

ADHD: It's in the Family

Curriculum: Mental and behavioral health: Understanding emotional and mental health concerns of youth

Date/time: Monday, March 27, 2023 • Program 8:45 AM – 12:00 PM (ET)
Location: Live synchronous training via Zoom
Social Work CECHs: 3 hours • Approval #MICEC-0004
Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others
Presenter: Noelle Lynn, LMSW, ADHD-CCSP



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Explain how ADHD works in the brain and the role of emotions and the amygdala.
- Understand how those with ADHD within a family interact and how ADHD impacts the family system.
- Apply practical interventions and skills to improve your work with those who have ADHD.

Description: This training will provide an overview of what ADHD is, how it presents, and how it impacts relationships. It will also focus on psychoeducation and practical knowledge that can improve outcomes for those with ADHD and those who are caring for them. This training will utilize small and large group discussions and visual displays.

Healing Through Play: A Foster Care Lens

Curriculum: Mental and behavioral health: Health and wellness needs of youth in foster care

Date/time: Wednesday, May 3, 2023 • 8:45 AM – 12:00 PM (ET)
Location: GVSU Pew Campus, Room BIK 230
 201 Front Avenue SW, Grand Rapids, MI 49504
Social Work CECHs: 3 hours • Approval #MICEC-0004
Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others
Presenter: Jacqueline Scherer, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Define play in their world.
- Identify four ways that play supports the growth of overall emotional health.
- Implement five play strategies to use in foster homes, community settings, and their own offices.

Description: Science continues to show the medical, mental, and overall emotional health benefits of play in our schools, communities, and homes. Join us in unpacking the ways that play-based strategies can heal and impact the brain, trauma, and children who are placed within the foster care system. This training will utilize role playing, exercises, small and large group discussions and visual displays.

How to register: Visit www.gvsu.edu/swce

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