## UNIVERSITY COUNSELING CENTER

**2024-25 SNAPSHOT** 

SAME DAY URGENT CARE, INITIAL SCREENING APPOINTMENT WITHIN 48 HOURS, AND TREATMENT WITHIN 10 BUSINESS DAYS

7,658 **APPOINTMENTS TOTAL** 

1,409

6972

**UNIQUE STUDENTS** SEEN

INDIVDUAL **APPOINTMENTS** 

297

**171** 

MENTAL HEALTH **CONSULTATIONS APPOINTMENTS** 

**GROUP** 

**171 CRISIS APPOINTMENTS** 

## **TOP PRESENTING CONCERNS**

- 1. Anxiety/Stress
- 2. Depression and Mood
- 3. Interpersonal/ Relationships Concerns
- 4. Academic/Career



13,503 PARTICIPANTS AT MENTAL HEALTH PROGRAMS

558 SUICIDE PREVENTION GATEKEEPERS 755 MENTAL HEALTH SCREENINGS

**473** MENTAL HEALTH PROGRAMS