

Pain Management: Humans— How We Get Stuck and Unstuck

As social workers working on the front lines of human suffering can take it's toll: burnout, discouragement, loss of engagement. These are often the same things our clients are experiencing. Together we will explore how this cycle can happen as a natural part of our neurological system, as well as ways to re-connect, reinvigorate and enrich our daily lives.

This program meets the pain management requirement for license renewal.



Ann McKnight PLLC, LMSW, ACSW graduated from the University of Chicago with a Master's in Clinical Social Work. Before starting her private practice in 2002, Ann worked in an inpatient hospital setting for 10 years. In her current practice Ann sees individuals, couples, families and groups and specializes in depression, anxiety, grief and loss, post-traumatic stress, and relationship challenges. Ann has certification in Brainspotting, EMDR, and Trauma Studies and is a Restorative Circles trainer.

Date: Friday, February 14, 2020

Time: 8:45 a.m. - 11:00 a.m.

Location: GVSU Bicycle Factory, Grand Rapids

Presented By: Ann McKnight

Cost: \$39

Register at www.gvsu.edu/swce

Recommended for LBSW and LMSW beginning and intermediate skill levels; for learning objectives and additional program information, please go to our web site.

Grand Valley State University School of Social Work, an accredited social work education program, is authorized by Administrative Rule 338.2965 to award 2.0 Michigan social work continuing education contact hours for this program.