

DES MOINES  
UNIVERSITY  
MEDICINE & HEALTH SCIENCES

DOCTOR OF  
OSTEOPATHIC MEDICINE

# OUR REPUTATION MEANS YOUR SUCCESS

Des Moines University's Doctor of Osteopathic Medicine (D.O.) Program offers students the top advantages in medical education. Our expert, experienced faculty welcome student interaction with their open-door policy. The rigorous curriculum and state-of-the-art facilities give students a solid foundation and preparation for success. DMU's diverse research enterprise stimulates collaboration and discovery. Students also enjoy a collegial, supportive community of students and faculty who are engaged in learning and service.

The four years of study are divided into pre-clinical and clinical phases. The first year focuses on fundamental scientific principles that form the foundation of medicine. The second year builds on that with an integrated organ system approach encompassing basic and clinical sciences. In the third and fourth years, students are fully immersed in clinical training in rotations in diverse practice settings.

## AN OSTEOPATHIC APPROACH

Osteopathic physicians offer patients the most comprehensive care available. In addition to being trained to practice in all medical specialties and settings, they emphasize whole-body health and training in osteopathic manual medicine, which is the ability to use one's hands to diagnose, treat and prevent various conditions, illness and injury. This noninvasive set of skills adds a proven, effective dimension to standard patient care.

## GRADUATE AMONG THE BEST

Consistently high student outcomes in board exam scores, pass rates and residency placement are among the advantages of DMU's D.O. program. All DMU programs are in medicine and the health sciences, which creates opportunities for collaboration and interprofessional learning.

## INNOVATIVE TEACHING

- Students develop clinical, communication and interprofessional teamwork skills in **DMU's Simulation Center**. It combines real-world clinical scenarios with lifelike mannequins and equipment, allowing



students to perform hands-on assessments and procedures.

- The **Standardized Patient Lab** enables students to interact with and examine people who are trained to portray a variety of medical conditions. Students review videos of their patient encounters and learn from evaluations by faculty and "patients."
- The **Surgery Skills Lab** includes procedural task trainers, a computer lab, an operating room lab with scrub stations, laparoscopic surgical task trainers and other specialized equipment.
- In the **anatomy lab**, students dissect and analyze cadavers at 43 stations, each equipped with a 40-inch flat screen monitor,

connected to an iPad that offers instructions linked to anatomical images online.

- Clinical students begin learning how to use **ultrasound technology** in their first year of study.

## STRETCH YOUR HORIZONS

DMU offers students many ways to maximize their time in medical school. The University offers a **one-year fellowship** in osteopathic manual medicine in addition to the four-year curriculum. Students in the program become highly skilled in this

**98.1%**  
COMLEX Level 1 pass rate  
(Class of 2022)

**99.4%**  
COMLEX Level 2-CE  
pass rate (Class of 2021)

Number of medical  
specialties represented  
by the Class of 2020

**16**

## DOCTOR OF OSTEOPATHIC MEDICINE PROGRAM

ACADEMIC YEAR 2021-2022; CLASSES OF 2022-2025

	2021						2022																	
	JUL	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN												
YEAR 1 CLASS OF 2025	<div><div>BLOCK 1</div><div>Anatomy Biochemistry Clinical Medicine Medical Cell Biology Medical Ethics OMM Physicianship</div><div>ASSESSMENT WEEK FLEX/RETEST WEEK</div><div>BLOCK 2</div><div>Anatomy Biochemistry Clinical Medicine Medical Cell Biology Medical Ethics Medical Informatics OMM Physicianship</div><div>ASSESSMENT WEEK FLEX/RETEST WEEK</div></div> <div>Also: Professional Certifications I A</div>						<div><div>BLOCK 3</div><div>Anatomy Clinical Medicine Immunology Medical Informatics Medical Physiology Microbiology OMM Pathology Physicianship</div><div>ASSESSMENT WEEK FLEX/RETEST WEEK</div><div>BLOCK 4</div><div>Clinical Medicine Medical Physiology Microbiology Neuroanatomy OMM Pathology</div><div>ASSESSMENT WEEK FLEX/RETEST WEEK</div></div> <div>Also: Fundamentals of Patient Safety I, Professional Certifications I B</div>																	
	YEAR 2 CLASS OF 2024	<div><div>BLOCK 1</div><div>Cardiovascular Clinical Reasoning Hematology Respiratory OMM Pharmacology</div><div>ASSESSMENT WEEK FLEX/RETEST WEEK</div><div>BLOCK 2</div><div>Clinical Reasoning Neurology OB-gyn OMM Psychiatry Pharmacology Renal</div><div>ASSESSMENT WEEK FLEX/RETEST WEEK</div></div> <div>Also: Basic Surgical &amp; Medical Skills, Early Clinical Experiences A, Professional Certifications I A, Fundamentals of Patient Safety I A</div>						<div><div>BLOCK 3</div><div>Clinical Reasoning Endocrine Gastrointestinal Nutrition Basics OMM PMN</div><div>ASSESSMENT WEEK FLEX/RETEST WEEK</div><div>BLOCK 4</div><div>Clinical Reasoning Ethics Geriatrics Infectious Disease Pharmacology *Specialty Medicine</div><div>ASSESSMENT WEEK FLEX/RETEST WEEK</div></div> <div>Also: Basic Surgical &amp; Medical Skills, Early Clinical Experiences B, Professional Certifications II B</div>																
YEAR 3 CLASS OF 2023		<div><div>Clinical Rotations 40 weeks</div><div><ul style="list-style-type: none"><li>Family medicine, general surgery, general internal medicine, pediatrics, OB/GYN, psychiatry – 28 weeks</li><li>Rotations in medical and surgical subspecialties and emergency medicine – 8 weeks</li><li>Selective rotations – 4 weeks</li></ul></div></div> <div>Also: Osteopathic Manual Medicine III A and Intro to Health Systems &amp; Policy</div>												<div>Also: Osteopathic Manual Medicine III B</div>										
	YEAR 4 CLASS OF 2022	<div><ul style="list-style-type: none"><li>Inpatient medicine, emergency medicine, community medicine, rural medicine or international medicine – 12 weeks</li><li>Elective rotations – 28-32 weeks</li><li>Clinical rotations – 40 weeks</li></ul></div> <div>Also: Comprehensive Clinical Assessment and Osteopathic Manual Medicine IV A</div>												<div>Also: Osteopathic Manual Medicine IV B</div>										
Curriculum schedule subject to change. * Specialty Medicine includes ENT, Dermatology, Rheum/Ortho, and Ophthalmology																								

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Enhancement helps students improve learning, studying and time management skills. The Student Counseling Center is a free service for students seeking coping skills and mental health resources.

**More than 40 clubs and professional organizations** offer opportunities to learn,

powerful form of hands-on care.

The **Global Health Program**, when and where it is safe, offers short-term service trips, research internships and rotations at sites around the world. These experiences allow students to see patients in underserved areas and learn firsthand about the social determinants of health.

On campus, students and faculty conduct **research** on a variety of topics and frequently present their findings at state, regional and national conferences. These experiences add depth and breadth to classroom knowledge and give students a clear picture of how research affects the roles and practice of health care professionals. Students also have opportunities to present their research at the annual DMU Research Symposium.

### A WORLD OF DIFFERENCE

DMU is committed to fostering students' cultural competency, equipping them to

serve patients in our increasingly diverse society. The Office of Multicultural Affairs offers many opportunities to learn, interact and share open, frank and insightful dialogue on topics relating to diversity.

### DIVERSIFY YOUR DEGREE

Osteopathic medical students at DMU can pursue a **master's degree** in health care administration, public health or anatomy or a master's or doctoral degree in biomedical sciences. This option expands students' knowledge, skills and leadership abilities, enhancing their patient care and career opportunities.

### A GREAT PLACE TO LIVE AND LEARN

Students praise DMU for its **supportive and engaging environment** focused on student success. The Center for Educational

network and explore career paths. DMU students and faculty are highly involved in **community service**, from staffing the annual 50 and Better Health Fair for older adults and Girls Exploring Medicine and Science (GEMS) on campus to volunteering at local hospitals, shelters, schools and more.

The University lives its commitment to holistic health every day. DMU is the nation's only college or university to earn platinum status from the Wellness Councils of America for its wellness program. The on-campus **Wellness Center** is open daily and offers fitness classes, intramural sports, a full gym, running track, a wide variety of fitness equipment and regular classes in its teaching kitchen. Greater Des Moines also offers a wealth of outdoor options, including parks, trails, lakes and much more.

**HANDS-ON, RELEVANT AND REAL-WORLD:**  
DMU'S D.O. PROGRAM WILL PREPARE YOU FOR A REWARDING CAREER.

## HOW TO APPLY:

Apply through the American Association of Colleges of Osteopathic Medicine Application Service (AACOMAS). Applications become available each year in May for the class that begins the next year's fall term. The application deadline is March 1; however, due to rolling admission, it is recommended to apply early.

## D.O. PROGRAM ADMISSION REQUIREMENTS:

- ✓ **Bachelor's degree** from a regionally accredited college or university
- ✓ **Cumulative and science GPAs of 2.8** and higher are highly recommended
- ✓ Completion of the following courses prior to matriculation:
  - **Biology/Zoology** – 8 semester hours, preferably with lab
  - **General Chemistry** – 8 semester hours, preferably with lab
  - **Organic Chemistry** – 4 semester hours, preferably with lab
  - **Biochemistry** – 3 semester hours
  - **Physics** – 8 semester hours, preferably with lab (may also substitute 3 semester hours of Statistics)
  - **English, English Composition, Speech or Literature** – 6 semester hours
- ✓ **MCAT score submitted through AACOMAS**
- ✓ **Three letters of recommendation** – one from a D.O. or M.D. and two academic/science letters or one committee letter
- ✓ **U.S. citizenship or permanent resident status**

# DES MOINES UNIVERSITY

MEDICINE & HEALTH SCIENCES

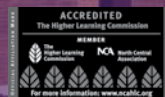
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515-271-1499

[www.dmu.edu/admission](http://www.dmu.edu/admission)

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# BECAUSE OF WHERE YOU WANT TO GO AFTERWARD

Your ultimate goal is to become an exceptionally well-prepared health care professional. At DMU, you will learn with faculty and students who all share a common focus on medicine and the health sciences. You will become ready for both autonomous and interprofessional practice in providing the highest quality of care.

As a student, you will enjoy the amenities and affordability of Iowa's capital, Des Moines. Learn more at [www.catchdesmoines.com](http://www.catchdesmoines.com).

