

The Neurobiology of Trauma: LAMP Training

This training session is designed for a range of professionals who work with survivors of trauma including mental health professionals, advocates, law enforcement officers, and prosecutors. The content of this training includes; information on the definition, prevalence, and facts on the characteristics of sexual assault and interpersonal violence; functions of brain areas that are involved in responding to traumatic events; how the brain and body respond to traumatic events; the influence of traumatic events on memory processes; common emotional and behavioral responses to trauma; and how to effectively work with trauma survivors. Distressing symptoms and behaviors will be re-framed to emphasize how individuals adapt to overwhelming stress. The personal impact of working with survivors of trauma, including vicarious and secondary trauma, will also be discussed. A case vignette will be used to support learning of concepts presented, along with video clips and group based discussion.



Shyra Williams is a Michigan native. She began her career as an MSW Intern for the Children's Advocacy Center and knew immediately this was what she wanted to do with her life work. She has been with the Children's Advocacy Center for 14 years and is currently serving as the Program Director. Shyra graduated with her MSW from Grand Valley State University in 2004. Since that time Shyra has received extensive training focused on the impacts of trauma on the brain and body. Her passion is transforming traumatic experiences through use of the expressive arts. Shyra is trained in TF-CBT, SITCAP, SMART, and regularly utilizes play, expressive arts, and sand tray. Shyra enjoys spending time with her husband and two children. Outdoors is where she recharges and you can find her with her family running, kayaking, hiking, skiing, and enjoying time on the lakeshore.



Michael Tamminga is a detective with the Ottawa County Sheriff's Office in Ottawa County, MI and has over 18 years of Law Enforcement experience. Since 2009 Michael has been assigned to the Multidisciplinary team at the Children's Advocacy Center and a majority of his cases deal with sexual assault and interpersonal violence. He is also one of the major case detectives within the investigative unit at the Sheriff's Office. Michael has training in the neurobiology of trauma and has years of experience applying the understanding of how the brain responds during traumatic events into investigations in order to provide the best results for survivors of trauma.

Date: Friday, December 6, 2019

Time: 8:45 a.m. - 3:30 p.m.

Location: GVSU Bicycle Factory, Grand Rapids

Presented By: Shyra Williams and Michael Tamminga

Cost: \$99

Register at www.gvsu.edu/swce

Recommended for LBSW and LMSW advanced skill level; for learning objectives and additional program information, please go to our web site.

Grand Valley State University School of Social Work, an accredited social work education program, is authorized by Administrative Rule 338.2965 to award 6.0 Michigan social work continuing education contact hours for this program.