

Gender Responsive Treatment for Substance Abuse Disorder

Nationally, one third of all treatment admissions for substance use are for women. Among these women, it is estimated 55-99% of them have experienced trauma. However, less than one third of the SUD treatment programs offer women specific programs or groups. In Kent County, several programs are offered specifically for women to address their unique needs. This workshop will provide information on what it takes to effectively serve women with co-occurring disorders.



Terri Sprader MA, LPC, SPADA, CAADC, CSS, ADS is the Clinical Supervisor for Community Based Recovery Services at Arbor Circle in Grand Rapids and graduated from Western Michigan University with a Master's degree in Community Counseling. Terri has been at Arbor Circle since 2001. She worked at the Bridge Adolescent Residential Program, in Early Childhood in the Mission Inn program, Outpatient Services, and in the Family Engagement Therapy program as a Therapist. In 2010 she began supervising several Community Based Recovery programs and Women's Specialty programs including: Enhanced Women's Services, Family Engagement Services, Women's Project Access, and the Recovery Management Program. Terri has provided trainings on Motivational Interviewing, Seeking Safety, Women's Issues, Treatment Planning, FASD, Substance Use Disorders and Program Development.



Cathy Worthem, MSW, LMSW, CCS, is the Program Manager for Community-Based Recovery Services at Arbor Circle in Grand Rapids Michigan. She manages six programs providing addiction treatment and support for individuals and families with co-occurring disorders in community-based settings. Three of these programs are designated women's specialty services for the State of Michigan. She has worked in the field of social work supporting diverse populations for more than 20 years. Working as a clinician and supervisor for the last 15 years, she has specialized in treating women and families impacted by substance abuse. She is a passionate advocate for women involved in the child welfare system, gender-specific treatment, the addition of peer recovery coaches to addiction services, and the development of trauma informed care in her agency.

Date: Friday, May 15, 2020

Time: 8:45 a.m. - 12:00 p.m.

Location: GVSU Bicycle Factory, Grand Rapids

Presented By: Terri Sprader and Cathy Worthem

Cost: \$49

Register at www.gvsu.edu/swce

Recommended for LBSW and LMSW beginning and intermediate skill levels; for learning objectives and additional program information, please go to our web site.

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