

PRE-OPTOMETRY

Cocurricular Map

FIRST YEAR

SECOND YEAR

THIRD YEAR

FINAL YEAR

Get Involved in the Community

Attend [Campus Life Night](#).
Join the [Pre-Optometry Club](#) and/or other clubs of interest.
Attend [the Non-Profit Volunteer Fair](#).

Attend [Student Scholars Day](#).
Connect with faculty members.

Consider leading a [Registered Student Organization](#).

Join the [Alumni Association](#).

Expand Skills Beyond the Classroom

Visit [Student Employment](#) website for student employment opportunities.
Find a [volunteer experience](#).
Gain clinical experience through a [optometry shadowing opportunity](#).

Consider [studying abroad](#) this summer.
Gain experience through an [internship](#).

Take advantage of [Study Abroad](#) opportunities.
Participate in [undergraduate research](#).

Present research at [Student Scholars Day](#).
Present research at a [national meeting](#).
Publish [research](#).

Prepare for Success

Attend the [Majors Fair](#).
Visit the [Student Academic Success Center](#).
Make an appointment with [Academic Advisor](#).

Look into [graduate programs](#).
Attend the [Undergraduate Research Fair](#).
Visit the [Career Center](#).
Attend the [Study Abroad Fair](#).
[Network](#) with Alumni and other professionals.
Make an appointment with [Academic Advisor](#).

Apply for [Scholarships and Fellowships](#).
Prepare for the OAT.
Collect [letters of recommendation](#).
Students should begin the optometry school application process approx. two years before they hope to be enrolled. Check out the [Application Process Timeline](#) for more information.
Make an appointment with [Academic Advisor](#).

Attend the [Career Fair](#).
Apply to [graduate](#).
Make an appointment with [Academic Advisor](#).

MAXIMIZE your degree

Join the [American Optometry Association](#).

Add a Minor:

[Aging and Adult Life](#)
[Biology](#)
[Business](#)
[Cell and Molecular Biology](#)
[Chemistry](#)
[Classics - Latin or Greek](#)

[Psychology](#)
[Sociology](#)
[Spanish \(or any foreign language\)](#)

Add a Certificate:

[Medical and Health Humanities](#)
[Certification](#)
[Inter-Cultural Competence](#)
[Certification](#)

Suggested Electives:

[AHS 100](#)
[BIO 355 or 375+376](#)
[BIO 422](#)
[BMS 450](#)
[BMS 410](#)
[CIS 150](#)
[CMB 405](#)
[COM 201](#)
[PSY 364](#)
[SOC 386](#)