

2019-2020 A YEAR IN REVIEW

JULY 1, 2019 - JUNE 30, 2020

GVSU UNIVERSITY
COUNSELING CENTER
STUDENT AFFAIRS

MISSION: To enhance the healthy development of our diverse Grand Valley State University community through prevention and education, psychological services, and consultation.



**UNIQUE NUMBER OF
GVSU STUDENTS SEEN**

2,077

TOP PRESENTING CONCERNS

1. Anxiety and related disorders
2. Depression and mood-related disorders
3. Stress
4. Interpersonal/relationship
5. Career and academic issues



8,680

**APPOINTMENTS
TOTAL**

1,412
GROUP

244
CRISIS

7,024
INDIVIDUAL

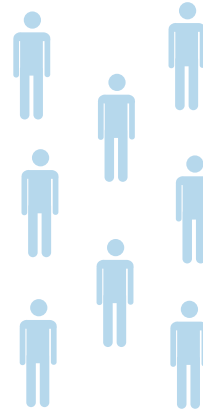


760

**DEPRESSION, EATING
DISORDER, AND
ALCOHOL SCREENINGS**

302

**CLIENTS IN
GROUP
THERAPY**



893

**MENTAL HEALTH
CONSULTATIONS**



618

**MENTAL HEALTH WELLNESS
PROGRAMS PROVIDED**



640

**SUICIDE PREVENTION
GATEKEEPERS
TRAINED**