

## The Clinical Impact of Trauma and Trauma Informed Interventions for Adults

The clinical impact of Trauma and Trauma Informed interventions for adults is an introduction to trauma and trauma informed care. This includes a basic understanding of the neuroscience of trauma, types of trauma, how it presents clinically, and how to assess for it's impact. The second half includes evidence based interventions for the treatment of trauma such as mindfulness, yoga, EMDR, and Internal family systems therapy including how to apply them to your clinical practice.



Alicia earned her Master's Degree in Social Work from Grand Valley State University in 2012. Her earlier experiences include medical social work providing and coordinating care in sub acute rehabilitation, acute care, emergency room, and ambulatory settings. She also has clinical experience as an outpatient therapist working in a rural community mental health agency and integrated in primary care. She now practices independently in the Grand Rapids community as a psychotherapist at Allow Therapy Partners, a group she created out of her passion to provide evidence based and trauma informed care. Alicia is also dedicated to empowering others in the behavioral health community through education and collaboration to feel competent in their ability to provide effective treatments and team based care to the vulnerable populations they serve.

**Date: Friday, January 24, 2020**

**Time: 8:45 a.m. - 3:30 p.m.**

**Location: GVSU Bicycle Factory, Grand Rapids**

**Presented By: Alicia Wilder**

**Cost: \$99**

**Register at [www.gvsu.edu/swce](http://www.gvsu.edu/swce)**

Recommended for LBSW and LMSW beginning skill level; for learning objectives and additional program information, please go to our web site.