**YOUR NAME:**

**YOUR COST PLACEMENT COUNTRY:**

**YOUR ACTUAL PROGRAM DATES:**

**YOUR ACTUAL TRAVEL DATES:**

Please fill out **all** sections of this document, providing as much information as possible.

**TYPE** the information. **Do not** complete in pencil or pen.

Contact your COST Coordinator or your institution’s study abroad office if you have questions.

**SECTION 1: Basic Program Contact Information**

Please list all phone numbers as dialed from the U.S., including the country code. (Websites such as   
**www.howtocallabroad.com** provide detailed international calling instructions.) Please check all numbers for accuracy.

**International Dialing instructions** (country code & how to dial from US)

## Calling (Placement Country) from the United States explained:

* 011 - US exit code; dial first for international calls made from the USA or Canada
* Country Code for <<Your Placement Country>>:
* City Code (if applicable):
* Phone Number ([cannot begin with 0](http://www.howtocallabroad.com/qa/dialing-errors.html)) - 10 digits:
* Sample call from US to a landline in <<Your Placement City>>:

**Site Coordinator Contact Information**Work phone number(include country code)**:**

Home: 011 -

Cell: 011 -

**Site Coordinator Address**  
Physical address:

Mailing address (if different):

**Your In-Country Contact Information**

Name of host family, landlord or hostel:

Their phone number: 011 -

Street address:

Mailing address (if different):

**Your cellphone number in host country:**

**Your Skype address:**

**Placement School Information**

Name of your Placement School:

Street address:

Phone number: 011 -

**Placement School Principal Information**

Name:

Phone number: 011 -

Email address:

**Placement School Co-operating Teacher:**

Name:

Email address:

**Your phone number during travel from USA to host country:**

**Your dates of travel (USA – host country – USA):** ing teacher:

**Contact Information for COST Coordinator at** <<Your home institution>>

Name:

Office:

Cell:

Email address:

Skype address:

Continue for Section 2 🡪

**SECTION 2: Emergency Contacts**

In case of emergency, we (COST Coordinator and Overseas Coordinator) will contact these individuals in the order in which you provide them.

**Contact 1**

Last name:

First name:

Email address:

Relationship:

Street Address:

City:

State: Zip code:

Home phone:

Cell phone:

Work phone:

Does this person have a valid U.S. Passport? Yes\_\_\_\_ No\_\_\_\_\_

**Contact 2**

Last name:

First name:

Email address:

Relationship:

Street Address:

Street:

City:

State: Zip code:

Home phone:

Cell phone:

Work phone:

Does this person have a valid U.S. Passport? Yes\_\_\_\_ No\_\_\_\_\_

**SECTION 3: Other Resources**  
Please list **all** phone numbers, including country code. You will find some of these numbers and country specific information on the State Department website **www.travel.state.gov.**

Please also consult your insurance provider’s website

**Local United States Consular Services:**

**Local Hospitals and Doctor Clinics:   
Local Police Departments:**

**Local equivalent to 9-1-1:**

Continue for Section 4 🡪

**SECTION 4: Country Specific Information**

Review the region’s recent history and identify the potential hazards and emergencies in the following areas.

Complete **all** sections using your personal knowledge and consult **www.travel.state.gov**, **www.cdc.gov/travel,** and **https://www.cia.gov/librarypublications/the-world-factbook** for country-specific information.

**Natural disasters:**(e.g. hurricanes, typhoons, earthquakes, floods, fires, etc.**)**

**Environmental:**

**Medical:**

**Sociopolitical:**

**Technical:**

**Crime and Safety:**