We all know that standardized patients (SPs) are frequently required to write a good story but the GVSU Standardized Patient Program has a newsworthy group of employees who bring unique professional experience in story writing (and so much more) to the position.

Quite by accident our program has a contingent of SPs who are all retired from the Grand Rapids Press. At the Press, just like here at GVSU, they performed a number of different roles from reporting and feature writing to copy desk responsibilities.

Tarianne Holtslander notes the irony of once being the person asking the questions to now being in a position where others (students) are asking questions of them.

These newsworthy SPs put their past newspaper days to good work at GVSU. They are able to provide insightful and relevant feedback to students who are learning how to ask questions in order to obtain important information to guide their assessments and decision making. In many ways this unique background is a perfect fit for SP work.

Phil McCabe who also works for the Art Department was the first to join the SP team about four years ago and has been a mainstay of the program ever since. Tarianne Holtslander heard about the program from a friend not associated with the newspaper and applied. She came to work one day to find familiar faces and prior colleagues sitting around the training table getting ready for an event.

Kathy Carrier, the former food editor, was next to the table followed by Sharon Hanks and Amy Shellenberger.

Former copy editor Mike McCarty, is a talented musician and has been an SP for the last several years. He has written four song parodies about his new career as a professional patient. We recorded him debuting his rendition of the Johnny Cash song “I’ve Been Everywhere” modified to “I’ve Had Everything”! The link to that video can be found inside this edition of Roll Call for all to enjoy!

Today this press corps of six is back together, sharing their talents, answering questions rather than asking them and leaving a new legacy of impacting the future of healthcare in West Michigan—one student at a time.

It may well be their best headline yet!!
Parents of our child standardized patients often pose a wide variety of questions. In most cases, the Standardized Patient Program readily supplies answers however, this is not always the case. For example, this past summer Amanda Scott brought in her daughter Ava to work as a child standardized patient. At that time Ava was 5 months old. Amanda raised an all too important question which nearly stumped the SP office; “where can I change Ava’s diaper?”

This is a critical piece of information and the assumption might be that diaper changing tables are available in the restrooms. Lo and behold, a quick trip to the third floor restroom revealed there were none to be had. Further investigation revealed there were no changing tables in any of the restrooms in the entire Cook–DeVos Center for Health Science Building (CHS).

A diaper changing table is probably not a top of mind item for our university students, faculty or staff. However, for a mother with an infant standardized patient, a diaper changing table can be a very important and timely item, especially when the need arises.

The Standardized Patient Program would like to extend a special thank you to Mark Rambo, Manager of Operations, for his support of our littlest SP’s. Mark oversaw the installation of Koala Kare diaper changing stations throughout the CHS building. We are also grateful for Mark sharing his son Aiden, age 2 years old, as a child SP this past summer.

We are happy to report the location of the new diaper changing stations in the CHS Building include the third floor locations of the family restroom and the Standardized Patient Suite. Stations are also located in both the women’s and men’s restrooms located on the first and third floors.

Keeping our future Lakers dry and their mother’s stress free is big business. Over this past summer semester 2015, the Standardized Patient Program hired seventy-four (74!) children of diaper changing age to work as infant and child standardized patients with our GVSU Physical Therapy students. These events were held in a large open room. Each individual infant SP, along with their mother, was assigned a floor mat and interacted with two or three GVSU physical therapy students who used toys and play techniques which were age appropriate. For all practical purposes, the activities appear similar to a play date type of event. However, the “play” is the medium through which PT students learn to assess the physical, social, cognitive and emotional developmental levels of the infants and toddlers.

The Standardized Patient Program is happy to have our littlest SP’s onboard because they are potentially future Lakers who, thanks to our new CHS building Koala Kare diaper changing stations, can sail through their work stress free and dry. Anchor up!
Linda Larson's Banana Bread

1/2 cup (1 stick) butter or margarine, softened
1 cup packed brown sugar
1 cup granulated sugar
2 eggs
3 ripe bananas, smashed
3 cups flour
1 cup buttermilk
1 1/2 teaspoons baking soda
Dash salt, optional

Directions: In mixing bowl, cream butter or margarine, brown sugar and granulated sugar with electric mixer. Add eggs and bananas; beat thoroughly. Alternately add flour and buttermilk, mixing well after each addition. Stir in baking soda and salt.

Pour batter into two greased 9-by-5-inch loaf pans.

Bake at 350 degrees for 55 to 60 minutes or until bread tests done (when a toothpick inserted in center comes out clean). Cool slightly before removing from pans. Cool on wire rack. Makes 2 loaves.

Nutrition information per slice (when loaf is cut into 16 slices): 132 calories, 2 grams protein, 3 grams fat, 25 grams carbohydrate, 1 gram fiber, 14 milligrams cholesterol, 106 milligrams sodium.

Note: 1/2 cup chopped nuts may be added to the batter for variation. I also add 1/2 teaspoon vanilla extract to the batter because I like how that flavor enhances the bananas, so that's another option.

Once fully cooled, bread can be wrapped tightly in plastic wrap and frozen.

Enjoy and Bon Appetit!
2nd Annual Standardized Patient Potluck!

We are gearing up for our Second Annual Standardized Patient Potluck
To be held on
Monday, November 2 at 12:00 p.m. noon
In room CHS 123
We have decided to invite adult standardized patients and parents of child standardized patients.

Regarding food
Place settings, desserts, beverages and side dishes will be provided. We are asking our standardized patients to bring a main dish or heavy type of salad which could be served as a main dish.

Please email Mary (spaldima@gvsu.edu) the following info:
1) Indicate if you are planning to bring a guest along with you.
2) Let us know what you are planning to bring, this way the Sim Team staff can round out the menu.

Parking and room CHS 123 location
Your parking permit will be ready for you to pick up from parking attendant booth located behind CHS. When you enter the building take the lobby elevator to the 1st floor. When you exit the elevator take a left and then go right down the first hallway. Room CHS 123 is halfway down the hall.

We are looking forward to relaxing, lunching and enjoying our time together!

Cindy and Mary =)
I’VE HAD EVERY-THING

(sung to the tune of Johnny Cash’s "I’ve Been Everywhere")

By Mike McCarty

I was totin’ my shorts (or sports bra) to the third floor. When another Standard Patient held the elevator door.

If you’re going to the Simulation Room with me you can ride

So I climbed into the cab and I settled down inside

He asked if I’d ever seen a place with so much disease and bad glands.

I said, Listen, I’ve had every illness in this here land ....

Chorus:
I’ve had everything, man. I’ve had everything, man. Had my wing in a sling, man. Diseases you can bring, man. Trauma I’m the king, man. I’ve had everything.

I’ve had:
Mono, vertigo, acne, impetigo / polio, lumbago, rosacea, salmonella, asthma, nausea, eczema, leukemia, jaundice, jock itch, chlamydia, carcinoma, tumors, canker sores, Asperger’s, tennis elbow, insomnia, emphysema, diarrhea, I’m a kill-ah

Repeat Chorus

I’ve had:
lesions, blood clots, ear wax, contusions / dry eyes, dry skin, ulcers, dementia arthritis, bursitis, broken arm, pneumonia, back pain, migraine, job stress, myopia, TB, IV’s, pregnancy, vasectomy, infection, depression, tonsillectomy.

Repeat Chorus

I’ve had:
thrombosis, incontinence, tape worm, neuralgia / sclerosis, baldness, halitosis, hernia, bad breathe, hiccups, intermittent fever, court-ordered counseling, rocky mountain fever, cat scans, diet plans, hematoma, gonorrhea, anemia, bulimia. See what I mean-ah.

Repeat Chorus

https://www.youtube.com/playlist?list(LLVVaqpYf3fyPJvDnTTuGs2w

To view video copy and paste link in browser or go to U-Tube and search Mike McCarty.
Watch your email for our Standardized Patient Program Survey. We are gathering data about what interests people in applying to become an SP and what current SP’s find interesting and enjoyable in their work at GVSU. Your perspectives are important to us and will be used to improve the program. Thanks!

Create your own Wordle at http://www.wordle.net/ and then share it with us!!

It’s easy and Fun!!