

GRAND VALLEY STATE UNIVERSITY School of Social Work Continuing Education

TOPIC:

Understanding & Treating Eating Disorders

Understanding and Treating Eating Disorders is a short course in the proper diagnosis of all Eating Disorders as categorized in the current DSM. Predisposing, precipitating, and perpetuating factors will be discussed. Assessment for medical risk and the decision process re: when to refer for a higher level of care will be shared. Outpatient treatment strategies for Anorexia, Bulimia, and Binge Eating Disorder will be taught. A new paradigm, Health at Every Size, will be introduced as an antidote to society's destructive diet mentality.

Recommended for LBSW and LMSW intermediate skill level; for additional information, please visit our website:
www.gvsu.edu/swce

OBJECTIVES

- 1) Participants will be able to accurately differentiate between the primary diagnostic groups for Eating Disorders.
- 2) Participants will be able to describe the factors which contribute to the development of an Eating Disorder.
- 3) Participants will be able to list at least two treatment strategies for the major diagnostic groups.
- 4) Participants will learn how to assess for medical risk, as well as when to refer for a higher level of care.
- 5) Participants will understand the origins of the BMI system and its shortcomings as a measure of health.
- 6) Participants will demonstrate understanding of the Health at Every Size perspective and its contribution to trauma informed Eating Disorders treatment.

DATE:

Friday, March 18, 2022
8:45am—3:30pm

LOCATION:

GVSU Bicycle Factory, Room BIK
230, 201 Front SW, Grand Rapids,
MI 49504

Presented By:



Gail L. Hall is the Executive Director of Eating Disorder Services at Sanford Comprehensive Treatment for Eating Disorders. Gail has been a therapist treating eating disorders since 1986. Gail has a Master's Degree in Social Work from WMU; and is a Licensed Master Social Worker in the State of Michigan. For more information on Gail Hall, please visit the course registration page.

CE CREDIT: 6.0

COST: \$99

SKILL: Beginner/
Intermediate

REGISTER

Visit www.gvsu.edu/swce

Grand Valley State University School of Social Work, an accredited social work education program, is authorized by Administrative Rule 338.2965 to award Michigan social work continuing education contact hours.