

GRAND VALLEY STATE UNIVERSITY School of Social Work Continuing Education

TOPIC:

Supporting Adolescents During Difficult Times

The Covid-19 Pandemic has impacted adolescents in a major way. Providing support for this population is a must. This workshop will provide participants with the knowledge and skills to engage adolescents in an intentional way. Participants will explore how to build positive relationships with adolescents. Participants will also gain a general understanding of Brief Strategic Family Therapy which provides skill building strategies to strengthen families. Participants will learn to recognize signs of stress, anxiety, and depression in youth in order to provide adequate support.

Recommended for LBSW and LMSW intermediate skill level; for additional information, please visit our website:

www.gvsu.edu/swce

OBJECTIVES

- 1) Participants will discuss research related to the Covid-19 pandemic and its impact on adolescents.
- 2) Participants will list effective practices in working with adolescents who are experiencing stress, anxiety, or depression.
- 3) Participants will explain how to decrease stress in adolescents through the use of coping strategies, self-care, and other appropriate clinical considerations.

DATE:

Friday, March 25, 2022
8:45am—12:00pm

LOCATION:

GVSU Bicycle Factory,
Room BIK 230, 201 Front SW,
Grand Rapids, MI 49504

Presented By:



Tashuna Hunt is a Licensed Social Worker who is the Owner and Lead Therapist at Space for Change Therapeutic Services, LLC. Tashuna obtained her bachelor's degree in Psychology from MSU, and Masters in Social Work from GVSU. In addition to her educational accomplishments, she has 16 years of experience working within the Child Welfare and school systems, holding various leadership positions and advocating for children and families. For more information on Tashuna Hunt, please visit the course registration page.

CE CREDIT: 3.0

COST: \$49

SKILL: Beginner/

Intermediate

REGISTER

Visit www.gvsu.edu/swce

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