



Health Resources for GVSU Students

GVSU Resources

Student Health Insurance— Blue Cross Blue Shield

Offers Medical Service Coverage for students at GVSU. For more information, call [1-800-955-1991](tel:1-800-955-1991) or visit [the Student Health Insurance website](#).

Mental Health Assistance

University Counseling Center

Offers Emergency Services, Group Counseling, Individual Counseling, Referrals, Consultations, and more. For more information, call [616-331-3266](tel:616-331-3266), email at gvcounsel@gvsu.edu, or visit [the University Counseling Center website](#).

Mental Health and Well-Being Index

This online resource serves as a toolbox to assist anyone in the eight categories of wellness: emotional, environmental, financial, intellectual, physical, occupational, social, and spiritual. Please use the index on [the Lakes Together website](#).

Medical Services

Campus Health Center, Allendale, MI

Offers treatment for illnesses, injuries, and infections; women's health; allergy shots; physicals; and more. To make an appointment, call [616-252-6030](tel:616-252-6030), or for more information, visit [the Campus Health Center website](#).

Family Health Center, Grand Rapids, MI

Offers same-day sick visits, primary care, women's health, student health, LGBT health, sexual health, immunizations, health compliance, nutrition counseling, and more. For more information, call [616-331-9830](tel:616-331-9830), or visit [the Family Health Center website](#).

Sexual Health

Gayle R. Davis Center for Women and Gender Equity (CWGE)

Offers assistance with sexual assault, domestic violence, and stalking. It also offers an Advocacy program. For more information, call [616-331-2748](tel:616-331-2748), email at wolffkay@gvsu.edu or visit [the CWGE website](#).

Recreation & Wellness – Sexual Health and Wellness resources.

For more information, visit [the Student Wellness website](#)

Metro Campus Health Center — Allendale, MI

Provides Sexual Health Women's Health and LGBTQA+ Healthcare. For more information, please visit [the GVSU Health Hub website](#) or call [616-252-6030](tel:616-252-6030)

Physical Health—Recreation and Wellness

Offers Club sports, intramural sports, group exercise, personal training, small group training, injury care clinic, outdoor adventures, pool, and more. For more information, call [616-331-1732](tel:616-331-1732), email rec@gvsu.edu or visit [the Campus Recreation and Wellness website](#).

Health Resources for GVSU Students

Nutritional Health

Campus Recreation and Wellness Dietitian

Offers Nutrition Counseling, free consultations, and presentations. For more information, call [616-331-8989](tel:616-331-8989), or visit [the campus dietitian page](#)

Nutritional Health

Replenish

Replenish is a very active student food pantry located in Kirkhof. For more information and to check availability and hours, call [616-331-7867](tel:616-331-7867) or visit the [Replenish webpage](#).

Other Health Services

Student Wellness Guide

Campus Recreation has created a centralized resource for all things student wellness. The guide is constantly being updated and added to. For more information, check out the [student wellness guide](#) or visit the [Student Wellness Website](#).

Alcohol and Other Drugs Services

Grand Valley also offers help for substance abuse prevention and education, intervention, and recovery. The webpage offers services for both students and faculty, and staff. For more information, call [616-331-2537](tel:616-331-2537) or visit the [AOD webpage](#).

Local Resources

Health Insurance—Affordable Care Act Marketplace

Offers medical insurance plans and lays out costs. For more information, visit [the Affordable Care Act Marketplace website](#).

Medical Services

Network180

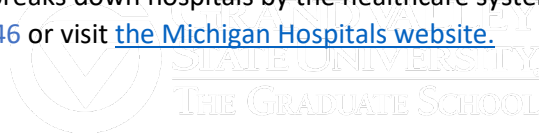
Offers help with Mental Health, Substance Abuse, and Developmental Disabilities by linking providers with services they need. For more information, call [616-336-3909](tel:616-336-3909) or visit [the NetWork180 website](#).

West Michigan Clinics, Hospitals, Healthcare Services

Offers help with Behavioral health, mental health, heart care, neurology, cancer centers, child health, and more. For more information, call [616-301-8210](tel:616-301-8210), or visit [the West Michigan Clinics website](#).

Michigan Hospitals by Health Systems

Offers hospital services and breaks down hospitals by the healthcare system to offer you the best care. For more information, call [517-323-0946](tel:517-323-0946) or visit [the Michigan Hospitals website](#).



Health Resources for GVSU Students

Mental Health—Pine Rest Christian Mental Health Services

Offers help for depression, anxiety, ADHD, anger management, grief and loss, sexual abuse, stress management, substance abuse, and more. For more information, call [616-455-5000](tel:616-455-5000) or [800-678-5500](tel:800-678-5500), or visit [the Pine Rest website](#).

Reducing Compassion Fatigue, Secondary Traumatic Stress, and Burnout: A Trauma-Sensitive Workbook

The GVSU Libraries now has this book available for all students to through an e-book license. Here is the direct link to the text - <https://ezproxy.gvsu.edu/login?url=https://www.taylorfrancis.com/books/9780429056734>

Sexual Health

YWCA

Offers help for survivors of domestic and dating abuse, sexual assault, and child sexual abuse. Offers safe living and shelters for survivors. For more information, call [616-454-9922](tel:616-454-9922) or visit [the YWCA website](#).

Planned Parenthood

Offers help with sex education, birth control, cancer screenings, general health and wellness, emergency contraception, HIV services, LGBTQ+ services, and more. For more information, call [616-459-3101](tel:616-459-3101) or visit [the Planned Parenthood website](#).

Health Services

Kent County Health Department

Offers Health education, COVID-19 testing, sexual health, environmental health, substance abuse, children and family needs, immunizations, disease management, and more. For more information, call [616-632-7083](tel:616-632-7083) or visit [the Kent County Health Department website](#).

Baxter Community Center Holistic Health Center

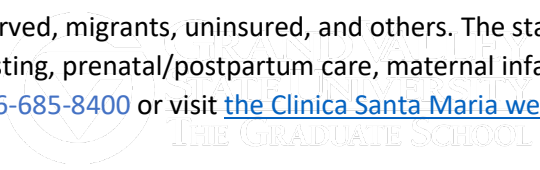
Offers healthcare for both insured and uninsured patients, including a kidney specialist. For more information, call [616-456-8593](tel:616-456-8593) or visit [the Baxter Community Center website](#).

Catherine's Health Center

Offers preventative screenings, women's health exams, behavior health services, eye exams and eye care, physical therapy, and more. For more information, call [616-336-8800](tel:616-336-8800) or visit [the Catherine's Heart Center website](#).

Clinica Santa Maria

Offers healthcare for underserved, migrants, uninsured, and others. The staff are bilingual. Services include immunizations, pregnancy testing, prenatal/postpartum care, maternal infant health care, TB testing, and more. For more information, call [616-685-8400](tel:616-685-8400) or visit [the Clinica Santa Maria website](#).



Cherry Health

Offers primary care, women's health, pediatrics, dental, vision, behavioral health, mental health, correctional health, and more. For more information, call [616-965-8308](tel:616-965-8308), email newpatient@cherryhealth.com, or visit [the Cherry Health website](#).

Health Resources for GVSU Students

Health Services

Oasis of Hope

Offers services for the uninsured who live in poverty. Services include same-day sick visits, chronic disease management, and mental and spiritual counseling. For more information, call [616-451-8868](tel:616-451-8868) or visit [the Oasis of Hope website](#)

Veteran Resources

Battle Creek VA Medical Center

Provides health care services to veterans in 20 southwest Michigan counties. It is classified as a neuropsychiatric facility and is the hub of mental health care for VA Medical Centers in the lower peninsula of Michigan. For more information, call [\(269\) 966-5600](tel:269-966-5600) or visit [the Battle Creek VA Medical Center website](#)

Grand Rapids Veterans Affairs Clinic

The Wyoming VA Community Based Outpatient Clinic offers primary medical and mental health services. Once eligibility has been determined, each patient enrolling for care is assigned to a primary care provider and team, who provides continuous and coordinated care. For more information, call [\(616\) 249-5300](tel:616-249-5300) or visit [the Grand Rapids Veterans Affairs Clinic website](#).

