

## **Rethinking Conflict: Introduction to Restorative Circles**

Conflict is a natural and valuable part of life. Rather than resisting and burning out we can harness it's energy. Learning the specific model of Restorative Circles we will explore leveraging conflict as a way to transform relationship. Whether in couples, families or groups and organizations, this practical way of seeing supports our moving toward what is challenging rather than away.



Ann McKnight PLLC, LMSW, ACSW graduated from the University of Chicago with a Master's in Clinical Social Work. Before starting her private practice in 2002, Ann worked in an inpatient hospital setting for 10 years. In her current practice Ann sees individuals, couples, families and groups and specializes in depression, anxiety, grief and loss, post-traumatic stress, and relationship challenges. Ann has certification in Brainspotting, EMDR, and Trauma Studies and is a Restorative Circles trainer.

**Date: Friday, November 8, 2019**

**Time: 8:45 a.m. - 12:00 p.m.**

**Location: GVSU Bicycle Factory, Grand Rapids**

**Presented By: Ann McKnight**

**Cost: \$49**

**Register at [www.gvsu.edu/swce](http://www.gvsu.edu/swce)**

Recommended for LBSW and LMSW beginning skill level; for learning objectives and additional program information, please go to our web site.

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