

September 2020 —  
August 2021

## **Teaching Children and Families Self-regulation Strategies in Every Day Life**

Presentation will provide ideas to assist with daily activities, and how we can all be more regulated, mindful, and calm. Strategies will be geared toward helping children be aware of their level of arousal, and how this is impacted through physical, emotional, behavioral, and environmental inputs.



Tammi Ryan, OTRL earned her Occupational Therapy Degree in 2001 from Western Michigan University. She has worked in a variety of settings with pediatric and adult clients; including in-home care, outpatient, and inpatient services. Her passion is working with children and she is trained in DIRfloortime, Therapeutic Listening, and Neuro-Developmental Treatment. Tammi enjoys working together with families to increase their child's independence.

**Date: Thursday, March 18, 2021 (new date)**

**Time: 8:50 a.m. - 12:00 p.m.**

**Location: Online, live webinar via Zoom**

**Presented By: Tammi Ryan**

**Cost: \$49**

**Register at [www.gvsu.edu/swce](http://www.gvsu.edu/swce)**

Recommended for LBSW and LMSW beginning skill level; for learning objectives and additional program information, please go to our web site.