

GRAND VALLEY STATE UNIVERSITY School of Social Work Continuing Education

TOPIC:

“What’s Well-Being got to do with it?” Pain Management for School Social Workers

The course will provide an interactive experience for School Social Workers to explore obstacles to their well-being and begin to make connections to their mindsets. Participants will be empowered to use inclusive language and to implement trauma-sensitive mindfulness tools with students. A four-step framework will be introduced for managing one's well-being. While this training is geared toward School Social Workers, the content can be applicable to all.

Recommended for LBSW and LMSW intermediate skill level; for additional information, please visit our website:

OBJECTIVES

- 1) Evaluate obstacles and mindsets relating to physical, mental, and social-emotional well-being
- 2) Discuss a four-step framework for managing personal well-being.
- 3) Discover mindfulness strategies for managing personal well-being
- 4) Explore inclusive language and trauma-sensitive mindfulness tools to use with students.

DATE:

Tuesday, June 14, 2022
9:00am—11:00am

LOCATION:

Online Live Webinar via Zoom

Grand Valley State University School of Social Work, an accredited social work education program, is authorized by Administrative Rule 338.2965 to award Michigan social work continuing education contact hours.

Presented By:



Dr. Glenda Bailey Hayden

is a graduate of Dillard University, Michigan State University, and Grand Valley State University. She is a School Social Worker with Grand Rapids Public Schools. Currently, she serves as the Lead School Social Worker in which she coordinates professional development training for her colleagues and as one of several Nonviolent Crisis Prevention Intervention Trainers. Her degrees include a Master's Degree in Clinical Child and Family Counseling, a Master of Social Work, and a Doctorate of Ministry in Christian Counseling. She has served as Adjunct Professor for Grand Valley State University and served on the committee for revising the School Social

CE CREDIT: 2.0

COST: \$49

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