

2021-2022  
**A YEAR IN REVIEW**

JULY 1, 2021 - JUNE 30, 2022



UNIVERSITY  
**COUNSELING CENTER**  
STUDENT AFFAIRS

**MISSION:** To enhance the healthy development of our diverse Grand Valley State University community through prevention and education, psychological services, and consultation.



**UNIQUE NUMBER OF  
GVSU STUDENTS SEEN**

**1,544**

**TOP PRESENTING CONCERNS**

1. Anxiety/stress and related disorders
2. Depression and mood-related disorders
3. Interpersonal/relationship concerns
4. Career and academic issues
5. Trauma/abuse



**7,098**

**APPOINTMENTS  
TOTAL**

**175**  
CRISIS

**6,333**  
INDIVIDUAL

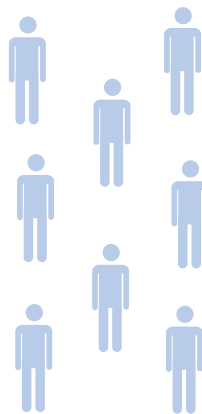
**590**  
GROUP



**2,895**

**MENTAL HEALTH  
SCREENINGS  
COMPLETED**

**141**  
CLIENTS IN  
GROUP  
THERAPY



**466**  
SUICIDE  
PREVENTION  
GATEKEEPERS  
TRAINED



**291**

**MENTAL HEALTH  
WELLNESS PROGRAMS  
PROVIDED**



**413**

**MENTAL HEALTH  
CONSULTATIONS**



**GRAND VALLEY  
STATE UNIVERSITY**