

# PREPROFESSIONAL NEWSLETTER

College of Liberal Arts & Sciences  
Academic Advising Center

October 2020 | FAQs and Experience Spotlights



## Preparing for your Appointment

### Common Questions for Appointments

When you attend an advising appointment, it is helpful to make the most of your time by jotting down a few questions to go over with your advisor. Here are some common questions based on where students are in their programs to help you get started!

#### First Years:

- How do I join on-campus clubs and look for volunteer opportunities?
- How do I get connected to the CLAS Advising Center updates?
- How can I adjust to campus and succeed in my classes?

#### Second Years:

- Where can I find contacts who are willing to let me shadow?
- Where can I go to look up opportunities for clinical experience?
- How can I get involved in undergraduate research?
- What does it look like to develop connections with faculty?

#### Third and Fourth Years:

- How can I best plan/prep for my professional school exam?
- What deadlines and timelines should I be aware of if I plan to apply for a professional program soon?
- What are some gap year opportunities I should be looking into?

Looking for more? Check out our co-curricular maps located on each of the [pre-professional pages](#) online.

## Spotlight: Inside Healthcare



Credit: Pine Rest Christian Mental Health Services

### Pine Rest:

Pine Rest is one of the largest free-standing behavioral health providers in the nation. It offers inpatient hospitalization in our 198 bed inpatient hospital, outpatient counseling (through 17 clinics as far north as Traverse City and as far south as Portage), addiction treatment, consultation liaison—psychiatry and psychology, and Community & Residential programs which provide services to a variety of populations including DD, at-risk youth, the homeless, and many more.

The life changing moments created at Pine Rest are made possible through our passionate staff in a variety of roles spanning from Psychiatric Technicians, Registered Nurses, Support Staff, masters-level social workers and various additional disciplines.

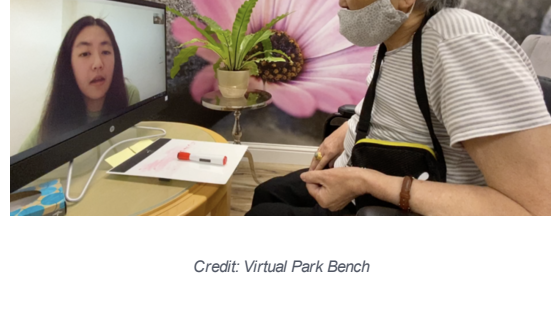
Pine Rest is currently hiring entry level positions (Psychiatric Technician) from full time to part time and even per diem (on-call). We are looking for individuals that have a calling to serve others and want to make a lasting impact in the mental health field. Through our 3 week paid training period you learn vital skills such as CPR/First Aid, de-escalation training, signs and symptoms of psychiatric distress and how to always treat others with love, respect and patience. There are opportunities to work with all populations from adolescent to older adult and we are excited to speak with you if you think you may be a great fit!

All open positions are posted at [PineRest.org/careers](https://PineRest.org/careers) and for entry level interest.

Please contact Jacob Haseley at [Jacob.Haseley@PineRest.org](mailto:Jacob.Haseley@PineRest.org), or the Talent Acquisition Team at [TalentAcquisition@PineRest.org](mailto:TalentAcquisition@PineRest.org)

### Virtual Park Bench:

In the current COVID-19 Pandemic, business and organizations are offering creative ways for students to still remain active in their communities while following social distancing guidelines. Virtual Park Bench is one of those organizations.



Credit: Virtual Park Bench

According to their website, "Virtual Park Bench has partnered with nursing homes to deliver virtual social opportunities for seniors. Based on each nursing home's language preferences and schedule, we pair volunteers to engage in 1-1 virtual conversations. From playing a game of bingo to sharing life stories to talking about the weather, volunteers are bringing joy and energy into senior residents' lives."

Distinctive qualities found in Virtual Park Bench volunteers:

- **Non-English languages** to connect with seniors in their most comfortable language
- **Empathy** in connecting with seniors and being a conversation friend in topics they care most about
- **Patience** in working with nursing home staff and diverse groups of seniors
- **Technology assistance** to help setup video conferencing technology and resolve technical issues

Interested? Click [here](#) to apply!

## Upcoming Events

### MOCK MMI

Oct. 1st from 5p - 7p  
Oct. 5th from 5p - 7p

### HEALTHCARE EXPERIENCE PANEL

Oct. 6th at 4:00p

### GRE WORKSHOP

Beginning Oct. 14th  
Cost: \$15

### GRADUATE SCHOOL FAIR

October 21st from 10a-1p

### WHAT 1ST & 2ND YEAR PREPROFESSIONAL STUDENTS NEED TO KNOW

October 28th at 3:00p

### MI MEDICAL SCHOOLS ADMISSION DIRECTORS PANEL (MMED)

Nov. 9th from 7p  
Virtual Event

### MSU EAP VIRTUAL CAMPUS VISIT

Nov. 10th from 7p

### MAJORS FAIR

Nov. 12th  
TBA

### DAT STRATEGY SESSION

Nov. 17th  
TBA

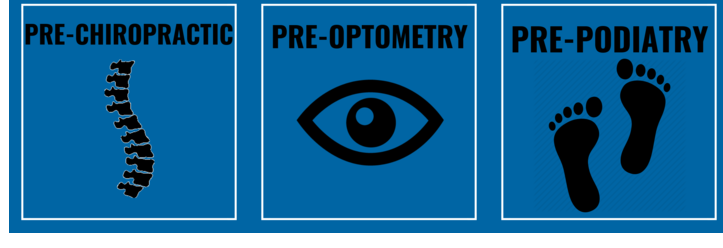
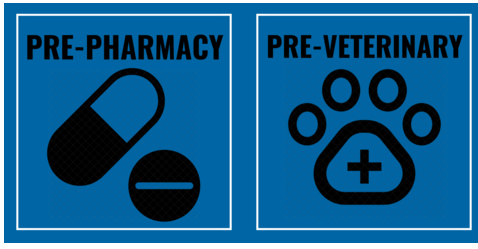
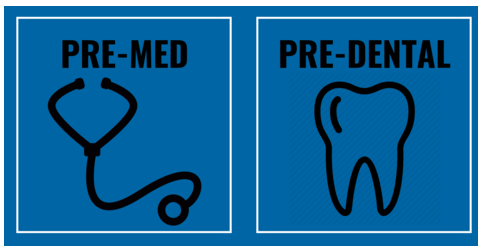
### Looking for more opportunities in healthcare?

Check out our list of organizations that offer volunteer and paid opportunities. Virtual volunteer and healthcare options available.

[Healthcare Volunteering & Experience](#)

## Google Groups

*Don't forget to sign up for the Google Group relating to your pre-professional area. These are a great way to stay informed on the latest in your field and connect with one another!*



## How to Connect

The CLAS Academic Advising Office will be operating virtually for the foreseeable future but that doesn't mean that we aren't still just a phone call, email, or Zoom session away!

To connect with your advisor, you can [schedule an appointment](#), or reach out to them [via email](#).

We are here to help and look forward to lots of great interactions with you!

## Schedule an Appointment

### WAYS TO SCHEDULE AN APPOINTMENT

1. Via **Navigate** - our online scheduling system
2. Call our office at: 616-331-8585
3. Visit our virtual front desk via **Zoom** (Open 8-5)
4. Emailing us at: [advstu@gvsu.edu](mailto:advstu@gvsu.edu)

### Additional Resources & COVID-19 Information

Explore [additional](#) CLAS Advising Resources.

For updates on the COVID-19 pandemic, visit [Lakers Together](#).

Don't forget to follow us on social media!

