Munson's Responses to the Opioid Crisis

GVSU Health Forum of Northern Michigan October 29, 2019



Munson Healthcare's response



Prevention

- Educated providers on safer prescribing, standard tools and processes created and available
- Analyzed data on where prescriptions are written and why, audited for outliers
- Have reduced discharge prescriptions from ER by 4-12% and Surgery (more later)

Treatment

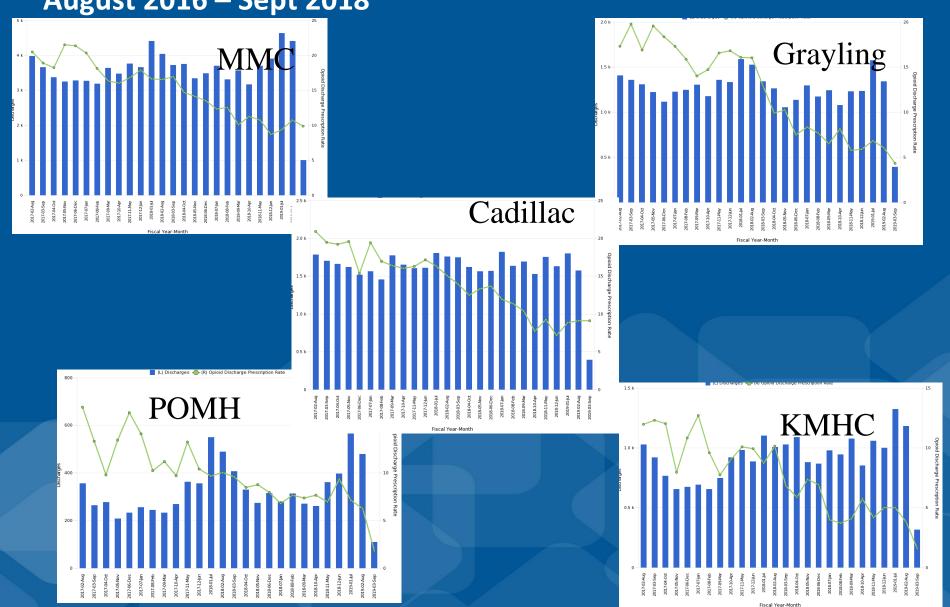
- Expanded access for MAT
- Partnering with Community MAT providers

Education

Participate with Community Coalitions across the system



System Comparison-ED Prescribing Monthly Trend August 2016 – Sept 2018



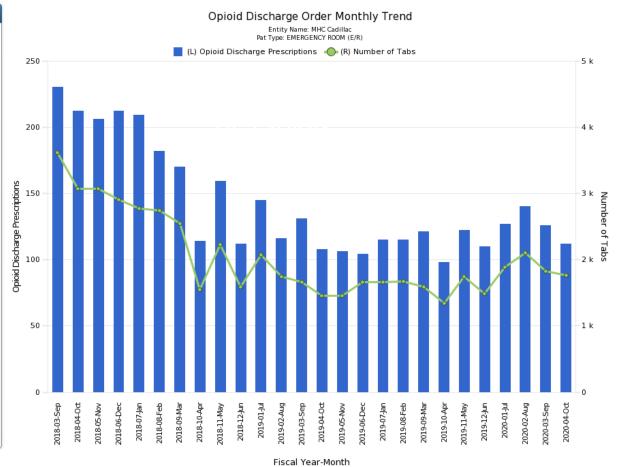
Opioid Discharge Orders

DATA UPDATED:

2019/10/27

Qualit	fications
Entity Name	Primary Order Mnemonic
All Values (5) KMHC MHC Grayling MHC Grayling MHC MMC MHC POMH	All Values (13) acetaminophen-codeine acetaminophen-HYDROco acetaminophen-coxyCODC acetaminophen-traMADol codeine hydrocodone-ibuprofen
Fiscal Year	Fiscal Year-Month
All Values (5) 2020 2019 2019 2018 2017 2016	All Values (52) 2020-04-Oct 2020-03-Sep 2020-02-Aug 2020-01-Jul 2019-12-Jun 2019-11-May
Specialty Position	Specialty
All Values (42) <blank value=""> ALLERGY/IMMUNOLOGY ANESTHESIOLOGY CARDIAC SURGERY CARDIOLOGY EMERGENCY MEDICINE</blank>	All Values (44) <blank value=""> ALLERGY & IMMUNOLOGY ANESTHESIOLOGY CARDIAC SURGERY CARDIOLOGY CARDIOTHORACIC SURGI</blank>
Provider	Opioid Naive
All Values (628) «Blank Value» ABULABAN,KHALID M MD ABUSALIH,MOHAMED MD ACKERMAN,GLEN N MD ADAMS,TODD R DO AHIR,NIMESH R MD	All Values (3) No Not Assessed Yes
DRG Group	Pat Type
All Values (324) «Blank Value» 001-002, Heart transplan 3, ECMO or trach w MV 91 4, Trach w MV 96+ hrs or 011-013, Tracheostomy f 023-024, Cranio w maj de Reset	All Values (10) EMERGENCY ROOM (E/R) I/P MENTAL HEALTH (ME! INPATIENT (I/P) MATERNITY UNIT I/P (OB O/P PROCEDURAL EXTENI O/P SURGERY (OPS)











Surgery

- Drs. Strehl and Noble leading the M-OPEN recommendation roll-out
- Now used across the system
- Cardiothoracic surgery decreased their prescribing rate by over 50%
- Still room for improvement





Procedure	Hydrocodone (Norco)	Oxycodone
	5 mg tablets	5 mg tablets
	Codeine (Tylenol #3)	
	30 mg tablets	Hydromorphone
	Tramadol	(Dilaudid)
	50 mg tablets	2 mg tablets
Laparoscopic Cholecystectomy	15	10
Laparoscopic Appendectomy	15	10
Inguinal/Femoral Hernia Repair (open/laparoscopic)	15	10
Open Incisional Hernia Repair	30	20
Laparoscopic Colectomy	30	20
Open Colectomy	30	20
Ileostomy/Colostomy Creation, Re-siting, or Closure	40	25
Open Small Bowel Resection or Enterolysis	30	20
Thyroidectomy	10	5
Hysterectomy		
Vaginal	20	10
Laparoscopic & Robotic	25	15
Abdominal	35	25
Breast Biopsy or Lumpectomy Alone	10	5
Lumpectomy + Sentinel Lymph Node Biopsy	15	10
Sentinel Lymph Node Biopsy Alone	15	10

PROVIDERS

HOME

Simple Mastectomy ± Sentinel Lymph Node Biopsy

Wide Local Excision ± Sentinel Lymph Node Biopsy

Modified Radical Mastectomy or Axillary Lymph Node Dissection

opioidprescribing.info

30

45

30



20

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20

Grants

- Behavioral Health SAHMSAA grant to expand access to MAT
- Michigan MAT initiation in the ER grant
- NMORC for 16 counties including Cadillac, Grayling, Otsego and Kalkaska Hospitals
- MAT in jail in Wexford and TC



SAHMSAA Grant

- 100% MAT referrals have been offered an Assessment/Intervention within 48 hours of the call for services (does not include weekend days)
- 92% of MAT patients continue to be actively engaged in treatment services since grant inception
- Collaboration with Addiction Treatment Services to support their Community Recovery Center

Sponsored Clinical trainings on Harm Reduction and Medication Assisted

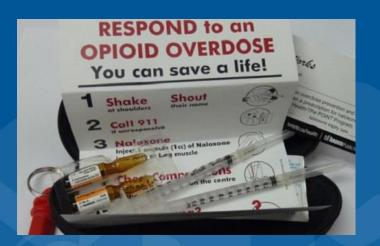
Treatment

- Offering wellness activity that includes Auricular A
- Offering MAR Peer Support weekly group
- Offering MAR Family Support weekly group
- Launched Women's Trauma & Resilience Group



Pharmacy

- Intern created a program to give NARCAN and training to those presenting to ER with an overdose for home use
 - Success story from first interaction





Munson Healthcare

Opioid Stewardship Committee

- Provided lots of information on the new laws and their impact, provides resources to providers.
- Hired a nurse to help navigate the hospitals with all the community resources/groups
- Developed a tool kit with a template narcotics contract, templated consent, prescribing checklist with alternatives, patient education handouts, etc..
- Coordinated classes on safe prescribing/best practices.
- Placed medication drop-off boxes in all hospitals.
- Working with DI to establish tools to assess for ED overdose rates as well as individual provider prescribing patterns.



Opioid Stewardship Committee

- Learning from other communities in the system
- Ongoing partnership with Pharmacy to learn from data
- Supporting providers interested in becoming MAT providers





Understanding MAPS data

• See demo





Community Health Needs Assessment

- Multidisciplinary, multi-county assessment of community need
- Two clear gaps identified
 - Access to mental health and substance abuse treatment
 - Managing social determinants of health

MHC will be looking at adeducation and outreach.

ough prevention, treatment,



What to do if someone you know needs help?

- Help is available!!!
- Resources vary by community but are improving!
- Consult your PCP
- State Police "ANGEL" program
- MMC ER
- Accessing Narcan
 - Pharmacies
 - Harm Reduction MI

Questions?



