

## Family Systems and Complex Trauma

The workshop will focus on what variables to consider when introducing clinical treatment for traumatic stress, and identifying the benefit and drawback to each approach. Basic concepts of EMDR will be discussed, as well as basic concepts of TF-CBT. The workshop will synthesize concepts from attachment theory and family systems. Within the family systems discussion, internal family systems, structural and bowenian theory and their application to traumatic families will be discussed. Finally, the most current research available regarding sleep and burnout will be addressed.



Patrick Kiely graduated from Michigan State University School of Social Work in 2013 and began working as a Therapist in Muskegon County, focusing on youth identified with complex developmental trauma. During this time he also completed licensure requirements for Marriage and Family Therapy, with coursework completed through Michigan State's Human Development and Family Studies Department. Over the three years Patrick implemented a variety of evidence based trauma interventions, particularly Trauma Focused CBT (National Certification Completed in 2015). In 2015 he also began certification for EMDR, and completed international certification in May of 2019. From 2015 to 2019 Patrick has been supervising Family Based Services at Muskegon's Community Mental Health (HealthWest), working with a team of clinicians to provide evidence based interventions for individual and family therapy to youth with a severe to moderate mental health diagnosis.

**Date: Friday, October 25, 2019**

**Time: 8:45 a.m. - 3:30 p.m.**

**Location: GVSU Bicycle Factory, Grand Rapids**

**Presented By: Patrick Kiely**

**Cost: \$99**

**Register at [www.gvsu.edu/swce](http://www.gvsu.edu/swce)**

Recommended for LBSW and LMSW beginning skill level; for learning objectives and additional program information, please go to our web site.

Grand Valley State University School of Social Work, an accredited social work education program, is authorized by Administrative Rule 338.2965 to award 6.0 Michigan social work continuing education contact hours for this program.