



Julie Mattox
Assistant Director



Brian Eikenhout
Senior Academic Advisor



Alexis Schewe
Senior Academic Advisor



Dani Lauer
Academic Advisor



Holly Lorenz
Academic Advisor



Alexis Gunn
Graduate Assistant



Linda Raynard
Graduate Assistant



Alison Slusarczyk
Advising Assistant

Advice from Advisors

Words of Wisdom from our PreProfessional Advisors

Alexis Schewe: "One of my favorite quotes is 'Don't sacrifice the present for the perceived future.' As a preprofessional student its easy to get caught up in future planning. Enjoy your time at GVSU, and the journey you are on!"

Julie Mattox: "There may be times when you feel alone, or that everyone else has it figured out when you are feeling like you don't. If you find yourself feeling like this, just know that you are NOT alone. Reach out to someone and talk about how you are feeling, whether that be your RA, a counselor, or an academic advisor (like one of us!). We can get you the right resources to help you be successful."

Dani Lauer: "Make sure to try new things and put yourself out there! Take extra steps to make connections with professors, advisors, and other students in your classes. Developing strong relationships will take you far throughout your time at GV and into your future profession!"

Brian Eikenhout: "Shadow early and often. You want to be confident in your decision to pursue professional school and seeing it first-hand is the best way to find out. Don't wait until your third year to explore these options."

Holly Lorenz: "You cannot be a successful student without first taking care of who you are as a person. This means making time to eat nutritious meals, sleep, play, rest, and socialize. There's a lot of pressure to give in to burnout culture but it's shown that students who take care of their needs are more successful academically. This balance looks different for everyone too so try not to compare yourself to your peers. My secondary advice is that the smartest students are the ones who ask for help when they need it!"

Transitions

As we head back to campus, we would like to meet our **first-year and transfer** students. We encourage you to join us at [Transitions!](#)

Transitions Presentation: Thursday, August 25th at 4:30 pm
Kirkhof Center - Pere Marquette (2204)

- Come meet the PreProfessional Advising Team!
- Learn about what it means to be a preprofessional student at GV and the resources and events we offer to aid you!

Some of our PreProfessional clubs (i.e. Premed Club, Predental Club, etc.) will be joining us after the presentation to give you an opportunity to network and get signed up for their email list to get more information ahead of Campus Life Night!

How to Connect

Our office will have drop-in advising appointments from 9 am - 4 pm on Monday, Aug. 29 - Friday, Sept. 1. Drop-in advising is on a first-come, first-served basis. This drop-in availability is for students who have urgent needs for the FALL 2022 semester. If you need to make adjustments to the Winter 2023 semester or discuss future planning, please make an appointment for the 2nd week of the semester or beyond.

Appointments for the 2nd week and beyond can be made online via [Navigate](#). You can find resources about scheduling in-person, virtual, and phone appointments by going to the [Navigate Resources page](#). In addition, you can reach us by phone at (616) 331-8585 or by email at advstu@gvsu.edu.

Our front desk is open from 8:00 a.m. - 5:00 p.m., Monday – Friday.

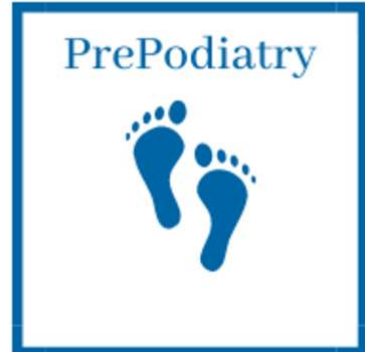
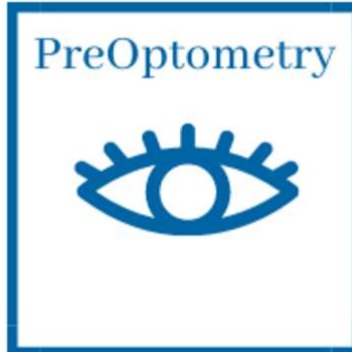
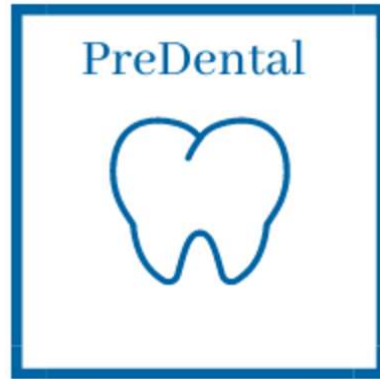
To connect with your advisor, you can [schedule an appointment](#), or reach out to them [via email](#). We are here to help and look forward to lots of great interactions with you!

Follow Us on Social Media



Google Groups

Don't forget to sign up for the Google Group relating to your PreProfessional area. These are a great way to stay informed on the latest in your field and connect with one another!



Additional Resources

[Academic Support](#)

[Choose a Major - Self-Guided](#)

[Graduate Records Exam \(GRE\)](#)

[Student Support Services](#)

[University Policies](#)

[Study Abroad](#)

[New Students](#)

For updates on the COVID-19 pandemic, visit [Lakers Together](#).

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