

Practicing Social Work with the Children and Families of the Aftermath of Apartheid South Africa in 2016

DESCRIPTION

Social Work professionals will examine the cultural, economic, political, and historical issues relevant to South Africa. They will work collaboratively with students to explore service-learning activities, strategies for program facilitation, and current needs of the local population. Integrating education with experience in a diverse community, the group will learn about social justice, service, and community well-being.

The group will be involved with the SHAWCO Little Stars in the Manenberg District of Cape Town, South Africa. Participants in this course will assess the current school program and assist its staff in the development of a new school program and library project. The highlight of the week will end in an excursion to Boulder Beach, a penguin community, to teach the children about wildlife conservation and environmental justice.

REQUIREMENTS PRIOR TO TRIP

Readings – total of 5 hours of continuing education clock hours

Long Walk to Freedom: The Autobiography of Nelson Mandela
Author: Nelson Mandela
978-0316548182

Discussion - Date to be determined

A 6-hour interactive lecture on Pain & Ethics related to the course content will be required prior to the trip.

ITINERARY

Tuesday, December 6th

- Depart from Detroit, Michigan

Wednesday, December 7th

- Travel

Thursday December 8th

- Arrive in Cape Town
- Check into accommodations

Friday, December 9th

- Robben Island Excursion
 - 3 hour tour lead by a former political prisoner

- Objectives
 - Learn about the Apartheid state in South Africa
 - Understand the forms and mechanisms of oppression and discrimination for various race groups.
 - Understand the implications of global connectedness in promoting human rights and social justice.
- Debriefing
 - 1.5 hours
 - Discuss reactions to Robben Island and initial observations of Cape Town

Total: 4.5 hours

Saturday, December 10th

- Slave Lodge
 - 1 hour
 - Objective
 - Learn about the lives of the slaves in the Western Cape of South Africa.
- Bo-Kaap Museum
 - 1 hour
 - Objective
 - Realize the connection between the slave lodge to Bo-Kaap's history.
 - Recognizes the extent to which a culture's structures may oppress, marginalize, alienate, or create a system of privilege and power.
- Debriefing
 - 1 hour
 - Discuss Cape Town's rich history and social structures

Total: 3 hours

Sunday, December 11th

- Explore Cape Town
- Prepare for Manenberg
 - 1 hour
 - Objective
 - Discuss Manenberg's culture and social structure

Total: 1 hour

Monday, December 12th

- Manenberg
 - 6 hours
 - Objectives
 - Get acclimated to Manenberg district, SHAWCO, and the children.

- Engage in opportunities that set the stage for career-long learning.
 - Recognize and manage personal values in a way that allows professional values to guide practice.
 - Distinguish, appraise, and integrate multiple sources of knowledge, including research-based knowledge and practice wisdom.
 - Demonstrate effective communication in working with individuals, families, groups, organizations, communities, and colleagues.
- Debriefing
 - 1 hour
 - Discuss initial reactions to Manenberg

Total: 7 hours

Tuesday, December 13th

- Manenberg
 - 6 hours
 - Objectives
 - Critically analyze models and use of assessment, prevention, intervention, and evaluation.
 - Actively learn about culture from multiple sources and provide culturally competent service.
 - Recognize and communicate understanding of the importance of differences in shaping life experiences.
 - Understand the forms and mechanisms of oppression and discrimination for various race groups.

Total: 6 hours

Wednesday, December 14th

- Manenberg - Participate in a guided community tour of the Manenberg flats.
 - 6 hours
 - Objectives
 - Understand how practice experience informs the research process.
 - Evaluate the impact, intended and unintended, of agency and public policies and regulations.
 - Differentially apply engagement strategies based on circumstances and changing practice dynamics
- Debriefing
 - 1 hour
 - Discuss observations and reactions to Manenberg community tour.

Total: 7 hours

Thursday, December 15th

- Manenberg

- 6 hours
- Objectives
 - Create a mobile library for Manenberg Primary School.
 - Collaborate with other professionals and stakeholders to develop and/or coordinate interventions
 - Design and apply methods for evaluation of interventions and/or programs.
 - Continuously recognizes, assesses and attend to the social, cultural, economic, and technological advances.

Total: 6 hours

Friday, December 16th

- Manenberg
 - Prepare for Boulder Beach excursion
- Boulder Beach excursion
 - 6.5 hours
 - Objectives
 - Identify, work with and respect various culture's holiday traditions
 - Critically evaluate the underlying assumptions, values, strengths, and/or weaknesses of Human Behavior in the Social Environment
 - Discuss environmental justice with students, parents, and other community members.
- Debriefing
 - 1 hour
 - Discuss observations and reactions to the excursion

Total: 7.5 hours

Saturday & Sunday, December 17th & 18th

- Aquila Overnight Safari
 - 3 hours
 - Objectives
 - Examine environmental justice in regards to a private game reserve
 - Research Aquila's community outreach
 - Aquila Private Game Reserve has gone to massive efforts and expense to source and re-introduce wildlife into the Cape region. A great emphasis is placed on a wildlife conservation educational experience.
 - Aquila is the proud finalist of an Imvelo Award for our Social Involvement Programme. Aquila provides over 300 jobs to the previously disadvantaged community of Touws River. Aquila also sponsors the local cricket, soccer and rugby teams as well as a full time school-teacher. Over the past 4 years, Aquila has invested a staggering amount into the Reserve and in doing so has been in a position to benefit the local community.

Total: 3 hours

Monday, December 19th

- Debriefing
 - 1 hour
 - Discuss trip and overall reactions

Total: 1 hour

Tuesday, December 20th

- Check out of accommodations
- Depart from Cape Town, South Africa

Wednesday, December 21st

- Travel

Thursday, December 22nd

- Arrive in Detroit, Michigan

Total South Africa time: 46 hours

Total Reading time: 5 hours

Total Pre-trip Discussion time (includes ethics and pain management required content for license renewal): 6 hours

Total Hours: 57 hours of content (pending approval for 45 social work continuing education clock hours to include ethics and pain management requirement for license renewal)

Price: \$2595, includes air transportation, in country travel, lodging and activities

Transportation to the Detroit airport, meals, personal spending, passport fees, and immunizations are the responsibility of the individual.