

PRE-MED

Cocurricular Map

FIRST YEAR

SECOND YEAR

THIRD YEAR

FINAL YEAR

Get Involved in the Community

Attend [Campus Life Night](#).
Join the [pre-med club](#) and/or other clubs of interest.
Attend [the Non-Profit Volunteer Fair](#).

Attend [Student Scholars Day](#).
Connect with faculty members.

Consider leading a [Registered Student Organization](#).

Join the [Alumni Association](#).

Expand Skills Beyond the Classroom

Visit [Student Employment](#) website for student employment opportunities.
Find a [volunteer experience](#).
Gain clinical experience through a [medical shadowing opportunity](#).

Consider [studying abroad](#) this summer.
Gain experience through an [internship](#).

Take advantage of [Study Abroad](#) opportunities.
Participate in [undergraduate research](#).

Present research at [Student Scholars Day](#).
Present research at a [national meeting](#).
Publish [research](#).

Prepare for Success

Attend the [Majors Fair](#).
Visit the Student [Academic Success Center](#).
Make an appointment with [Academic Advisor](#).

Look into [graduate programs](#).
Attend the [Undergraduate Research Fair](#).
Visit the [Career Center](#).
Attend the Study Abroad Fair.
[Network](#) with Alumni and other professionals.
Make an appointment with [Academic Advisor](#).

Apply for [Scholarships and Fellowships](#).
Prepare for the MCAT.
Collect [letters of recommendation](#).
Students should begin the medical school application process approx. two years before they hope to be enrolled. Check out the [Application Process Timeline](#) for more information.
Make an appointment with [Academic Advisor](#).

Attend the [Career Fair](#).
Apply to [graduate](#).
Make an appointment with [Academic Advisor](#).

MAXIMIZE your degree

Add a Minor:

Aging and Adult Life
Biology
Business
Cell and Molecular Biology
Chemistry
Classics - Latin or Greek
Psychology
Sociology
Spanish (or any foreign language)

Add a Certificate:

Medical and Health Humanities
Certification
Inter-Cultural Competence
Certification

Suggested

Electives:

AHS 100
ART 245 or 270
BIO 328
BMS 450
BMS 410
BMS 460
CIS 150
CMB 405
COM 201
SPA 304
STA 215
Additional PSY/SOC courses