# PRE-OPTOMETRY

## Cocurricular Map

### FIRST YEAR
- **Get Involved in the Community**
  - Attend [Campus Life Night](#).
  - Join the Pre-Optometry Club and/or other clubs of interest.
  - Attend [the Non-Profit Volunteer Fair](#).
  - Visit [Student Employment](#) website for student employment opportunities.
  - Find a volunteer experience.
  - Gain clinical experience through [optometry shadowing opportunity](#).
- **Expand Skills Beyond the Classroom**
  - Attend [the Majors Fair](#).
  - Visit the Student [Academic Success Center](#).
  - Make an appointment with Academic Advisor.
- **Prepare for Success**
  - Attend [Campus Life Night](#).
  - Join the Pre-Optometry Club and/or other clubs of interest.
  - Attend [the Non-Profit Volunteer Fair](#).
  - Visit [Student Employment](#) website for student employment opportunities.
  - Find a volunteer experience.
  - Gain clinical experience through [optometry shadowing opportunity](#).
  - Attend [the Majors Fair](#).
  - Visit the Student [Academic Success Center](#).
  - Make an appointment with Academic Advisor.

### SECOND YEAR
- **Get Involved in the Community**
  - Attend [Student Scholars Day](#).
  - Connect with faculty members.
- **Expand Skills Beyond the Classroom**
  - Consider leading a [Registered Student Organization](#).
- **Prepare for Success**
  - Attend [Campus Life Night](#).
  - Join the Pre-Optometry Club and/or other clubs of interest.
  - Attend [the Non-Profit Volunteer Fair](#).
  - Visit [Student Employment](#) website for student employment opportunities.
  - Find a volunteer experience.
  - Gain clinical experience through [optometry shadowing opportunity](#).
  - Attend [the Majors Fair](#).
  - Visit the Student [Academic Success Center](#).
  - Make an appointment with Academic Advisor.

### THIRD YEAR
- **Get Involved in the Community**
  - Consider leading a [Registered Student Organization](#).
- **Expand Skills Beyond the Classroom**
  - Take advantage of [Study Abroad](#) opportunities.
  - Participate in undergraduate research.
- **Prepare for Success**
  - Attend [Campus Life Night](#).
  - Join the Pre-Optometry Club and/or other clubs of interest.
  - Attend [the Non-Profit Volunteer Fair](#).
  - Visit [Student Employment](#) website for student employment opportunities.
  - Find a volunteer experience.
  - Gain clinical experience through [optometry shadowing opportunity](#).
  - Attend [the Majors Fair](#).
  - Visit the Student [Academic Success Center](#).
  - Make an appointment with Academic Advisor.

### FINAL YEAR
- **Get Involved in the Community**
  - Join the [Alumni Association](#).
- **Expand Skills Beyond the Classroom**
  - Attend [the Career Fair](#).
  - Apply to [graduate].
- **Prepare for Success**
  - Attend the [Career Fair](#).
  - Make an appointment with Academic Advisor.

### MAXIMIZE your degree
- Join the [American Optometry Association](#).
- **Add a Minor:**
  - Aging and Adult Life
  - Biology
  - Business
  - Cell and Molecular Biology
  - Chemistry
  - Classics - Latin or Greek
  - Psychology
  - Sociology
  - Spanish (or any foreign language)
- **Add a Certificate:**
  - Medical and Health Humanities Certification
  - Inter-Cultural Competence Certification
- **Suggested Electives:**
  - AHS 101
  - BIO 355 or 375+376
  - BIO 422
  - BMS 450
  - BMS 410
  - CIS 150
  - CMB 405
  - COM 201
  - PSY 364
  - SOC 386
- **Present research at Student Scholars Day.**
- **Present research at a national meeting.**
- **Publish research.**