

**Grand Valley State University**  
**CLAS Academic Advising Center**  
**C-1-140 Mackinac Hall**  
**616-331-8585**

**Teaching Endorsement Planned Program**  
**Health and Physical Education major (K-12 PE and 6-12 Health)**

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

Email Address: \_\_\_\_\_ G#: \_\_\_\_\_

Transfer Institution(s): \_\_\_\_\_

Key:      ✓ - Completed or In Progress      W - Waived      Highlighted - Still Needs to be Completed

**Health and Physical Education – Required Courses**

Course Number	✓	Course Name	Credits	Completed	Scheduled	Grade	Quality Points
BMS 105		Basic Nutrition	3				
BMS 202		Anatomy and Physiology	4				
FIT 150 or 151		Swimming: Strokes and Drills or Fitness Swimming	1				
HPE 195		Intro. to Teaching Health and Phys. Education	3				
HPE 200		Methods of Teaching Dance	2				
PED 207		Personal Health and Wellness	3				
HPE 220		Methods of Teaching Net/Wall/Target Activ.	2				
HPE 230		Methods of Teaching Invasion Games	2				
HPE 240		Methods of Teaching Health Related Fitness	3				
HPE 260		Methods of Teaching Outdoor Pursuits	3				
HPE 264		Meth. of Teach. Early Child. Mov. & Health	2				
HPE 270		Methods of Teaching Skill-Based Health Ed.	3				
HPE 272		Methods of Teaching Reproductive Health	2				
HPE 301		Methods of Teaching Secondary Health Ed.	3				
HPE 302		Methods of Teaching Adapted Physical Ed.	3				
HPE 306		Methods of Teaching Elementary PE	3				
HPE 307		Methods of Teaching Secondary PE	3				
HPE 401		Professionalism in Health and PE (Capstone)	3				
MOV 101		Foundations of Human Movement Science	3				
MOV 304		Introduction to Exercise Physiology	3				
MOV 310		Motor Skill Development	3				
SOC 252		Sociology of Drug Use and Abuse	3				
HPE 309		Assessment in Health and Physical Education	3				
MOV 300		Kinesiology	3				
STA 215		Introductory Applied Statistics	3				

**Notes:**

---



---



---

**Substitutions, Equivalencies, and Waivers Approved By:** \_\_\_\_\_ Date: \_\_\_\_\_

**Prepared By:** \_\_\_\_\_ Date: \_\_\_\_\_

**Academic Departmental Approval (Pending Completion of Highlighted Requirements):** \_\_\_\_\_ Date: \_\_\_\_\_