WHAT IS IT?
Abuse can be physical, sexual, emotional, verbal, or a combination of any or all of these. (Kidshealth.org)

- Unwanted touching or sexual comments
- Purposely ignores phone calls or texts for periods of time to induce anxiety
- Acting superior and putting others down

WARNING SIGNS OF ABUSE
Warning signs can include insults, belittling comments, or purposely ignoring. Abusers might also try to control your life by choosing your friends or how you dress. They are unable to handle sexual and emotional frustrations without becoming angry and may see themselves as smarter or socially superior. They can go through frequent extreme highs and lows, being kind one minute and cruel the next. Their anger and threatening may force you to trying to avoid angering them.

Take a quiz!
Find out if your abuser has changed with this quiz from LoveIsRespect.org.
http://www.loveisrespect.org/is-this-abuse

Abuse facts and figures:
- 1 in 4 dating teens is abused or harassed online or through texts by their partners
- 1 in 3 college women say they have been in an abusive relationship
- 57% of college students who report experiencing dating violence and abuse said it occurred in college

(The National Domestic Violence Hotline - TheHotline.org)