

**MIND
YOUR
HEALTH**

**MIND
YOUR
HEALTH**

UNIVERSITY COUNSELING CENTER

WHO WE ARE:

We are a team of trained professionals committed to improving the mental health of GVSU students through counseling, education, & consultation.

OUR SERVICES:

Short-term Individual Counseling
Group Counseling
Relationship Counseling
Outreach Events and Workshops

Alcohol and Other Drugs Services
Crisis Care and Consultation
Gender Affirmation Services
Community Referral

WE CAN HELP:

Stress Management
Life Transitions
Identity Exploration

Anxiety
Depression
Eating Concerns

Substance Use
Relationship Concerns
And More

LOCATIONS:

ALLENDALE CAMPUS:
206 Student Services

MON - FRI: 8:00a.m. - 5:00p.m.

PEW CAMPUS:
101B DeVos

MON - THURS: 8:00a.m. - 5:00p.m.
(Hours may vary during academic breaks)

CONTACT US:



PHONE: (616) 331-3266

FIND US ONLINE: gvsu.edu/counsel

- GVSU University Counseling Center
- gvcounseling
- GVSU_Counseling



UNIVERSITY COUNSELING CENTER

WHO WE ARE:

We are a team of trained professionals committed to improving the mental health of GVSU students through counseling, education, & consultation.

OUR SERVICES:

Short-term Individual Counseling
Group Counseling
Relationship Counseling
Outreach and Workshops

Recovery Meetings
Crisis Support and Consultation
Gender Affirmation Services
Community Referral

WE CAN HELP:

Stress Management
Life Transitions
Identity Exploration

Anxiety
Depression
Eating Concerns

Substance Use
Relationship Concerns
And More

LOCATIONS:

ALLENDALE CAMPUS:
206 Student Services

MON - FRI: 8:00a.m. - 5:00p.m.

PEW CAMPUS:
101B DeVos

MON - THURS: 8:00a.m. - 5:00p.m.
(Hours may vary during academic breaks)

CONTACT US:



PHONE: (616) 331-3266

FIND US ONLINE: gvsu.edu/counsel

- GVSU University Counseling Center
- gvcounseling
- GVSU_Counseling

