

Essential Strategies for Effective Trauma-Informed Supervision in Child Welfare

Curriculum: MiTEAM principles: Effective supervision and mentoring

Date/time: Friday, February 7, 2020 • 8:45 AM – 12:00 PM

Location: GVSU Pew Campus, Bicycle Factory
201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers;
\$49 all others

Presenters: **Robert Lathers, LMSW**
Molly Perez, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify key organizational pro-active and reactive strategies necessary for helping staff successfully manage the traumatic events (secondary trauma) they encounter in their work in order to reduce serious personal reactions of staff (vicarious trauma) and the ensuing potential consequences.
- Identify three major strategies that supervisors can use to effectively support individual staff and their teams in managing the impact of trauma they encounter on the job and in their personal and professional lives.
- Improve skills in helping staff and fellow supervisors develop formal individualized secondary and vicarious trauma disaster plans as well as proactive self-care plans.

Description: Front-line supervisors are the most important link in the chain of staff satisfaction, growth, and quality work. A number of studies have indicated that supervision is the most important aspect of employment. Likewise, research indicates that the number one source of dissatisfaction among human service workers is their supervisors. The role of supervisor is critically important in the field of child welfare. Supervisors and those who are on the path to become supervisors must be good examples of professional development, self-care, ethics, and boundaries. In addition, they must be able to consistently apply a "trauma lens" to the multiple roles they encounter, i.e., viewing trauma through the eyes of those served, staff, organizational leadership and themselves. This training will utilize small and large group discussions and visual displays.

How to register: Visit www.gvsu.edu/swce

Contact: Leslie Bateman

Phone: 616-331-7180

Email: socialworkce@gvsu.edu