

STOP, LOOK, and LISTEN...Knowing (and Re-knowing) Yourself

Curriculum: Antiracism: Theory and/or practice (whether political or personal) that seeks to challenge, reduce, or eliminate manifestations of racism in society



Date/time: Wednesday, March 13, 2024 • Program 8:45 AM – 12:00 PM (ET)
Location: GVSU Pew Campus, 201 Front Avenue SW, Grand Rapids, MI 49504
Social Work CECHs: 3 hours • Approval #MICEC-0004
Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others
Presenter: Lois S. Owens, MSW

Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Recognize that we are all biased, consciously and unconsciously.
- Explain how poverty of the mind may be more damaging than poverty of the pocket.
- Understand how systemic discrimination is matched by systemic privilege, which results in suppression of knowledge about systemic oppression and its impact on human behavior.

Description: Through awareness, interaction, and reflection, participants will learn to assess, shape, and gather information about self and others that will lead to ensuring an empathetic and understanding workplace. Participants will engage in interactive exercises and discussion employing anti-racism and implicit bias systems in order to gain greater understanding of self and others. Such training is directed toward better and more effective employees. This training will cover forms of bias and micro-aggressions that can assist employees to recognize and understand that biases may lead to poor decision-making in the workplace or when engaging with clients. Research confirms that everyone has unconscious biases, which if left unchecked, can lead to unfair or discriminatory behavior with negative consequences for others. This training requires a "willingness to cross the border from what we know to what we need to know, and to open ourselves to the limitations of our own perspectives and the need for those of others." This training will utilize exercises, small and large group discussion, and visual displays.

Seeing Systems Through a Native American Lens

Curriculum: Cultural humility/cultural competence: Cross-cultural knowledge



Date/time: Friday, May 10, 2024 • Program 8:45 AM – 12:00 PM (ET)
Location: GVSU Pew Campus, 201 Front Avenue SW, Grand Rapids, MI 49504
Social Work CECHs: 3 hours • Approval #MICEC-0004
Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others
Presenter: Jonathan Rinehart, LMSW, CTRP-C, ADS

Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify at least one historical policy that may have led Native Americans to mistrust systems.
- Identify three culturally informed strategies to build a therapeutic alliance.
- Understand how empathy can help bridge the gap between agents working for systems and advocates for clients.

Description: Native Americans historically have not had positive experiences with systems. Working with Natives effectively requires leveraging empathy to build relationships with Native American individuals, families, and communities. In this training, participants will become aware of historical policies that may have led Native Americans to mistrust systems. Awareness is the first step to increasing empathy. Empathy will empower participants by bridging the gap between agents working for systems and advocates for clients. This training will utilize small and large group discussion and visual displays.

How to register: Visit www.gvsu.edu/swce

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