# THE MEADOWS

GOLF COURSE & GRILL



### **SALADS**

### Side Salad \$5.09

Mixed Greens with Cucumber, Tomato, Seasoned Croutons and your choice of Dressing 80 Cal

### Crispy Chicken Salad \$11.29

Tender Crispy Chicken with Mixed Greens, Romaine Lettuce, Tomato, Cheddar Cheese, Crispy Bacon and your choice Dressing. Try the Chicken tossed in your choice of Sauce 640 Cal

#### **Grilled Chicken Caesar Salad \$11.29**

Romaine Lettuce, tossed with Shredded Parmesan Cheese and Caesar Dressing, Topped with Grilled Chicken Breast and Seasoned Croutons 780 Cal.

#### Dressings:

Ranch 200 Cal Chipotle Ranch 300 Cal Bleu Cheese 320 Cal Italian 220 Cal

Honey Mustard 260 Cal Caesar 260 Cal Thousand Island 260 Cal French 280 Cal

### CHICKEN WINGS

All-White Meat Chicken tossed with your choice of Sauce. Served with Ranch or Bleu Cheese Dressing.

### **BONE-IN**

**6 Count \$10.19** 

400 Cals

**12 Count** \$17.39

800 Cals

### **BONELESS**

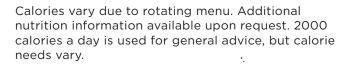
6 Count \$9.49

400 Cals

**12 Count \$16.69** 

800 Cals

### Make a Basket with Fries +\$2



### **APPETIZERS**

### Seasoned French Fries \$4.59

### Onion Rings \$7.19

Battered Sweet Yellow Onion Rings with Zesty Ranch 310 Cals

### Mozzarella Sticks \$9.19

Breaded Mozzarella Cheese with Marinara 480 Cals

### Chips and Pico \$5.09

Tortilla Chips with Pico 260 Cals

### Nachos \$12.29

Tortilla Chips topped with Seasoned Ground Beef, Queso, Pico de Gallo, Lettuce, Tomato, Sour Cream, and Jalapeño Peppers 640 Cals

#### Soft Pretzel \$8.19

Soft Pretzel with Honey Mustard and Queso 1140 Cal

### Pretzelcuterie \$16.99

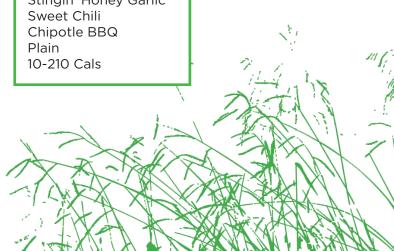
Soft pretzel served with a variety of deli meats, cheeses, dried fruit, and honey mustard 1910 Cal

### **SAUCES**

Sweet Baby Ray's BBQ

Garlic Parmesan

Stingin' Honey Garlic



### **BURGERS**

Served with Pickle Chips and House Made Chips. Substitute Beef Patty for Veggie Patty 230 Cals Substitute Chips for: Side Salad 140 - 400 Cals +\$2 Fries 270 Cals +\$2 Onion Rings 380 Cals +\$4

### Classic Burger \$11.29

1/3 lb Angus Beef Patty, Lettuce, Tomato, Red Onion, on a toasted Brioche Bun 730 Cals Add Your Choice of American, Swiss, Cheddar or Pepper Jack Cheese for 50¢

### Cowboy Burger \$14.29

1/3 lb Angus Beef Patty, Crispy Bacon, Onion Rings, Cheddar Cheese, Lettuce, Sweet Baby Ray's Jalapaños, Swiss, Lettuce, Red BBQ Sauce on a toasted Pretzel Bun 940 Cals

### Inferno Burger \$14.29

1/3 lb Angus Beef Patty, Cajun Seasoning, Crispy Bacon, Sliced Onion, Chipotle Mayo, on a Toasted Pretzel Bun 1100 Cals

## **SANDWICHES & WRAPS**

Served with Pickle Chips and House Made Chips. Substitute meat for Veggie Patty 230 Cals Substitute Chips for: Side Salad 140 - 400 Cals +\$2 Fries 270 Cals +\$2 Onion Rings 380 Cals +\$4

### Ham & Cheddar Melt \$11.29

Sliced Ham, Melted Cheddar Cheese & Honey Mustard Dressing on a Toasted Pretzel Bun 630 Cals

### Turkey & Swiss Melt \$11.29

Michigan Turkey, Melted Swiss Cheese & Honey Mustard Dressing on a Toasted Pretzel Bun 630 Cals Add Bacon \$1.00

### Turkey Reuben \$11.29

Michigan Turkey, Swiss Cheese, Cole Slaw & Thousand Island Dressing on Marble Rye 940 Cals

### The Wheatberry Club \$11.29

Michigan Turkey, Crispy Bacon, Ham, Swiss Cheese, Cheddar Cheese, Lettuce, Tomato & Honey Mustard Dressing on Wheatberry Bread 960 Cals

### Chicken Club \$10.69

Grilled Chicken Breast, Crispy Bacon, Tomato, Lettuce, Red Onion, Mayo, On a Toasted Brioche Bun 750 Cals

#### **BLT** \$10.19

Crispy Bacon, Lettuce, Tomato, Mayo, on Wheatberry 680 Cals

#### **Grilled Cheese \$8.69**

Warm, melted blend of American, Cheddar & Swiss Cheese on buttery, grilled Wheatberry Bread 600 Cals

### Crispy Chicken Wrap \$11.29

Crispy Chicken with Lettuce, Tomato, Cheddar Cheese, Red Onion, Bacon & Chipotle Ranch in a Flour Tortilla. Try chicken tossed in your choice of sauce 860 Cals

### Grilled Chicken Caesar Wrap \$11.29

Romaine Lettuce tossed with Shredded Parmesan Cheese, Caesar Dressing, Grilled Chicken Breast & Seasoned Croutons in a Flour Tortilla 790 Cals

### Veggie Wrap \$9.19

Flour Tortilla, Hummus, Cucumber, Diced Tomato, Red Onion, Jalapaño, Mixed Greens, Balsamic Glaze 680 Cals

### BEVERAGES

Soft Drinks 16oz \$2.29

Pepsi 200 Cals | Diet Pepsi 0 Cals Starry 200 Cals | MTN Dew 220 Cals

Lipton Ice Tea O Cals | Tropicana Lemonade 210 Cals

Ginger Ale 190 Cals

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

Additional nutrition information is available upon request. 2000 calories a day is used for general advice, but calorie needs vary.

