



# Handling Intensive for Children with Sensory Motor Impairments via NDT

This course provides an introduction to assessment and treatment using a current NDT approach. Assessment, task analysis, treatment planning, and treatment skills will be covered. This course is especially helpful to the therapist working with young children who have limited skills who require hands on to learn new tasks. Impairments of the trunk and ribcage, upper extremity and lower extremity will be addressed through didactic information, video clips and LAB. There will also be a practicum or demo each day so the participants can experience a new treatment sequence.

This course is appropriate for pediatric physical therapists new to the field, changing their emphasis to pediatrics and therapists who want to improve their handling skills for improving their client's function.

**Dates: October 26 & 27, 2018**

**Time: 8:30 a.m. - 5:30 p.m.**

**Location: Grand Valley State University's Cook-DeVos Center for Health Sciences, Grand Rapids, Room 123**

**Presented By: Kacy Hertz**

**Cost: \$350/GVSU PT alumni and DPT clinical instructors;  
\$400/all others**

After taking this course, the participant will

1. Understand the basis of NDT and its application to assessment and treatment planning
2. Understand how the enablement model of assessment can be applied to treatment planning for children with sensory motor impairments
3. Be able to assess impairments from a musculoskeletal perspective
4. Develop treatment plans with focus on specific impairments and functions
5. Understand the development of various types of shoulder girdle and pelvic girdle impairments and how they interfere with function
6. Demonstrate handling techniques/facilitation as it aides functional tasks
7. Be exposed to the possibilities of therapeutic adjuncts to enhance function

Kacy Hertz is currently the co-owner of City Kids, Inc. and also an active physical therapy practitioner. She is skilled in assessment of children with neuro-motor issues and development of treatment plans considering central nervous system issues, biomechanical issues and most adjunctive needs. Kacy manages a staff of 25 and teaches continuing education nationally in topics of clinical pediatric physical therapy.



Grand Valley State University Department of Physical Therapy, an accredited PT education program in Michigan, has approved this program for 15.0 PDR credits.