

2020-2021 A YEAR IN REVIEW

JULY 1, 2020- JUNE 30, 2021



UNIVERSITY COUNSELING CENTER

STUDENT AFFAIRS

MISSION: To enhance the healthy development of our diverse Grand Valley State University community through prevention and education, psychological services, and consultation.



**UNIQUE NUMBER OF
GVSU STUDENTS SEEN**

1,410

TOP PRESENTING CONCERNS

1. Anxiety and related disorders
2. Interpersonal/relationship
3. Depression and mood-related disorders
4. Stress
5. Career and academic issues



8,499

**APPOINTMENTS
TOTAL**

1,444
GROUP

140
CRISIS

6,915
INDIVIDUAL

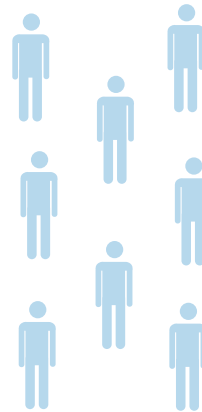


520

**DEPRESSION, EATING
DISORDER, AND
ALCOHOL SCREENINGS**

246

**CLIENTS IN
GROUP
THERAPY**



528

**SUICIDE
PREVENTION
GATEKEEPERS
TRAINED**



636

**MENTAL HEALTH
WELLNESS PROGRAMS
PROVIDED**



553

**MENTAL HEALTH
CONSULTATIONS**

Note: During 2020-2021 services were adapted for virtual access due to the COVID-19 Pandemic.