosing resources. After collecting data from an athlete/coach survey and literature review, suggested changes to concussion education to club sports athletes was presented to the GVSU club sports board.

Leadership Activities

Community Health Director of the Student Nursing Association Board (SNA) for three semesters

Sports Program Supervisor at Campus Recreation for seven semesters

Activities and Awards

Laker for a Life Times

Study Abroad Experience(s)

Attended nursing study abroad in Ghana for two weeks to complete community health capstone on dental hygiene

Internships and Practicum Experiences

Nursing internship at DMC Children's Hospital of Michigan and was offered a full time job on pediatric hematology/oncology unit

Greatest Accomplishment while at Grand Valley

Graduating from nursing school

Plans after Graduation

Accepted a full time Pediatric Hematology/Oncology RN position at DMC Children's Hospital of Detroit and plan on applying for Pediatric Primary Care Nurse Practitioner school within two years after graduation



Rachel Kalusniak

Major: *Economics and International Relations with a minor in Applied Statistics*

Senior Project

Guns and Growth: How Wars of Independence Impact Economic Growth

I analyze the role wars of independence have on the economic growth of states formed after the Second World War. This statistical analysis uses data from the Correlates of War Project to test if wars of independence had a significantly positive impact on standards of living.

Research and Presentations

I presented my honors sequence paper "Why Did the French Army Succeed? How a plentiful population and a partition led to France's victory in the east during the War of the First Coalition" at the MEHA Conference and Student Scholars Day in 2017.

Leadership Activities

I served at the President of the Model United Nations Club, Alumni Engagement Officer for the Future Alumni Association, and Vice President of Issues Forum. I also mentored first-year honors students and was a student tour guide for the academic scholarship competition.

Activities and Awards

I received the Outstanding Student awards for Economics and International Relations, an honor given to the top student in a major. I also was a student representative on the Economics Advisory Board. Additionally, I worked at the President's Office and as the Economics Department's tutor.

Study Abroad Experience(s)

During the Fall 2019 semester, I studied abroad at Maastricht University in the Netherlands in their Business and Economic program.

Internships and Practicum Experiences

I worked as an underwriting intern at Blue Cross Blue Shield of Michigan during Summer 2019. In Winter 2020, I also participated in the academic internship program in Washington, D.C. I worked for the U.S. Department of Commerce's International Trade Administration as an intern in the Advocacy Center.

Greatest Accomplishment while at Grand Valley

My proudest accomplishment at Grand Valley was earning the Outstanding Student award in both my majors while I had the opportunity to intern in Washington D.C. and study abroad.

Plans after Graduation

I plan to work for Blue Cross Blue Shield of Michigan after graduation as an underwriting analyst. I also plan to go to graduate school part-time to get my MBA.



Chloe Kampf

Major: *Speech-Language Pathology with a minor in French*

Senior Project

English in France - Linguistic Dominance and Ambivalence

Many know France as a nation with exceptional cuisine, famous artists, and breathtaking countrysides. However, many are not aware that France has the least proficient English speakers out of any EU nation. Through literature reviews, interviews with French citizens, and personal experiences, I expose the underlining truth behind this phenomenon.

Leadership Activities

Treasurer of GVSU's Chapter of NSSLHA

Activities and Awards

- I AM GV Award Recipient
- Represented GVSU at the 2018 ASHA Convention in Boston, MA
- Represented GVSU at the 2018 Great Lakes History Conference in Grand Rapids, MI

Study Abroad Experience(s)

6-week study abroad in Aix-en-Provence, France at the Institute of American Universities

Internships and Practicum Experiences

Served as a private in-home speech therapy assistant

Greatest Accomplishment while at Grand Valley

Immersing myself in a foreign country to challenge and improve my language abilities

Plans after Graduation

Teaching English abroad in France and/or attending Speech-Language Pathology graduate school



Logan Karney

Major: *Computer Information Systems with a minor in Mathematics*

Senior Project

Electron Soundboard

My senior project focused on creating a desktop SoundBoard app using Electron and React.

Activities and Awards

I was a member of the Chemistry and Fencing clubs.

Internships and Practicum Experiences

Last summer I was an IT intern at Auto-Owners Insurance, and for my Capstone, I was assigned to SoundOff-Signal to make a software representation of some of their lightbar products.

Greatest Accomplishment while at Grand Valley

I was on the Dean's List every semester.

Plans after Graduation

I will be working full time at Auto-Owners as an Associate Software Developer post-graduation



Tylor Kistler

Major: *Behavioral Neuroscience and Psychology with a minor in Business General*

Senior Project

***Barriers to Bystander Interventions for Sexual Assault:
Impact of Personal History of Sexual Victimization***

I am researching bystander interventions to sexual assault and how an individual's history of sexual victimization may affect their behavior as a bystander. Results indicated a disparity between an individual's perception of their ability to intervene, their actual ability to intervene, and the corresponding intervention behavior.

Research and Presentations

Research Assistant/Lab Coordinator for Professor Mario Fific

Research Assistant for Professor Mary Bower-Russa and Professor Gwenden Dueker

Research Assistant for Professor Tara Cornelius

Presented research at the Psychonomic Society 60th Annual Meeting in Montreal, Canada

Leadership Activities

President of GVSU Pals Student Mentors

Former Recruitment Coordinator of GVSU Pals Student Mentors

Former Volunteer Coordinator of GVSU Pals Student Mentors

First Year Leadership Experience

Activities and Awards

Employment as a Direct Supports Coordinator

Participation in 2017 GVSU Teach-In: Power, Privilege, and Difficult Conversations

"I am GV" award recipient (4 years)

Study Abroad Experience(s)

Participated in a semester abroad at Maastricht University: School of Psychology and Neuroscience in Maastricht, Netherlands through their Center for European Studies

Internships and Practicum Experiences

Clinical Internship at the Pine Rest Psychological Consultation Center

Greatest Accomplishment while at Grand Valley

I was able to hold a position of leadership in GVSU Pals Student Mentors for 3 of my 4 years. This enabled me to be an influence in my community by helping our children find positive role models through our mentorship.

Plans after Graduation

Will attend a Counseling Psychology PhD program in Fall 2021



Emma Kolar

Major: *Finance with a minor in Accounting*

Senior Project

Cryptocurrency and Corporate Law

With cryptocurrency becoming more prominent in our society, my senior project addresses its current

and possible future affects on corporate law.

Leadership Activities

VP of Communications for Beta Alpha Psi

Activities and Awards

Project Run With It International Winner

Thirst Project Member

GVSU Law Society Member

Beta Alpha Psi Member

Internships and Practicum Experiences

Accounting Intern and Proos Manufacturing

Finance Intern at Mika Meyers PLC

Greatest Accomplishment while at Grand Valley

Winning PWRI through Beta Alpha Psi

Plans after Graduation

Attend law school for a JD and eventually earn my CFA as well



Natasha Kominars

Major: *Biomedical Sciences with a minor in Business General*

Senior Project

Experience in Ghana and Culture Shock and the Benefits of Study Abroad

This is a paper that reflects on my experience in Ghana and I also discuss culture shock and how you can reduce it and the benefits of study abroad.

Activities and Awards

TA for BMS 309 Cadaver Lab

Study Abroad Experience(s)

Honors Study Abroad Ghana 2019

Internships and Practicum Experiences

Worked as a medical assistant at a Gastroenterology clinic.

Shadowed in the six hospitals and clinics in Ghana.

Information Technology internship at Huron Gastro.

Greatest Accomplishment while at Grand Valley

Studying abroad in Ghana.

Plans after Graduation

Gap year, applying for medical school and will hopefully start medical school in the Fall of 2021



Kathryn Koning

Major: *Psychology and Criminal Justice*

Senior Project

Students of GVSU

Attempting to showcase the seemingly invisible aspect of mental illness as told from personal experience by GVSU students

Research and Presentations

National Security Sequence regarding Cyberwarfare and White Supremacy and other Extremist groups

Leadership Activities

Leader in the technology department at the GVSU Laker Store as a technology sales associate

Middle school worship leader with a local church

Activities and Awards

Phi Kappa Phi National Honors fraternity

ASL club

Campus Ministry

Greatest Accomplishment while at Grand Valley

Finishing two degrees in four years while working throughout my entire college experience

Plans after Graduation

Pursuing a Master's of Social Work degree and eventually providing therapy. Eventually, I may pursue a doctorate in psychology



Breanna Kooienga

Major: *Biomedical Sciences with a minor in Human Rights*

Senior Project

Ghana: A Human Rights Reflection

During summer 2018, I studied abroad in Ghana. I was able to examine human rights within Ghana using my previous knowledge, new personal experiences, and knowledge gained through interviews with local Ghanaians. This reflection summarizes my experiences and analyzes the rights I have identified to be the most relevant.

Research and Presentations

"The Health Risks of a Muslim Ban"

Blog post published in The Huffington Post, co-authored with Kelly James Clark

Leadership Activities

Camp Kesem at Grand Valley State University Operations Coordinator for 3 years.

Research consultant at the Knowledge Market

Activities and Awards

Awards: Honor Society of Phi Kappa Phi Freshman Honoree and General Chemistry Award from the GVSU Chemistry Department.

Activities: Camp Kesem at Grand Valley State University

Study Abroad Experience(s)

Ghana

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley was getting into medical school. This is something I would not have been able to have done without the support of my family, friends, professors, and the Grand Valley community.

Plans after Graduation

I will be attending medical school at Central Michigan University to pursue a career in medicine.



Louise Koos

Major: *Global Studies & Social Impact with a minor in Political Science*

Senior Project

The Gulf Cooperation Councils effect on the Palestinian-Israeli conflict and peace process.

A critical analysis of the impact that the Gulf States have on the peace process between the Palestinians and the Israelis.

Leadership Activities

Past Panhellenic delegate for Delta Zeta sorority

Special Events coordinator chair member on the Michigan Youth and Government Alumni Board

Activities and Awards

Delta Zeta

Michigan Youth and Government Alumni organization

Study Abroad Experience(s)

FIE Conflict and the Struggle for Peace in Dublin, Jordan and Amman, Jordan- Summer (2019)

Greatest Accomplishment while at Grand Valley

Competing in Greek Speak, participating in Greek life, finding my passion within my major, and creating strong relationships with my faculty and peers.

Plans after Graduation

Gain experience in real estate, policy, or business before going to graduate school.



Jordan Lanning

Major: *Exercise Science with a minor in Psychology*

Senior Project

The Applicability of Occupational Therapy to Correctional Facilities

It is a project aimed at the benefits that an occupational therapy program could have in conjunction with other reentry programs in correctional facilities.

Research and Presentations

In EXS 420, my lab practicum, my group came up with a study focused on the effects that caffeine has on anaerobic cycle ergometer performance

Activities and Awards

I was on the Dean's list every semester of while at Grand Valley.

Internships and Practicum Experiences

I completed my fieldwork at Northern Physical Therapy and my internship at Health Plan Advocate.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment at Grand Valley is the work I have done on my senior project!

Plans after Graduation

I plan to go onto graduate school to become a licensed occupational therapist.



Anna Lehouiller

Major: *Nursing*

Senior Project

A Discourse on the Gendered State of Healthcare

Working with a partner, our project summarizes the typical male and female gendered stereotypes society places on physicians and registered nurses, respectively. It also investigates how this affects patient and inter-professional healthcare relationships. Solutions are offered about how to overcome these gendered stereotypes and improve patient-centered care.

Activities and Awards

Member of the Student Nurses Association

Member of National Honor Fraternity Phi Sigma Pi

Internships and Practicum Experiences

I completed my leadership clinical experience in the Neonatal Intensive Care Unit (NICU) at Helen DeVos Children's Hospital.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley would be the experiences I gained through the Kirkhof College of Nursing. Being able to care for a variety of patients in various settings has taught me more than I can express.

Plans after Graduation

I am hoping to take my NCLEX in late May and find a job as a Registered Nurse in either NICU or pediatrics in the Detroit area.



Curtis Mack

Major: *Biomedical Sciences*

Senior Project

*Testing the ancestral function of divergent *Candida albicans* virulence-associated proteins via expression in *Saccharomyces cerevisiae* mutants*

Our goal was to see if the ancestral function of similar genes between the two organisms has drifted apart by examining the expression of *C. albicans* genes in *S. cerevisiae* mutants. This will lead us to know more about the regulatory mechanisms of *C. albicans* (an opportunistic human fungal pathogen).

Research and Presentations

Examining the Growth of *C. albicans* Filamentous Mutants in Embedded Conditions

Leadership Activities

Secretary, FAAR Chairman and Director of Academic Affairs of Delta Tau Delta
GVSU I.T. Student Lead
MSU College of Human Medicine Pipeline Program Mentor
GVSU Chemistry Success Center Tutor

Activities and Awards

S3 Research Scholar
Biomedical Sciences Graduate of Distinction

Internships and Practicum Experiences

Undergraduate Research with Dr. Ian Cleary

Greatest Accomplishment while at Grand Valley

Grand Valley has opened many doors for me to expand my perspectives and develop skills needed outside of a classroom setting. My greatest accomplishment is being able to help the underserved population in the local Grand Rapids community.

Plans after Graduation

My plan after graduation is to attend medical school and become a physician.



Heidi Marchi

Major: *Psychology with a minor in Studio Art*

Senior Project

Healing Through Expressive Arts: An Internship at Spectrum Continuing Care

Internship in the Expressive Arts Studio at Spectrum Rehabilitation, resulting in a paper and giving a talk at Student Scholars Day detailing the significance of art as a tool in a clinical and rehabilitative setting; the environment, attitude, and administrative duties that make healing possible, and empathetic patient care strategies.

Research and Presentations

The Mechanisms of Inequality: Neighborhood Segregation at Student Scholars Day 2017

Leadership Activities

Meditation and Mindfulness Club Executive Board- Events Coordinator

GVSU Freshman Orientation Transitions Leader 2017, 2019, 2019

GVSU Fresh Food Company- Student Manager

Activities and Awards

GVSU Sustainability Champion Award, 2019

Grand Valley State University Dean's List- 2016, 2017, 2018, 2019

Exemplary Leadership Award, GVSU Laker Leadership Program, Nov 2016

Internships and Practicum Experiences

Internship at Spectrum Rehab and Nursing on Fuller Ave in the Expressive Arts Studio

Greatest Accomplishment while at Grand Valley

Making the choice to think positively about my abilities, interact with my community, and mindfully navigate my world through involvement in Mediation Club, Alternative Breaks, and Sustainability efforts and Climate Action protests.

Plans after Graduation

I plan to complete more hours of shadowing for Occupational therapy graduate school, as well as explore apprenticeships in Meditation across the country, and perhaps work with a service organization such as Greencorps or Americorps.



Julia Martin

Major: *Cardiovascular Sonography with a minor in Sociology*

Senior Project

Ergonomics and Advancements in Ultrasound

A comprehensive study about the factors that lead to the high rates of musculoskeletal injury in sonographers as reference for students and those currently in the career. Additionally, focusing on future technological advancements in the field.

Research and Presentations

Renal Cell Carcinoma and Inferior Vena Cava Thrombus (2020 Presentation)

Activities and Awards

Belly Dance Club (2016-2018)

Clean Up Cause We Care (2017)

Deans List (2016-2020)

Completed Medical Humanities Certificate

Internships and Practicum Experiences

Attended multiple clinical sites throughout the state.

Greatest Accomplishment while at Grand Valley

After moving to Michigan to attend GVSU, I met my best friends in the honors college who helped me get through the high demand of the Cardiovascular Sonography program!!

Plans after Graduation

I plan to find a job in ultrasound, adopt a few more cats, and then see where my life goes!! (:



Tessa Martin

Major: *Biology with a minor in Applied Statistics*

Senior Project

Determining College Age Young Adults' Diet Health Based on Income, Race, and Gender

My project was a research project using nutrition and health data from National Health and Nutrition Examination Survey to do statistical analysis on young adults eating habits based on their income and other contributing factors.

Activities and Awards

Cell and Molecular Biology Outstanding Student Award, 2018

Dean's List for three semesters

Internships and Practicum Experiences

Public Health and Laboratory Science Intern at the Kent County Health Department

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley is maintaining a 3.5 overall GPA while working during all four years.

Plans after Graduation

After graduation I will starting my graduate studies at Grand Valley in Biostatistics



Morgan Mattler

Major: *Political Science with a minor in Economics*

Senior Project

The Implications of Trump's Policies Toward the Israeli-Palestinian Peace Process

The 25-page thesis debates the policies of President Donald Trump towards the Israeli-Palestinian peace process. A case is built on the effect of the policies and then analyzed on the implications of such decisions towards the future of the conflict. We conclude the peace process was worsened by Donald Trump.

Research and Presentations

Factors that Caused the Vibrant and Long Term Economic Growth of the Asian Tigers (Research Paper)

Leadership Activities

- Student Senate (served as Executive Vice President '18-'19 school year and Chair of Public Relations '17-'18 school year)
- Alpha Epsilon Pi, founding VP and past president
- Cook Leadership Academy
- StandWithUs Emerson Fellow
- Freshmen Orientation Assistant
- Member of Pi Sigma Alpha, Political Science honors society
- Freshmen Transitions Leader
- AEPi Foundation International Undergraduate Representative

Activities and Awards

- Most Outstanding Delegate Award Recipient at the 105th AEPi International Convention
- 20 time "I Am Grand Valley Award" recipient

Internships and Practicum Experiences

- Legal Intern, Third Circuit Court of Detroit
- Legal Assistance Center Volunteer Intern, Kent County Courthouse
- Development Intern, Alpha Epsilon Pi Foundation

Greatest Accomplishment while at Grand Valley

I successfully helped plan and execute a powerful vigil to commemorate the lives of those lost in the October 27th, 2018 Tree of Life Synagogue shooting in Pittsburgh, PA. The vigil brought out more than 300 members of the campus and surrounding community, including students, faculty, administrators and community leaders.

Plans after Graduation

For the '20-'21 school year, I will be traveling from state to state as an Educational Leadership Consultant for the International Jewish Fraternity, Alpha Epsilon Pi. I will simultaneously be applying for unique fellowship opportunities. After that, I plan to pursue a dual JD and Master's graduate degree.



Erica McClelland

Major: *Biomedical Sciences*

Senior Project

American Sign Language in the Medical Field

I will discuss the difficulties faced by the Deaf community when they seek medical care. I will also provide examples of signs that would be beneficial for all medical personnel to know for quick, initial communication with a Deaf patient upon arrival at the medical facility.

Research and Presentations

I helped research in the neuromuscular physiology lab at Grand Valley.

Leadership Activities

President of Hearts for Heroes

Activities and Awards

Dean's List, Hearts for Heroes, Colleges Against Cancer, Helix Medical Scribe

Internships and Practicum Experiences

I worked as a medical scribe in the emergency department.

Greatest Accomplishment while at Grand Valley

I maintained a 3.85 GPA while attending Grand Valley and achieved my goal of being accepted into medical school.

Plans after Graduation

I will be attending Michigan State University College of Osteopathic Medicine.



Katie McManus

Major: *Biology*

Senior Project

Personal Data Rights as Human Rights in 2020

As technology continues to advance and social media becomes a cornerstone of modern society, it has become important to have a discussion surrounding personal data. With this

information being stored and sold, it's integral to decide who has access to this data and regulate what can be done with it.

Leadership Activities

Vice President of Phi Sigma Pi National Honors Fraternity

Activities and Awards

Member of the National Society for Collegiate Scholars, member of Sigma Alpha Lambda Leadership and Honors Organization, freshman honoree of Phi Kappa Phi Honors Society

Study Abroad Experience(s)

Studied abroad in the United Kingdom during the 2018 spring/summer semester

Greatest Accomplishment while at Grand Valley

My greatest accomplishment at Grand Valley was growing as both a person and a student. Being able to fully complete both my major and the Honors college curriculum, while still being able to make life-long friends outside of the classroom was easily the best thing I did at GVSU.

Plans after Graduation

After graduation, I plan on moving to Middleton, Wisconsin to start my job as a biochemist in the GMP lab at PPD -- an organization working in pharmaceutical research and development.



Alyse Meadows

Major: *Behavioral Neuroscience*

Senior Project

Predictive Validity of Subtle and Blatant Measures on LGBTQ+ Discrimination

Creation of subtle measures that can be used to better place minority roommates in college dorms. Using these subtle measures, it could be possible to measure subtle discrimination and prejudice that may prevent the success of minority students during their stay in dorms.

Internships and Practicum Experiences

Sexual Assault and Domestic Violence Intern at Resilience: Advocates for Ending Violence in Holland, MI.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley was overcoming adversity related to my identity and loss of my father. Using these experiences, I hope I was able to help others at GVSU now and in the future.

Plans after Graduation

Attend Western Michigan University for a Masters in Counselor Education: Clinical Mental Health Counseling.



Laura Miller

Major: *Biomedical Sciences and Spanish*

Senior Project

Spanish Language Immersion and Service Learning in Spain.

During my two months in Spain I spent one month in a classroom and another month in a local hospital where I

completed a service-learning placement. I created a blog to share and reflect upon my experiences as well as a portfolio through my study abroad program.

Research and Presentations

Visual cue learning project in Dr. Bergman's crayfish neuroscience research lab. Presentations include 2018 and 2019 GVSU Student Scholars Day.

Leadership Activities

Cook Leadership Academy (Fellow), Habitat for Humanity (President and Treasurer), Panhellenic Association (Vice President of Recruitment), Phi Mu Fraternity (Treasurer).

Activities and Awards

Member of Phi Mu Fraternity, a sorority within the Panhellenic Association, and Order of Omega in addition to Habitat for Humanity and the Cook Leadership Academy.

Study Abroad Experience(s)

Spanish Language at the Universidad del Bío Bío in Chile (Summer 2017) and Intensive Spanish Language with Service Learning at the Universidad de Granada in Spain (Winter 2020).

Internships and Practicum Experiences

Completed the GVSU Scribe Academy to work as a certified medical scribe for almost two years.

Greatest Accomplishment while at Grand Valley

Pursuing two study abroad programs and spending almost every weekend traveling between the four combined months to explore various Chilean and European cultures.

Plans after Graduation

I will continue to gain clinical experience as a nursing technician in the Helen DeVos Children's Hospital Emergency Department while applying to medical schools with an anticipated start in fall 2021.



Marissa Moore

Major: *Exercise Science*

Senior Project

Mental Health in the Workplace

At my internship site, I created a screening process for individuals with mental health issues as well as the follow up resources and protocol.

Leadership Activities

Phi Mu Fraternity Provisional Membership Director

Activities and Awards

Panhellenic New Member of the Year

Phi Mu Fraternity Executive Board

Grand Rapids Drive Dance Team

Internships and Practicum Experiences

2 consecutive semesters as a Wellness Intern at Health Plan Advocate.

Greatest Accomplishment while at Grand Valley

Graduating on time while maintaining a full course load, working my dream internship, serving on the executive board of my sorority, and still continuing my passion for dance on the Grand Rapids Drive Dance Team.

Plans after Graduation

I will be attending graduate school at GVSU in the fall for Public Health.



Mackenzie Morris

Major: *Health Communication*

Senior Project

Myofascial Release and Other Manual Techniques in Dysphagia Management

Attended a two-day conference at Mary Free Bed Rehabilitation Hospital learning neck and throat anatomy and practicing myofascial release in labs.

Research and Presentations

Research Assistant for The Impact of a Therapist's Pregnancy on the Therapeutic Alliance at Jenison Psychology

Research Analysis Intern for Bluebird Cancer Retreats worked on an interview-style analysis of cancer retreats nationwide to pinpoint opportunities of growth for the nonprofit

Leadership Activities

Transitions Leader

Student Success Network Mentor
Fundraising and Volunteer Committee in the Pre- Occupational Therapy Club
Philanthropy and Academic Committee in Phi Mu Fraternity
Panhel Athena Leadership Forum attendee
Nurse Tech Preceptor at Mary Free Bed
Peer Interview Team member at Mary Free Bed

Activities and Awards

Pediatric Nurse Tech at Mary Free Bed Rehabilitation Hospital
Jr. Wheelchair Sports Camp Nurse
Sensory Room Volunteer
Young Athletes Program at Ken O Sha
Response to Intervention Groups at Head Start
Phi Mu Fraternity
Pre-Occupational Therapy Club
Alternative Breaks Education trip
Council for Exceptional Children

Internships and Practicum Experiences

Events and Communications Intern at 3:11 Youth Housing

Greatest Accomplishment while at Grand Valley

Building lasting friendships and connections and taking every opportunity to try new things!

Plans after Graduation

After Graduation, I plan to apply to Occupational Therapy Programs and spend the summer working to save money for grad school. I look forward to the opportunities my Health Communications degree will bring me during my gap year.



Kelly Myers

Major: *Electrical Engineering*

Senior Project

Asset Tracking Platform

My senior project team designed a platform for two solutions of asset tracking:

1. Assets are tracked with respect to a specified vicinity.
2. Assets general location in a building are tracked to within six feet of accuracy.

The project consists of custom hardware, firmware, server, and mobile application.

Research and Presentations

Classification of Sleep Stages Based on Single-Lead EEG

Leadership Activities

Student Tutor

Activities and Awards

Team won first place in robotic competitions during both semesters of Freshman engineering design.

GV Award for Excellence, etc.

Studied Japanese

Internships and Practicum Experiences

I worked for over three full semesters at DornerWorks, which is an embedded engineering company based in Grand Rapids. I was involved in many projects such as automotive sensors, missile defense system, respiration device, embedded virtualization, etc.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment at Grand Valley has been learning how to balance school, work, and chronic illness. The past five years have been extremely difficult at times due to my health, but I've kept moving forward thanks to the help of my close friends and family.

Plans after Graduation

I previously accepted a full-time position on the Separation Technology team at DornerWorks for August.



Daniel O'Leary

Major: *Anthropology*

Senior Project

Out On The Lakeshore: Assessment of Needs

This is an ethnographic research project that assessed the needs of an LGBTQ+ non-profit organization in Holland, Michigan. After gathering and synthesizing data, the project made recommendations to help better the daily and longterm operations of the non-profit, several of which have already been implemented.

Research and Presentations

Ethnographic assessment of GVSU's ACES program, independent research analyzing the relationship between student memory and campus spaces, field research in London involving interviews, participant observation, synthesis into reports, and presentations

Leadership Activities

Director on the board at Out On The Lakeshore, Financial Officer for Anthropology Club

Activities and Awards

Certificate of Applied Anthropology, Magna cum laude graduation, GV Honors Presidential Scholarship, GV Award for Excellence, Flanders/University Club Anthropology Scholarship, Promotional Products Education Foundation Scholarship, election to position of Director on the board at Out On The Lakeshore

Study Abroad Experience(s)

UK Communications Study Abroad in London

Internships and Practicum Experiences

Research internship assessing non-profit needs at Out On The Lakeshore, field research in London analyzing the relationship between urbanity and mental space, ethnographic research exploring the intersection of student perceptions/memory and campus spaces

Greatest Accomplishment while at Grand Valley

My greatest accomplishment was having my internship become an election to the position of Director on the board at Out On The Lakeshore. I'm so glad they were happy with my final report!

Plans after Graduation

I'll take a gap year to save money and prepare for the GRE, then apply to Masters programs of philosophy in China before pursuing a PhD in Anthropology in either America, England, or Germany. One day, after I spend time traveling and researching, I hope to become a full professor.



Alyssa Orlando

Major: *Nursing*

Senior Project

Examining Pediatric Tourette Syndrome

This project provides information about Tourette Syndrome and examines both natural and pharmacological treatment options in the pediatric population while incorporating my own personal experiences.

Research and Presentations

Nursing theorist research, Community health capstone

Leadership Activities

Student Nursing Association Mentorship Program

Activities and Awards

Student Nursing Association

Internships and Practicum Experiences

Nursing Technician at Spectrum Health

Greatest Accomplishment while at Grand Valley

Getting into the KCON program

Plans after Graduation

I'm moving to Dallas, TX to pursue a career as a registered nurse in the intensive care unit.



Ashley Osentoski

Major: *Mathematics and Education with a minor in Biology-Teaching*

Senior Project

Plants and Their Secondary Metabolites

I conducted literary research to investigate how plants use their secondary metabolites. I researched how plants use these chemicals for chemical signaling between other plants, insects and animals. Additionally, I focused my research on how secondary metabolites influence the relationships plants have with humans and insects.

Activities and Awards

I was a member of Teachers of Tomorrow (A GVSU club) and am a member of Pi Mu Epsilon, the U.S. honorary national mathematics society.

Internships and Practicum Experiences

I teacher assisted in an 8th grade mathematics classroom at Creekside Middle School and student taught in a classroom for 6th-8th grade environmental science at the C.A. Frost Environmental Science Academy.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment was the growth I experienced as a learner and educator through my College of Education practicums.

Plans after Graduation

After graduation, I plan to apply for science teaching positions. I intend to use placed based education to help make science relevant and meaningful to my students.



McKenna Page

Major: *Exercise Science*

Senior Project

Positional Differences in Girls' U19 Developmental Academy Soccer: A Proposed Study

GPS technology has enabled players to wear small sensors with imbedded gyroscopes that measure numerous external load variables including distance, accelerations, decelerations, and more. The aim is to quantify overall game demands and positional differences in GPS-determined external load variables in Girls' U19 Development Academy soccer.

Research and Presentations

Acute Effects of Lower Body Resistance Training on Balance

Activities and Awards

Dean's List 2016-2020

2020 Co-Ed Intramural Soccer Champion

Internships and Practicum Experiences

Fieldwork at Metro Health as a physical/occupational therapist volunteer

Sports Science Intern for Midwest United FC

Greatest Accomplishment while at Grand Valley

My greatest accomplishment will be graduating with Honors and making life-long relationships with people at Grand Valley.

Plans after Graduation

I plan to get a career in cardiac rehab. I also am looking forward to getting married in October of 2020!!



Domonique Palmer

Major: *Integrative Studies*

Senior Project

Video Series for College Students Success at PWI's (specifically for students who grow up in inner-cities as a limited income, Black, First Generation college student)

I want to share with my peers how to successfully push forward and reach their goals despite their marginalized identities and circumstances. I will produce a how-to guide for my community to learn to navigate such exclusive, White spaces. Also allow higher education professionals to see the current issues faced.

Research and Presentations

Content Analysis of College Access and Retention Programs for Detroiters like DAPCEP, AdviseMI & MGP

Leadership Activities

GVSU Admissions Office-- New Student Orientation Assistant, Telecounselor, Ambassador
 GVSU Honors College--Diversity Task Force
 GVSU Multicultural Affairs-- Black Excellence Leader
 GVSU Housing & Residence Life-- RA
 GVSU Dr. MLK Jr. "Now is the Time" Panelist
 GVSU Teach-in: Power, Privilege and Difficult Dialogues Panelist
 MCAN Mi-CAPP Student Leadership Summit

Activities and Awards

Dean's List
 I am Grand Valley Leadership Awards
 Gayle R. Davis First Generation College Student Emerging Leader Award
 NASPA Undergraduate Fellows Program
 Thompson Foundation Scholarship Recipient
 Berthold Memorial Scholarship
 Peace & Justice Scholar

Internships and Practicum Experiences

GVSU Pathways to College Office-- College Student Intern

Greatest Accomplishment while at Grand Valley

Being rewarded the FIRST ever Gayle R. Davis First Generation College Student Emerging Leader Award-- awarded to students who are first-gen, made a positive impact in the GV and external community, exhibits collaborative leadership qualities and at least 3.3 GPA

Plans after Graduation

An entry level role focused on college access and retention as I pursue a Master's degree in Higher Education Student Affairs. I am still finalizing my offers as of February 2020.



Sarah Parker

Major: *Exercise Science*

Senior Project

Discovering William

I chose to write a mental health book to create a resource that I wish I had during my formative years. I hope this book is able to provide the reader a sense of commonality so that one day the reader can understand that it is okay to not be okay.

Research and Presentations

The effect of L-arginine in athletically fit individuals on endurance testing to determine if the resultant vasodilation delays the onset of ventilatory threshold. In order to allow the participant to compete at a higher level for greater periods of time.

Leadership Activities

Public Relations Coordinator for the Pre-Physical Therapy Club

Activities and Awards

I am Grand Valley Leadership Award 2018-2019

Member of Kids in Motion

Member of Rotaract Club

Member of the Humane Society Club

Internships and Practicum Experiences

Intern at the Ottawa Area Center Physical Therapy Staff

Intern at South Christian High School Strength and Conditioning Staff

Greatest Accomplishment while at Grand Valley

My greatest accomplishment was being accepted into my dream physical therapy program this past semester!

Plans after Graduation

I am currently enrolled to attend my doctorate of physical therapy at Grand Valley State University starting the Fall of 2020. Afterwards, I plan to work within the pediatric special needs population as a physical therapist.



Riley Pearl

Major: *Finance with a minor in Psychology*

Senior Project

Managing your Energy in College

I created a video discussing the difference between time management and energy management. By writing the script and producing the video, my intention is for the project be a long standing effort to educate students on healthy habits. The video will hopefully be played during freshman honors orientation.

Research and Presentations

Cook Leadership Academy: Leader Lab Speaker 2019

Leadership Activities

Cook Leadership Academy Fellow Candidate (2018-2020)

Sigma Kappa Sorority, 2019 President

Honors Mentor, 2017

Activities and Awards

Sigma Kappa Sorority: Featured in Sigma Kappa Triangle magazine

I am GV Award (2019) (2020)

Internships and Practicum Experiences

Denison Consulting:

Client Management Intern (2019)

J. Ryder Group:

Lead Operations Management Intern - Wheelhouse Graphix Department (2018), Sales Associate - Golf Digest Planner Department (2017), Executive Assistant to the Vice President of Operations (2016)

Greatest Accomplishment while at Grand Valley

During my time at GV I was able to serve as a leader on campus as President of Sigma Kappa and a fellow in the Cook Leadership Academy. However, my greatest accomplishment was continuing my education during treatment for stage three cancer and becoming a Cancer Survivor in September 2019.

Plans after Graduation

I have accepted a full time position with Keyence Corporation as a Technical Sales Engineer. In June I will begin my training in Chicago before starting my full time role in Farmington Hills, MI.



Alexander Peskin

Major: *Biomedical Sciences and Behavioral Neuroscience*

Senior Project

Do Warmups Predict Pole Vault Competition Performance?

This project is primary psychology research investigating the relationship between pre-competition warmup performance and competition performance in the pole vault. This line of research may provide insight into how nested task constraints and environmental mastery influence athletic performance.

Leadership Activities

Volunteer Pole Vault Coach

Neuroscience Tutor

Activities and Awards

GVSU Track and Field Athlete (Pole Vaulter)

- 2018 USTFCCCA All-Academic Honors

- 2020 Indoor GLIAC Champion

Dean's list frequent

Internships and Practicum Experiences

EMT and Cardiac monitoring experience

Varied clinical experience

Greatest Accomplishment while at Grand Valley

Contributing to a team effort that has secured 5 (hopefully, soon to be 6) GLIAC championships for GVSU.

Plans after Graduation

Apply to medical school and pursue a career as a physician.



Alexander Phillips

Major: *Biomedical Sciences*

Senior Project

The Effects of Social Isolation on Crayfish Aggression

My senior project focused on studying how aggressive interactions between crayfish are exacerbated by social isolation. This study can be utilized to improve our understanding of how crayfish behavior is affected by factors that cause social isolation and will be used in future studies of this keystone species.

Research and Presentations

In addition to performing research in a behavioral neuroscience lab since freshman year, I am currently working with GVSU to patent and eventually market one of my inventions. I have also designed a tissue staining procedure for cadaveric specimens while working in the plastination lab in the university's anatomy labs.

Leadership Activities

I have been volunteering at local clinics for medically underserved members of the Grand Rapids community. At these clinics, my role is to train new volunteers as well as to assist the medical staff in providing care for patients.

Activities and Awards

I have been selected for the Excellence-in-a-Discipline Award as a student in the Biomedical Sciences major. I was also inducted into the Honor Society of Phi Kappa Phi as a sophomore.

Greatest Accomplishment while at Grand Valley

I believe my greatest accomplishment at Grand Valley is working toward patenting and testing one of my inventions with the GVSU Technology Commercialization Office. I have always enjoyed integrating what I learn in the classroom with my natural creativity and am grateful to be able to do this at GVSU.

Plans after Graduation

I am currently planning on attending medical school at the College of Human Medicine at Michigan State University this fall.



Janelle Potter

Major: *Biomedical Sciences with a minor in Music*

Senior Project

Music Preferences in College Students Through the Decades

A survey was sent to current students to analyze their music preferences and then those results were compared to trends in billboard charts and radio charts starting in the 1960s until current day.

Leadership Activities

National Society for Leadership and Success

Activities and Awards

Symphony Orchestra

Student Ambassador

Greatest Accomplishment while at Grand Valley

Completing my science education while combining it with my music education.

Plans after Graduation

Finding a job within my field



Claire Salinas

Major: *Music and Education*

Senior Project

An Analysis of Clarinet Methods

This project is an analysis of several different beginning clarinet studies, both independent and band-focused. Skills analyzed include clarinet-specific technique, embouchure, crossing the break, and other important aspects of clarinet playing. This project also reviews general strengths and weaknesses of the different texts.

Research and Presentations

Clarinet Recital

Leadership Activities

National Association for Music Education

President, 2017-2019

Vice President, 2016-2017

Kappa Kappa Psi

Vice President, 2017-2018

Internships and Practicum Experiences

Student Teacher- Fruitport Middle School

Teacher Assistant- Marshall Elementary

Greatest Accomplishment while at Grand Valley

My greatest accomplishment was presenting my senior honors thesis to a group of friends, family, and music educators who can use the information presented to improve their beginning clarinet pedagogy. My project was a culmination of the three aspects of my degree: clarinet performance, education, and membership in honors college program.

Plans after Graduation

I plan to teach music in West Michigan!



Sydney Sass

Major: *Medical Laboratory Science*

Senior Project

The human microbiome and Behcet's disease

The goal of my project was to further discuss the research supporting the connection between the microbiome and Behcet's disease. The microbiome's effect on the etiology and course of Behcet's disease is described, specifically with regard to the immune system.

Research and Presentations

Common deficiencies found during CAP inspections in the laboratory

Activities and Awards

Excellence in a Discipline Award

Laker Marching Band

Phi Sigma Sigma

Internships and Practicum Experiences

Clinical Internship

Greatest Accomplishment while at Grand Valley

My greatest accomplishment was receiving the Excellence in a Discipline Award. It was a nice way of reassuring myself that hard work pays off.

Plans after Graduation

I plan on working in a clinical laboratory as a Medical Technologist.



Maria Schiavo

Major: *Advertising & Public Relations*

Senior Project

Marketing Your Campus Activities Board to Students

Information and statistics on best practices to raise awareness, brand presence, and increase value of events as a Campus Activities Board at a University.

Leadership Activities

Vice President of Public Relations for GVSU's Campus Activities Board

Activities and Awards

Strategy and Research Team of GVSU's National Student Advertising Competition (NSAC)

Three I am GV nominations

Internships and Practicum Experiences

Interned at Health for Life Grand Rapids as an advertising student intern.

Greatest Accomplishment while at Grand Valley

Getting accepted into the NSAC program and completing a year long campaign book for our client, Adobe, and going to conferences to present our work and win awards.

Plans after Graduation

Working in the Advertising and Public Relations industry, and mixing it with my Psychology minor.



Kailey Schoen

Major: *Exercise Science*

Senior Project

The Physiological Effects of Exercise on the Cardiovascular System in African American and Caucasians

The purpose of this research study was to observe the physiological differences between African American and Caucasian males in different phases including rest, exercise, and recovery. I examined several variables and compared the results in a poster that I was going to present at SSD.

Research and Presentations

- Research on oxygenated water and exercise
- SSD presentation (2019)- Effects of Cadence Manipulation on Running Economy

Leadership Activities

- Honors Mentor (2018)

Activities and Awards

- Gordon Lang Scholarship Award
- Oasis of Hope Volunteer
- Pre-PA club

Internships and Practicum Experiences

Internship in Movement Science Research Lab

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley is getting into PA school.

Plans after Graduation

After graduation I will be attending the Western Michigan Physician Assistant Program in the Fall.



Maggie Schouwburg

Major: *Exercise Science*

Senior Project

The Effects of Bariatric Surgery in the Obese Population: Physically, Mentally, and Metabolically

This project examines the various types of bariatric surgeries and their post-operative effects, both positive and negative. Specifically looking at the short-term and long-term effects on physical, mental, and metabolic health. Ultimately, my goal was to conclude if bariatric surgery is more beneficial or detrimental to obese populations.

Research and Presentations

Exercise lab research on "The Effects of Sub-maximal Cardio on the Body in Fed and Fasted Conditions" with two other students.
A presentation about CrossFit Allendale and the benefits of CrossFit as a whole.

Leadership Activities

Pre-PT Club Eboard
Co-coach at CrossFit Allendale

Activities and Awards

Kids in Motion
Pre-PT Club
Volunteer at an adult special needs camp
The National Society of Collegiate Scholars
Grand Valley's Dean's List: 4 years

Internships and Practicum Experiences

Observation and Internship at CrossFit Allendale

Greatest Accomplishment while at Grand Valley

My greatest accomplishment at Grand Valley is that I have allowed myself to pursue my passion, regardless of any obstacles or fears. I have met so many amazing people and encountered great experiences, which have helped me grow into who I am and truly live my dream!

Plans after Graduation

I will be attending LCC's Surgical Technology program beginning this coming fall



MacKenzie Sebesta

Major: *Allied Health Sciences with minors in Human Rights and Sociology*

Senior Project

Causes and Impacts of Healthcare Disparities in the United States

My project investigates contributing factors to healthcare disparities in the United States and how that has an impact on health outcomes. It also discusses ways that these disparities can be alleviated.

Leadership Activities

Honors College Mentor

Activities and Awards

Honors College Student Ambassador (2016-2018)

Belly Dance Club (2016-2018)

Cleanup Cause We Care (2017)

Certificate in Medical and Health Humanities

Greatest Accomplishment while at Grand Valley

Being accepted into Grand Valley's Doctorate of Physical Therapy program's class of 2023.

Plans after Graduation

Begin physical therapy school at Grand Valley in the fall while pursuing ways to work with underserved and at-risk populations.



Molly Seelig

Major: *Therapeutic Recreation with a minor in Studio Art*

Senior Project

Adaptive Swim Protocols for Children with Severe Multiple Impairments

This project answers the question: what adaptive swim protocols would allow for children with severe multiple impairments to gain swim skill? This project lays out best practice for qualified professionals working with children with severe multiple impairments through a literature review, as well as clinician and parent interviews.

Research and Presentations

Presented group project, research on the benefits of wilderness therapy for those experiencing bereavement from a loss of a loved one at Student Scholars Day in April 2020.

Leadership Activities

Fall 2016-Spring 2018 House manager of Sigma Sigma Sigma Sorority

Fall 2017-Spring 2018 Family and Alumnae Relations Chair for Sigma Sigma Sigma Sorority.

Fall 2019-Spring 2020 currently volunteer chair for Recreational Therapy Student Association

Activities and Awards

I Am Grand Valley Award Recipient Winter 2018 and Winter 2020.

Internships and Practicum Experiences

Summer 2019 did a fieldwork experience for Life Therapeutic Solutions Inc. This company serves pediatric and older adult clients in Kent County, MI through in-home and community-based recreational therapy. By the end of the summer I had my own client load

Greatest Accomplishment while at Grand Valley

Being able to engage in a variety of leadership experiences that allowed me to grow as an individual and professional.

Plans after Graduation

This summer I will have an internship in behavioral health at Havenwyck Hospital in Auburn Hills, MI. I will be working on the child and adolescent unit, while also having an opportunity shadow on all units. Following this I will become a Certified Therapeutic Recreation Specialist and look for jobs.



Jessica Shaltry

Major: *Biomedical Sciences*

Senior Project

Lessons From Ghana: Building A Working Relationship Between Allopathic and Traditional Medicine

This project combines research with personal experiences I had while studying abroad in Ghana. It evaluates the current issues in the United States between allopathic and traditional medical practitioners while proposing a more inclusive system, based in understanding of both medical practices, to provide the best care possible for patients.

Leadership Activities

President of GVSU's Ethics Bowl Team

Activities and Awards

Humane Society of West Michigan Adoption Counselor

Medical Scribe at Zeeland Hospital

Volunteer at Mercy Health Saint Mary's Hospital

Pre-Med Club Member

GVSU Tutor

Study Abroad Experience(s)

Ghana: Honors Cultural Exchange and Service Learning

Greatest Accomplishment while at Grand Valley

My greatest accomplishment at Grand Valley was making it to Ethics Bowl Nationals two years in a row.

Plans after Graduation

I plan to apply to medical school this spring. While I wait to start medical school in Fall of 2021, I plan on working and travelling.



Zoe Stenholm

Major: *Biomedical Sciences with minors in Business General and Chemistry*

Senior Project

The Meaning of A Smile

A visual piece that serves to represent what a smile means to a diverse group of people. The goal of this project was to create conversations that help promote confidence and positivity surrounding oral health.

Leadership Activities

Vice President of Taekwondo Club

Secretary of Delta Zeta

President, Founder of Manual Dexterity Club

Activities and Awards

Phi Kappa Phi Freshman Honoree

Dean's List every semester

Highest New Member GPA (panhellenic council)

Phi Kappa Phi initiate

Evelyn Adams Costello Scholarship 1st Place Winner

Internships and Practicum Experiences

Summer Health Professions Education Program

Greatest Accomplishment while at Grand Valley

My greatest accomplishment is growing into the person I am today. GVSU provided me experiences and resources that helped me gain confidence and accomplish my dreams of getting into dental school.

Plans after Graduation

I will be attending the University of Pittsburgh School of Dental Medicine to become a doctor in dental medicine.



Bridget Stoetzer

Major: *Allied Health Sciences and Physician Assistant Studies with a minor in Psychology*

Senior Project

Building Along the Railroad: Towns and Tourism in Michigan's Eastern Upper Peninsula

Without keen access and known waterways, the interior forests of the Eastern Upper Peninsula were too costly to reach. It wasn't until sophisticated railroads were constructed that the EUP forests could be harvested. Once transportation was established, logging was initially vital to the local economy and then eventually tourism.

Research and Presentations

Researched the impact of transportation on the people of Grand Rapids.

Leadership Activities

PiCoDePew Community Council: Finance and Record Keeper

Activities and Awards

GVSU Equestrian Club

Study Abroad Experience(s)

Cusco, Peru in 2018. Volunteered at a medical clinic.

Greatest Accomplishment while at Grand Valley

Acceptance into physician assistant school.

Plans after Graduation

Attend Grand Valley's Traverse City Physician Assistant Program.



Marlee Sullivan

Major: *Biomedical Sciences with a minor in Chemistry*

Senior Project

A Literature Review: Understanding Physician Assisted Suicide

I am focusing not only on reasons for agreement and opposition but defining and historical background of PAS, laws regarding current practice, qualifying illnesses, ethical arguments as well as what it looks like in legal states and future of PAS in the United States.

Leadership Activities

Delta Zeta Sorority, Executive Board Academic Officer

Activities and Awards

Delta Zeta Sorority

Greatest Accomplishment while at Grand Valley

Dean's list multiple times

Plans after Graduation

Applying for Medical School, working as a scribe for an OBGYN



Carly Sutkiewicz

Major: *Human Resource Management with a minor in Marketing*

Senior Project

Positive Effects of Reverse Culture Shock on Performance in the Workforce

Reverse culture shock is overlooked as a minor endeavor faced by students after studying abroad. In reality, adapting to one's home culture after being abroad can be very difficult. This may challenge individuals and push them to develop important strengths which will be useful in their future workplace.

Research and Presentations

My design thinking class provided my team with the opportunity to discover a way that the honors college can better prepare honors students for life after graduation. In order to solve this, we needed to conduct interviews and research to gain insights on the topic and later present our findings.

Leadership Activities

Studying abroad for an entire semester required that I push myself out of my comfort zone and allow myself to be open to new experiences. I believe it helped improve my leadership skills immensely and also helped me grow into a more mature individual.

Activities and Awards

Activities: Member of Delta Sigma Pi (professional business fraternity), member of GVSU Club Tennis Team, member of The Thirst Project club, member of SHRM.

Awards: GVSU Deans List, GV Award of Excellence, GV Faculty Scholarship, Beta Gamma Sigma (International Business Honor Society)

Study Abroad Experience(s)

Junior year second semester I studied abroad from February to June in Sydney, Australia.

Internships and Practicum Experiences

Summer 2017-2018 I had an internship at Thermal Netics, Inc.

Summer 2018-2019 I had a human resources internship at LaFontaine Automotive Group on the East side of MI.

Greatest Accomplishment while at Grand Valley

I believe my biggest accomplishment was maintaining a fair balance between my schoolwork and extracurricular activities. I was able to enjoy my four years at Grand Valley, while still doing well in my classes.

Plans after Graduation

I am currently seeking a marketing full-time position and may attend grad school this upcoming fall.



Julia Sutter

Major: *Women, Gender & Sexuality Study with a minor in Sociology*

Senior Project

Planned Parenthood Clinics: An Intersectional Analysis on How Title X Funding Affects Access

My Senior Project examines how the intersections of gender, race, sexuality, class, age, and ability are affected by the lack of Title X funding for Planned Parenthood Clinics because of regulations enforced by the Trump Administration in 2019 that took away funding from clinics who provide abortion services.

Research and Presentations

A Content Analysis of Gender Stereotypes
Within the Television Show Friends
Societal Views on Birth Control:
A Feminist Media Analysis of Magazine Advertisements

Leadership Activities

Vice President of the GVSU Women's Club Basketball Team (2018-2020) and Recruitment Chair of the GVSU Sociology Club (2020)

Activities and Awards

Excellence in a Discipline Award for Sociology (Received 2020)

Study Abroad Experience(s)

I travelled abroad to South Africa for six weeks in the summer of 2019 as a part of the WGS program. We develop relationships with individuals in the community and worked with a group of sixth graders to give them confidence in their learning of math, science, and English.

Internships and Practicum Experiences

Although I have not done any internships at Grand Valley, it is definitely something that I find important for a good education. I plan to take advantage of internship opportunities in the future.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment at Grand Valley would have to be that I am graduating in just three years with a double major, while also being an Honors College student.

Plans after Graduation

My plans after graduation is to take a year off and attend Law School.



Lucas Swartzendruber

Major: *Multimedia Journalism with a minor in Anthropology*

Senior Project

Narratives of Student-Run College Broadcast Media at Grand Valley State University

Interviews occurred with students involved in GVTV, Whale Radio, the Promotions Office, and podcasting. Here, students explained broadcast media helped them develop various skills, including

leadership. Students have much creative freedom in running their own stations beyond classrooms, yet COVID-19 limited such autonomy since student-run broadcast outlets closed.

Research and Presentations

In Winter 2016, I worked with Natasha Speck on an HNR 244 project titled "The Effect of Self-Selected Music on Speed and Accuracy."

Students tended to sort cards for longer times when listening to calming music or no music than motivational music.

Leadership Activities

I was the 2018-2019 historian for the GVSU Book Club's e-board. Here, I photographed club activities and organized photos into a PowerPoint for members to celebrate worthwhile memories. Additionally, I served on Circle K's Relay for Life committee, raising money for GVSU's 2018-2019 Relay for Life marathons.

Activities and Awards

As a Circle K member, I performed some community service from 2017-2020, including packing up lunches for Kids' Food Basket last February. Additionally, I helped the Native American Student Association set up for Pow Wow 2019. Furthermore, I picked up trash for the 2019 Mayors' Grand River Cleanup.

Internships and Practicum Experiences

I served as an editorial intern for the Grand Valley Lanthorn in Fall 2019. My stories covered local events and issues for the news section, including a feature related to Audiology Awareness Month. I also covered culturally significant events for Laker Life, such as the Alcatraz Warriors conversation.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment at Grand Valley State University has been serving as a student journalist. Reporting gave me an incentive to experience local events, so I can have educational adventures and share important insights with readers. From Democracy 101 to Student Senate, journalism continued my learning outside classrooms.

Plans after Graduation

I intend on working for a local newspaper in Michigan after I graduate. However, I am interested in podcasting for some of my future reporting. This will help continue the multimedia aspect of my field, for it prompts creative storytelling in ways beyond simply writing print stories.



Kathleen Szczesny

Major: *Nursing*

Senior Project

The Healing Power of Music

Combines nursing art and nursing science to explore music as an alternative form of medicine and therapeutic intervention in

nursing care. Looks at history of music in healing, its use in healthcare settings, its impact on different patient populations, and how it nurses can implement music to improve patient outcomes.

Research and Presentations

Presented Senior Project at Grand Valley State University Student Scholars Day.

Leadership Activities

Campus Ministry Leadership - served on the worship arts team for 4 years. Spring Break Mission Trip Leader - Nashville, TN and Jonesville, VA in 2018 and 2019. 21 Project Participant - 3 week innovative leadership training experience in Hawaii in the summer of 2017

Activities and Awards

Received Grand Valley Award for Excellence, Grand Valley Presidential Scholarship, and Brooks Presidential Scholar Award. Direct Admission into the Kirkhof College of Nursing. Member of the Student Nurses Association.

Study Abroad Experience(s)

Public Health Nursing in Cape Coast, Ghana Study Abroad Program

Internships and Practicum Experiences

Music Intern with Campus Ministry @ GVSU - 2.5 years

Greatest Accomplishment while at Grand Valley

My greatest accomplishment at GVSU is not in a role, award, event, or project. It was in what I learned, passions that were magnified or discovered, the bravery and growth found as I leaped beyond my comfort zone, and the people that joined and supported me on all the adventures.

Plans after Graduation

Hoping to start my nursing career in the RN Residency Program at Saint Mary's in Grand Rapids, MI.



Anna Tarach

Major: *Chemistry*

Senior Project

Reduction of Redox Mediators by Bacteria in Single Bacteria/Electrode Collisions

I conducted research toward the development of new electrochemical sensing methods, and applied it to the detection of bacteria. Our research established a new technique for detecting and discriminating between bacteria species. I wrote a paper on this research and presented a poster at a major conference.

Research and Presentations

2019 S3 program and Ott-Stiner Scholar, and NASA's MSGC Undergraduate Fellowship

Previous presentations on electrochemistry research:

MSGC Fall Conference (2019)

West Michigan Nanoscience and Quantum Technology Conference

West Michigan Regional Undergraduate Science Conference

Previous Research:

Research project as an AWRI lab/research intern on sediment and bacteria loading in the Little Flower Creek watershed.

Leadership Activities

General and organic chemistry tutor at the tutoring center.

Activities and Awards

2019 Ott-Stiner Scholar

Internships and Practicum Experiences

2018 AWRI research/laboratory internship

Greatest Accomplishment while at Grand Valley

Being involved in research, projects, and activities that can create meaningful and positive changes. I am proud of taking part in what I believe to be good causes while I worked to obtain a demanding degree as well as my honors designation.

Plans after Graduation

I intend to find work as an analytical chemist in an environmental laboratory or agency.



Alaina Taylor

Major: *Writing with a minor in Advertising & Public Relations*

Senior Project

Consulting on Creative Writing

My senior project is an exploration of how writing consultants consult on creative work in the student writing center, and what strategies they use to do so.

Leadership Activities

Lead Consultant at Frederick Meijer Center for Writing

Activities and Awards

Dean's List 2016-2020

Internships and Practicum Experiences

Dzanc Editorial Intern

SalesPad LLC Digital Marketing Intern

Greatest Accomplishment while at Grand Valley

Stepping into a leadership role at the writing center, and having the opportunity to be a support system for a community that means the world to me.

Plans after Graduation

I plan on staying on at my current internship as a marketing content writer for SalesPad, with intentions on furthering my career in the literary world.



Kathryn Thill

Major: *Criminal Justice and Psychology*

Senior Project

Human Trafficking and Effective Police and Policy Response

This paper focuses on the problem of human trafficking both in the United States and abroad. It consists of an overview of human trafficking, an examination of recent criminal justice/government response, and policy recommendations that could be made to improve upon the current protocols surrounding human trafficking.

Research and Presentations

"Proper Police Training and Protection of Crime Victims:
Treatment of Crime Victims in the Criminal Justice System"
"In a World of Deception, Who Can Detect It?: A Look into
GVSU Students Awareness on Current Events and How Easily
they can be Deceived"

Leadership Activities

Grand Valley Dance Troupe: Human Resources Representative, Choreographer, & President's Committee
It's On Us as Lakers: Vice President & Bystander Intervention Captain

Activities and Awards

Grand Valley State University Dean's List
I am Grand Valley 3 Time Award Recipient
Student Ambassador, Honors and Campus Tour Guide
Phi Kappa Phi Membership
Psi Chi Membership
Omicron Delta Kappa Membership

Study Abroad Experience(s)

I studied abroad at the American College of Greece in Athens, Greece during the Summer of 2019 where I took two courses in psychology.

Internships and Practicum Experiences

This past semester I was an Investigative Intern for the Social Security Administration, Office of the Inspector General where I worked on a variety of special projects involving confidential and sensitive criminal investigations.

Greatest Accomplishment while at Grand Valley

My 4.0 cumulative GPA.

Plans after Graduation

I will be attending graduate school here at Grand Valley, pursuing my Masters Degree in criminal justice. After this, I plan to go on to work as a special agent for the federal government.



Kayleigh Thomas

Major: *Exercise Science with a minor in Psychology*

Senior Project

Occupational Therapy in Schools: Education, Benefits, and Implementing a Program in Your School

This project served as an opportunity to research and collect an understanding of current funds and knowledge surrounding fine motor skill development within schools. With this information I created a presentation on the topic for schools or Head Start programs to use as an education tool for possible funders.

Research and Presentations

Presented at the IUPUI Mentor conference on the Honors Mentor Program

Conducted research on the Effects of Fasted vs Fueled Conditions on Endurance Performance

Leadership Activities

Secretary of the Honors Mentor Council
Secretary of Pre-Occupational Therapy Club
Head Start Rtl Program lead Intern

Activities and Awards

I am Grand Valley Award
member of GV Running Club

Study Abroad Experience(s)

Studied abroad in Haiti through the honors program

Internships and Practicum Experiences

Intern with Head Start for Kent County
Non-Clinical Intern with Spectrum Health at Fuller
Cardiopulmonary Intern with Spectrum Health at Bradford

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at GV is how much I have grown during my time here. By pursuing every opportunity I could I challenged myself to grow beyond the classroom and gained experiences that I value as the greatest rewards I will take with me.

Plans after Graduation

I plan to pursue my masters in occupational therapy and to continue adventuring around the west side of the state



Amanda Thurner

Major: *Mathematics and Education with a minor in Biology*

Senior Project

Her Tanzanian Education

My partner, Sara Soltis, and I researched the Tanzanian education system and experienced it first hand through our Study Abroad Program. Specifically we focused on female and orphaned children's access to education and funded 3 years of schooling for two orphaned girls.

Leadership Activities

Resident Assistant: 2018-2020

Transitions Leader: 2018

Dance Troupe Fundraising Representative

Honors Mentor: 2017

Activities and Awards

Deans List

Association for Women in Mathematics

Phi Kappa Phi

Omicron Delta Kappa

Math Department Scholarship

Study Abroad Experience(s)

Tanzania: Teaching, Learning, Culture

Internships and Practicum Experiences

Teacher Assistant at CA Frost Middle/High

Student Teaching at Kelloggsville Middle School

Greatest Accomplishment while at Grand Valley

During my time at Grand Valley, I am most proud of myself for becoming a Resident Assistant and for completing a five year program in four years with a stellar GPA.

Plans after Graduation

I will be taking a long term substitute teacher position in a 7th grade mathematics classroom at Kelloggsville Middle school for the remainder of the year. I hope to obtain a secondary math position on the west side of the state starting in the fall.



Matthew Torlone

Major: *Accounting and Finance*

Senior Project

Income Inequality in America

I investigated and wrote a research paper on income inequality in America today. I compiled information on the history, current state, and possible solutions to the economic disparity that currently exists in the U.S.

Leadership Activities

Risk assessment e-board position for GVSU club baseball

Activities and Awards

Dean's list every semester

Club baseball member

Internships and Practicum Experiences

H&S Companies in Grand Rapids working as a Tax Intern

Greatest Accomplishment while at Grand Valley

Having been accepted into the Seidman College of Business and the Fredrick Meijer honors program, I feel a profound sense of accomplishment to have made the dean's list every semester while graduating in 4 years with a dual major in Accounting and Finance

Plans after Graduation

Upon graduation, I will be working as a summer intern for Plante Moran based in Denver, Colorado. Next fall, I will be returning to GVSU where I am enrolled as a graduate student in the MSA program. Once complete, I will return to Plante Moran for full time employment.



Collin Trainor

Major: *Biomedical Sciences and Pre-Professional Preparation*

Senior Project

Effects of Nonylphenol on Crayfish Molting Hormones

Nonylphenol (NP), a surfactant, inhibits crayfish molting frequency through increasing molt-inhibiting hormone or decreasing ecdysone concentrations. This project quantified this affect through ELISA testing of crayfish hemolymph after chronic NP exposure. Results demonstrated decreased values of ecdysone in hemolymph. Environmental standards of NP accumulation should be changed.

Research and Presentations

Investigating the Toxicity of Nonylphenol in Juvenile *Faxonius propinquus* Crayfish

Leadership Activities

Pre-Med Club President, Universities Allied for Essential Medicines President, Honors Mentor and Ambassador, Freshman Orientation Assistant, Make a Difference Day Leader, Crayfish Research Lab Student Supervisor, ANCHOR Event Coordinator, Future Alumni Association (FAA) Student Engagement Committee Chair, Emergency Medical Technician (EMT)

Activities and Awards

Please List any Activities/Awards

Ilene I. Schooley Biomedical Sciences Scholarship, George and Marianne Stein Memorial Scholarship, I am GV Award, Mr. ANCHOR Nomination, Magician, Relay for Life

Study Abroad Experience(s)

Service abroad with a mobile health clinic in Moshi, Tanzania through MedLife

Internships and Practicum Experiences

Shadowed gastroenterologists, emergency medicine, pediatric family medicine, health clinics, and anesthesiologists

Greatest Accomplishment while at Grand Valley

Getting accepted to medical school

Plans after Graduation

Attend Central Michigan University's College of Medicine or Oakland University William Beaumont School of Medicine



Holly Tumbarello

Major: *Film and Video with a minor in Advertising & Public Relations*

Senior Project

Challenge Your Choice - A sustainability based website

The project is a sustainability based website focusing on the power we have as individuals in terms of challenging our purchasing choices to be more environmentally friendly. On the website I include meal prep options that are low waste as well as videos educating others on sustainable topics.

Leadership Activities

President & Site Leader of Alternative Breaks, Financial Officer for GV Film Academy, Cook Leadership Academy, Site Leader for GVSU Green Team, Honors College Mentor, Film & Video Student Ambassador.

Activities and Awards

I am Grand Valley

Deans List

Best Documentary from GV Film Academy

1st Place Winners in our district for the 2018/2019 NSAC competition

Study Abroad Experience(s)

Completed an internship abroad in Prague, Czech Republic over the summer of 2018 at a small digital advertising agency.

Internships and Practicum Experiences

Film & Photography Intern in Prague

Development Intern at Art Prize, Grand Rapids

Working at the GVSU Promotions Office on their video team

Greatest Accomplishment while at Grand Valley

Having been a site leader in Alternative Breaks. I grew so much as a leader and loved being able to watch the bond grow with our participants and be a part in seeing their perspectives on the world change throughout that week.

Plans after Graduation

Take a year to work and save up money, then move to Los Angeles in a year to pursue a career in the film industry.



Joseph VanArendonk

Major: *Human Resources*

Senior Project

Seeking Refuge In Michigan: One Family's Journey To America

There are hundreds of thousands of refugees living in the USA, and thousands in Michigan. Some may assume that once a displaced person enters our country, they are automatically well-situated. This project will offer personal/local testimony of whether or not this is true; if the latter, how exactly to help.

Leadership Activities

President, Euphoria A Cappella

Music Leadership Team, Campus Ministry @GVSU

Activities and Awards

Activities: Euphoria A Cappella, Campus Ministry @GVSU, Society for Human Resource Management, & Asian Student Union.

Awards: Excellence In A Discipline Award for Human Resource Management, Dean's List from 2016-Present, Grand Finish Grant, & GV Award for Excellence Scholarship.

Internships and Practicum Experiences

Faculty Human Resource Intern, Grand Valley State University

Corporate Human Resources Intern, Cedar Fair Entertainment

Greatest Accomplishment while at Grand Valley

Singing at Philomena V. Mantella's Inauguration Ceremony.

Plans after Graduation

COVID-19 has disrupted prior plans, and every company I was interviewing with has essentially implemented a hiring freeze. Things are unfortunately a bit uncertain at the time of writing this -- currently pursuing full-time employment in West Michigan after graduation.



Morgan Vannette

Major: *Finance*

Senior Project

Effect of Right to Work Law on Michigan Based Companies

Looked at the effect of the Michigan RTW law on Michigan-based companies from a financial perspective. We are planning on comparing this to other RTW and non-RTW states in the future.

Internships and Practicum Experiences

Finance Intern at Gill Industries

Greatest Accomplishment while at Grand Valley

Becoming a mom.

Plans after Graduation

Be a stay at home wife and mother while doing remote accounting work for a property management company on the side.



Monica Van Til

Major: *Statistics and Psychology*

Senior Project

Portfolio for Dr. Mario Fific's Future Research Assistants

By the time I graduate, I will have done research with Professor Fific for 2 years. I am making a portfolio full of information that will help train future assistants and to reflect on my experience.

Research and Presentations

Research assistant for Josita Maouene - Winter 2018

Research assistant and Lab Coordinator for Mario Fific - Fall 2018 to

Winter 2020

Biostatistics Intern for James McNair - Summer 2019

Presented at Psychonomics Conference in Montreal in Fall 2019

Leadership Activities

First Year Leadership Experience

Student Senate representative 2017-2018

LeaderShape Institute

Activities and Awards

Presidential Scholarship

Dean's List

Phi Kappa Phi

I Am GV Awards

Statistics Tutor

Teaching Assistant for Honors Design Thinking

Excellence in a Discipline: Statistics

Internships and Practicum Experiences

Biostatistics Research Intern at the Annis Water Resources Institute

Greatest Accomplishment while at Grand Valley

Getting a full ride scholarship and a graduate student assistantship at my top graduate school.

Plans after Graduation

I will be attending the University of Michigan in the fall to get my Master's of Science in Biostatistics.



Nathaniel Wagner

Major: *Biology with a minor in Natural Resources Management*

Senior Project

An investigation of invasive ground covers on the GVSU Allendale, MI campus

I located growth of English Ivy and Common Myrtle on the GVSU campus and ravines and plotted the growth using a GPS receiver. I then made a map of the locations and submitted a management plan to several executive figures at GVSU.

Research and Presentations

Timing of breeding in Tree Swallows from 1993-2018; Dr. Michael Lombardo

How to better prepare Frederik Meijer Honors College students for life after graduation; honors junior seminar

Leadership Activities

Student manager- GVSU Biology Laboratory Prep

Bridge Team and Program Team leader- Campus Ministry at GVSU

Hurricane Harvey Relief Team Leader- Campus Ministry at GVSU

Activities and Awards

I am Grand Valley- 2017

Deans List-several semesters

Greatest Accomplishment while at Grand Valley

Through my research, I was able to show that over a 25 year period, the average May temperature at GVSU has increased by 3 degrees C and that Tree Swallows have responded by laying their eggs an average of 3.25 days earlier.

Plans after Graduation

I will be completing my Master's degree at GVSU with Dr. Ali Locher. My research will involve mapping habitat usage of birds in restored ecosystems.



Claire Waldecker

Major: *Marketing*

Senior Project

Seeking Refuge in Michigan: One Family's Journey to America

There are hundreds of thousands of refugees living in the United States, thousands of those in Michigan. And especially within West Michigan, many people may assume that once a displaced person enters our country, they are automatically well-situated. This project will offer a personal and local testimony.

Leadership Activities

Transitions leader, CFO of Euphoria

Activities and Awards

Euphoria A Cappella, Dean's List, Grand Finish Award, GV Faculty Scholarship, GV Award for Excellence

Internships and Practicum Experiences

Marketing Internship: Olivier VanDyk Insurance Agency, Sales Internship: Danielle Rowland State Farm

Greatest Accomplishment while at Grand Valley

Singing at Philomena V. Mantella's Inauguration Ceremony

Plans after Graduation

Currently pursuing full time employment in Grand Rapids for after graduation.



Carley Wall

Major: *Human Resources with a minor in Hospitality Tourism Management*

Senior Project

A Holistic Approach to the Complexities of Repatriation

A look into the struggles of expatriates adjusting back to their home country, and what companies can do to support them through the process of repatriation.

Research and Presentations

Assisted Lorie Tuma with her case study on taking students to the Cannes Film Festival for 10 years.

Leadership Activities

Laker Catholic Peer Ministry

Activities and Awards

IM Sports

Study Abroad Experience(s)

International Program of Business in Mosbach, Germany

Internships and Practicum Experiences

Human Resources Intern at PADNOS

Greatest Accomplishment while at Grand Valley

Fulfilling my dream of studying in Germany

Plans after Graduation

Pursuing a career in International Business



Hunter Wander

Major: *Marketing and Supply Chain Management*

Senior Project

A Business Analysis of Amped Reality

My senior project is a business analysis of my family's virtual reality store, Amped Reality. The purpose of this study was to determine the best marketing practices to grow our business.

Leadership Activities

Life Group Leader, Intramural Soccer Team Captain.

Activities and Awards

Intramural Soccer Champions, Dean's list 2018

Greatest Accomplishment while at Grand Valley

Champions of Indoor Co-ed soccer 2020

Plans after Graduation

Find a job when companies are hiring again.



Katarina Wardowski

Major: *Nursing*

Senior Project

The Panic Project

Online resources for those with panic and anxiety disorders and their caregivers

Leadership Activities

Executive Vice President GVSU College Panhellenic Association

Circle of Sisterhood School build in Marescot, Haiti participant

Study Abroad Experience(s)

GVSU Nursing Study Abroad in Ghana

Internships and Practicum Experiences

Nursing Technician at Butterworth Hospital, 160 hour leadership clinical immersion at Holland Hospital ICU

Greatest Accomplishment while at Grand Valley

Helping to organize a meeting with President Mantella to create a dialogue between university leadership and the Panhellenic community here at Grand Valley.

Plans after Graduation

I will be studying for my nursing boards exam and pursuing a job in pediatric nursing in downtown Grand Rapids.



Anthony Warner

Major: *Biomedical Sciences*

Senior Project

*Practical Application of the book **What the Best College Students Do** by Ken Bain*

Taking the wisdom and advice talked about in Ken Bain's book *What the Best College Students Do* and applying it to students who read the book as freshman to where they are now as seniors.

Research and Presentations

Power Output with various pre-exercise treatments- Dr. Stephen Glass

Activities and Awards

Member of Alpha Tau Omega Fraternity

Internships and Practicum Experiences

ETS Performance Intern

Greatest Accomplishment while at Grand Valley

Create many new friends and experience growth through the classroom and outside of it.

Plans after Graduation

Physical Therapy School



Ella Warolin

Major: *Art and Design with a minor in Advertising & Public Relations*

Senior Project

GVSU Spring Concert - Case Study and Design Portfolio

This year I was fortunate enough to do the design work for the GVSU Spring Concert feat. T-Pain. I also worked closely with the marketing team to ensure we could properly advertise the concert to the GVSU student body.

Research and Presentations

How Design and Data Intertwine

Leadership Activities

Director of Graphic Design - CAB

Kappa Kappa Psi

Section Leader of Laker Marching Band

Activities and Awards

GVSU Pep Band

CAB

Internships and Practicum Experiences

Brooklyn Products International INC - Graphic Design Intern

Greatest Accomplishment while at Grand Valley

Being able to march in the GVSU Marching Band all four years!

Plans after Graduation

I plan to work in the music industry doing design work for different musicians.



Rio Weikum

Major: *Marketing with a minor in Advertising & Public Relations*

Senior Project

Marketing Play Book: *Shoreline Orthopaedics*

This campaign book is comprised of essential information for conducting a successful campaign for our client, Shoreline Orthopaedic located in Holland, Michigan. For the purpose of this campaign, both primary and secondary research were conducted in order to gain crucial information that would form Shoreline's marketing strategies, tactics, and objectives.

Research and Presentations

Emphasizing the Honors College Experience

The Effects of Music Tempo on Rate of Perceived Exertion, Heart Rate, and Running Performance

Reliable, Research, Revive GVSU Research Center Plan Book

Sullivan's Carpet Campaign Book

BeWare: The Bee Project

Social Strategy Grand Aire

Mondelez Infrastructure

The CruCiders Pop-Up Shop

Marketing Strategy of Hello Sense

Gucci Campaign

Tarte Campaign

Small Market Penetration - Valvoline

Leadership Activities

Community Service Chair of Delta Sigma Pi Pledge Class, Marketing Chair of Delta Sigma Pi, Group Facilitator and Conference Alumn for the Michigan Youth Leadership Conference.

Activities and Awards

Dean's List 3 Times

Internships and Practicum Experiences

Marketing Associate for GVSU Laker Store: Assisted in the coordination and development of marketing related to store promotions, social media, and reporting.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley was improving my leadership and professional skills. This was possible due to my role in my professional business fraternity. I was also able to learn and improve my leadership through the feedback gained by working on team projects.

Plans after Graduation

My plans after graduation include working at Gartner, in Texas, as a Business Development Associate. Here, I will be negotiating with executives in order to inform them about the products of Gartner and persuade them to purchase our products based on the benefits that Gartner's products provide.



Alaina White

Major: *Biomedical Sciences with a minor in Anthropology*

Senior Project

Ghanaian Girl: A Guide to Your Body

My senior project is a research paper and a picture book that I created for the girls at Gyahadze M/A Primary Schools in Winneba, Ghana. The aim was to provide a resource on reproductive health that includes topics of menstruation, homemade menstrual pad instructions, and accessible birth control options.

Research and Presentations

BMS Department: Cardiovascular Research (2018-2020)

Teach-In: "'Ew, That's Gross!' Myths, Stigmas, Taboos and Why Women's Health Conversations Are So Messy" (2018, 2019)

Student Scholars Day: "Ghanaian Girl: A Guide to Your Body" (2019)

Student Research Assistant: Menstrual Equity Research

Leadership Activities

Teaching Assistant: Theory and Practice of Rights I, II, & III (2019-2020)

Research Consultant at the Knowledge Market

Activities and Awards

Awards: "I am Grand Valley" Student Leadership Award (2019)

Activities: Volunteer at Spectrum Health Meijer Heart Center in the Neuro/Surgical ICU,

Nursing technician at the Meijer Heart Center and Helen DeVos Children's Hospital

Study Abroad Experience(s)

Ghana: Honors Cultural Exchange & Service Learning (2018)

Greatest Accomplishment while at Grand Valley

Creating my Ghanaian children's book and having it delivered to Gyahadze M/A Primary Schools this past summer.

Plans after Graduation

I will be attending the University of Michigan School of Public Health in the fall of 2020 to earn my Masters degree in Public Health-Global Health Epidemiology.



Megan Wilcoxon

Major: *Speech-Language Pathology with a minor in Psychology*

Senior Project

Employment Opportunities for Young Adults with Intellectual and Developmental Disabilities

I created a slideshow detailing employment opportunities for individuals with disabilities, including research on the statistics of individuals with disabilities who are currently employed, businesses that work with people with disabilities, and transition programs that exist to provide more support for these individuals before entering the workforce.

Research and Presentations

I am currently a research assistant with a professor in the Communication Sciences and Disorders Department at Grand Valley. The study is focused on the implicit and explicit attitudes people hold toward individuals who stutter.

Leadership Activities

President of Grand Valley's chapter of NSSLHA (National Student Speech Language Hearing Association); site leader for Make a Difference Day (2x), Community Outreach Day of Service, and MLK Day of Service

Activities and Awards

Dean's list (2x)

Greatest Accomplishment while at Grand Valley

Completing my undergrad education in 3 years while remaining involved on and off campus. I am also proud to have been accepted into grad school for speech-language pathology!

Plans after Graduation

Attending graduate school at Saint Mary's College for a dual degree in Autism Studies and Speech-Language Pathology.



Bradley Williams

Major: *Electrical Engineering*

Senior Project

Collar Transceiver.

Previous groups developed animal collars that include GPS data logging, an in-house VHF beacon, and a commercial UHF data link. In the latest version of the collar, we will control and modulate the VHF beacon directly with the GPS binary data stream, eliminating the need for the UHF data link.

Research and Presentations

Redesigning the Frederik Meijer Honors College Curriculum
(Undergraduate Research on ScholarWorks@GVSU).

Leadership Activities

Treasurer of Epsilon Psi chapter of Phi Sigma Pi (2017).

Activities and Awards

2015 GVSU Laker Marching Band.

Phi Sigma Pi (national honor fraternity).

Tau Beta Pi (engineering honor society).

Internships and Practicum Experiences

Three semesters of work experience as an Electrical Engineering Co-op at Herman Miller, Inc.

Greatest Accomplishment while at Grand Valley

Selected by engineering faculty to present a micro-controller based car dashboard prototype at Fall Project Day 2018.

Plans after Graduation

Pursue a career in controls engineering or embedded systems in western Michigan.



John Worm

Major: *Engineering*

Senior Project

Inertial Testing Device

Developed inertial testing device for Magna for engineering senior project. This consisted of designing, prototyping, and building a fully functioning device for performing inertial testing.

Leadership Activities

Former Vice President of Phi Sigma Pi Honors Fraternity

Former Brother-at-Large of Phi Sigma Pi Honors Fraternity

Activities and Awards

Dean's List: Fall '16 thru Current

Internships and Practicum Experiences

Swoboda Technologies Co-op: Summer 2018, Winter 2019, Fall 2019

Greatest Accomplishment while at Grand Valley

Graduating in four years with a job lined up as an engineer.

Plans after Graduation

Accepted Process Engineer position at Swoboda Technologies.



Ellen Yope

Major: *Political Science with a minor in Women, Gender & Sexuality Study*

Senior Project

An Analysis of Asexual Identity Clubs and Their Role on College Campuses

Identifying the lack of college asexuality clubs and the positive influence they can have on students. Analyzing the case for the creation of asexuality clubs at higher education institutions and the benefits they provide for students, socially and academically.

Research and Presentations

Presented at Grand Valley Leadership Summit, the Grand Valley Faculty Board of Diversity and Inclusion, the Grand Valley Teach-In, the Midwest Bisexual Lesbian Gay Transgender Asexual College

Conference, the Grand Valley ARF Department Diversity Training, and The Grand Valley SexEd Fair

Leadership Activities

Co-facilitator of Ace of Clubs at the Milton E. Ford LGBT Resource Center

Activities and Awards

Distinguished Delegation for the representation of Palestine on the Palestinian Affairs Committee at the Michigan Model Arab League

Internships and Practicum Experiences

Interning with the Bill Saxton for State Representative Campaign

Greatest Accomplishment while at Grand Valley

The opportunity to work with others to create workshops and presentations to educate people on topics I am passionate about.

Plans after Graduation

I am hoping to work on a 2020 election campaign and then work in an elected official's office or in government.



Megan Yoshida

Major: *Biomedical Sciences with a minor in Anthropology*

Senior Project

The Current State of Research on the Association between Diet and Dental Health with Proposal for future research on the link between veganism/vegetarianism and the development of dental carries

My senior project was a literature review as well a research proposal that I plan to take with me to graduate school about the correlation between diet and dental health.

Leadership Activities

I was the President of the Student Athlete Advisory Committee which aims to bridge the relationship between student-athletes and NCAA administration. We also set a goal to raise \$10,000 annually for the Make-A-Wish Foundation. Last year we raised over \$12,000!

Activities and Awards

Student Athlete on the Varsity Women's Lacrosse Team

Study Abroad Experience(s)

Atlantis Medical Study Abroad Program in Bergamo, Italy, Summer of 2018

Greatest Accomplishment while at Grand Valley

My greatest accomplishment was being able to learn and compete at the highest level during my time at Grand Valley.

Plans after Graduation

I plan to attend graduate school in either the dental sciences or anesthesiology.



Emily Zeliasko

Major: *Biology with a minor in Business General*

Senior Project

***Building a stronger community within the Honors College:
Expansion of a Student-Led Mentor Program***

Along with Kayleigh Thomas, I presented the improvements that we made in the program at the IUPUI National Mentoring Symposium. I then presented at the Brooks College start-up meeting, and created a new integration and community building activity to be implemented during future Welcome Days.

Research and Presentations

I completed 3 years of undergraduate parasitology research studying Rhesus macaques with Dr. Joseph Jacquot.

Leadership Activities

I served as an honors mentor for 3 years, and as a member of the Honors Mentor Council for 2 years- acting as the Council President from 2018-2019.

Activities and Awards

I was nominated for the "I am GV" student leadership award by 3 faculty members in 2019 and 2020.

Internships and Practicum Experiences

I was a summer veterinary assistant intern at BluePearl Veterinary Partners in Auburn Hills, MI during summer 2018 and 2019. I was also the North American animal care intern at the John Ball Zoo in Grand Rapids during the Winter 2020 semester.

Greatest Accomplishment while at Grand Valley

I think that my greatest accomplishment at Grand Valley is the connections that I have made with my peers and faculty/ staff members. I have enjoyed getting to know as many people as possible, and will forever be thankful for the connections that I have made.

Plans after Graduation

After graduation, I plan to apply to veterinary school for admission in August 2021. During the time in-between, I will continue to work at an emergency animal clinic, and volunteer at the John Ball Zoo and Crash's Landing cat shelter.



Claire Zuwala

Major: *Hospitality Tourism Management with a minor in Advertising & Public Relations*

Senior Project

Save the Planet, Travel Costa Rica.

My project is a brochure about sustainability in Costa Rica in relation to Tourism. I did research on my Study Abroad trip in the spring of 2019.

Research and Presentations

Presented at the Undergraduate Research Fair.

Leadership Activities

President of the GVSU Chapter of the Professional Convention Management Association

Activities and Awards

Attended the Pure Michigan Governor's Conference on Tourism twice, and the PCMA Convening Leaders Conference twice as well.

Study Abroad Experience(s)

Geotourism and Adventure Tourism in Costa Rica (Spring 2019)

Internships and Practicum Experiences

Internships: Flint & Genesee Convention & Visitors Bureau, Electric Forest Music Festival (twice), CS Events LLC. Planned First Winter Majors Fair for class.

Greatest Accomplishment while at Grand Valley

My greatest accomplishment while at Grand Valley was seizing every available opportunity and experience that I could. GVSU presented so many opportunities like studying abroad and certain internships that I wouldn't otherwise do. My greatest accomplishment was doing everything I never thought I could.

Plans after Graduation

I was accepted an internship in the Experience Department at Byrne Electrical Solutions for the summer. After the internship, I hope to either grow with the company or get an event coordinator position in a nonprofit.