The Farmers Market has always operated through September in the past. This year, the market is staying open through October 28, to offer more healthy choices to students, faculty, and staff.

In the five years that the Farmers Market has taken place, attendance has increased; more students, faculty, and staff are living healthier lifestyles and supporting their community.

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Healthy and nutritious lunches are made by Campus Dining and sold for $6 at each Farmers Market.

Each summer, Kirkhof College of Nursing Students promotes healthy living by providing blood pressure checks to the public.

Many things are sold at the Farmers Market including: plants, fruits, vegetables, preserves, and baked goods.

Live music accompanies the shoppers at the Farmers Market and encourages the community to interact with one another.

The Farmers Market is a collaborative place, and recipes and food demos are shared each week.

Children are encouraged to take part in the Farmers Market. The Children’s Enrichment Center brings their children to visit and educate them about healthy living.

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Benefits: Wellness Worklife

www.gvsu.edu/healthwellness