

# THE MEADOWS

## GOLF COURSE & GRILL



### **TURN CART**

#### FOOD & SNACKS

##### Hot Dog

340 Cal | \$5.00

##### Brat

430 Cal | \$6.00

##### Deli Sandwich

Ham+Swiss or Turkey+Cheddar  
490/510 Cal | \$6.00

##### Breakfast Sandwich

370-380 Cal | \$5.00

##### Mini Donuts

340 Cal | \$4.00

##### Muffin

410-470 Cal | \$3.00

##### Uncrustable

590 Cal | \$4.50

##### Candy & Snacks

90-250 Cal | \$3.00

##### Chips

160-260 Cal | \$2.00

##### Meat & Cheese Stick

150-160 Cal | \$4.00

#### DRINKS

##### Bottled Water, Soda, or Gatorade

0-210 Cal | \$3.50

##### Bottled Juice

200-210 Cal | \$3.00

##### Energy Drink

10-260 Cal | \$4.00



##### Domestic Beer

100-140 Cal

Single Beer \$4.00

Four Pack \$15.00

Six Pack \$23.00

##### Seltzer

95 Cal

Single Seltzer \$6.50

Four Pack \$23.00

Six Pack \$35.00



##### Premium Beer

140-160 Cal

Single Premium Beer \$5.50

Four Pack \$21.00

Six Pack \$32.00

##### Premium Seltzer

100 Cal

Single Premium Seltzer \$8.00

Four Pack \$31.00

Six Pack \$40.00



Additional Nutrition Information available upon request. 2000 calories a day is used for general advice, but calorie needs vary. 4/22/26