

A large, light blue, stylized graphic of a human brain is positioned in the background, centered behind the text.

**MIND
YOUR
HEALTH**

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UNIVERSITY COUNSELING CENTER

WHO WE ARE:

We are a team of trained professionals committed to improving the mental health of GVSU students through counseling, education, & consultation.

OUR SERVICES:

Short-term Individual Counseling	Alcohol and Other Drugs Services
Group Counseling	Crisis Care and Consultation
Relationship Counseling	Gender Affirmation Services
Outreach Events and Workshops	Community Referral

WE CAN HELP:

Stress Management	Anxiety	Substance Use
Life Transitions	Depression	Relationship Concerns
Identity Exploration	Eating Concerns	And More

LOCATIONS:

ALLENDALE CAMPUS:

206 Student Services

MON - FRI: 8:00a.m. - 5:00p.m.

PEW CAMPUS:

101B DeVos

MON - THURS: 8:00a.m. - 5:00p.m.

(Hours may vary during academic breaks)

CONTACT US:



PHONE: (616) 331-3266

FIND US ONLINE: gvsu.edu/counsel



GVSU University Counseling Center



gvcounseling



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