

# ENCOMPASS OVERVIEW: NAVIGATING THROUGH COVID-19

Hello All! We wanted to make sure that you are aware that ENCOMPASS is offering services to support all employees as we are navigating through the current global pandemic.

- **Counseling Services** – These can be accessed by way of telephonic and video formats currently. Additionally, they can be scheduled and on-going but we wanted to remind you that ENCOMPASS also has counselors available to provide you in the moment support 24/7!
- **Life Coaching** – These services are available to you and while similar to counseling services are designed more to enhance skills and help avoid problems from developing. I say it's very much like the difference between needing a life ring as a rescue and putting on a life jacket before we jump in the water!
- **WorkLife Tools and Personal Assistant** – We can support you in finding ways to make life easier, whether that is looking for tools and resources to take some daily items off of your to-do list, or locating a resource such as a home delivery meal services or finding a local repair service.
- **Financial and Legal WebTools** – Consultation includes a free 30-minute consultation per issue with an Attorney or Financial Planner and a 25% discount on legal services, if more time is required, as well as education and resources such as financial calculators and legal form templates
- **Medical Advocacy** – Lends a hand with the many aspects of family health care. You and your family members have access to a Medical Advocate who can answer questions regarding specific treatment options, secure appointments with specialists and help answer questions related to insurance matters. ENCOMPASS' case managers are experienced in coordinating with health insurance representatives, social workers, claim representatives, pharmaceutical companies, doctor's offices and nurses.
- **Web Tools** – Also please be sure to check out all the services that we offer on our WorkLife website at [MyLifeExpert.com](https://mylifeexpert.com). If you haven't visited the ENCOMPASS site before, please know that you will have to set up a profile the first time – you can click on the upper right side of the site to do this, and you will need to use your company access code. This will allow you to create a unique login and you will receive a verification email from [info@mylifeexpert.com](mailto:info@mylifeexpert.com). If you don't receive this verification email, please be sure to check your junk folder.

**And as always, if you have any questions – just give us a call.**

For online resources, login to Encompass's new website: [MyLifeExpert.com](https://mylifeexpert.com)  
New to My Life Expert? [Learn how to create an account.](#)

Call: 800-788-8630 | Visit: [MyLifeExpert.com](https://mylifeexpert.com) | Company Code: gvsuni