

GRAND VALLEY STATE UNIVERSITY SCHOOL OF SOCIAL WORK CONTINUING EDUCATION

TOPIC

Youth Mental Health: Treatment & Strategies to Help Teenagers & Their Families

Youth mental health is changing before our eyes and the steps we take to help treat these issues is beginning to look different. Join us for this training that will allow us to dive into the world of today's youth culture to determine what to look for, what treatment strategies to use and even practice some skills for your future treatment framework.

Recommended for LBSW and LMSW beginner/intermediate skill level; for additional information, please visit our website: www.gvsu.edu/swce

OBJECTIVES

- 1) Define youth mental health and how to navigate diagnosis
- 2) Review helpful treatment practices to utilize with youth and their families
- 3) Define specific strategies to work with youth and their families

DATE:

Friday, January 14, 2022
8:45am—12:00pm

LOCATION:

Live, online webinar via
Zoom

Grand Valley State University School of Social Work, an accredited social work education program, is authorized by Administrative Rule 338.2965 to award Michigan social work continuing education contact hours.

PRESENTED BY:



Michelle Anguiano, LMSW, CAADC, CFTP is the treatment supervisor of the Lighthouse Girls Program located in the Ottawa County 20th Circuit Court Juvenile Detention Center. Lighthouse is a short term residential program designed to work with female adolescents dealing with trauma, substance abuse, anger and impulse control, self-injurious behaviors, mental health disorders, attachment, parenting conflict and delinquency struggles. Michelle has 22 years of experience working with adolescents in the juvenile justice system. Her expertise includes working with mental health, trauma and substance abuse with adolescents and their families.

CE CREDIT: 3.0

COST: \$49

REGISTER:

Visit www.gvsu.edu/swce