

Healing What is Unseen: Implicit Bias



At a glance...

Join us as we explore implicit bias in an engaging and participatory space towards healing and understanding. We will examine our unconscious biases using a pre- and post- implicit bias test and understand how they affect our perceptions and relationships with others in this warm and accepting environment.

We will traverse the nuances of implicit bias through small group discussions, reflection exercises, and thought-provoking activities, while acknowledging that these talks can be difficult. Together, we will create a welcoming and safe environment in large groups and affinity groups where participants can freely express their ideas, opinions, and concerns.

Participants will have the opportunity to brainstorm and discuss strategies for implementing inclusive practices, policies, and initiatives in their respective health care environments. The training will provide resources and support to ensure participants have the tools they need to turn their intentions into actionable change and to foster culture sensitivity.

Speaker

Thavone Huinil is an experienced, warm, and inclusive therapist based in Grand Rapids, MI. With 20 years of experience, she provides compassionate support to individuals, couples, and families seeking healing and growth. As a certified Imago Relationship Therapist, she specializes in strengthening connections and fostering healthier communication patterns. Thavone's therapy approach acknowledges the impact of systemic racism on relationships and emphasizes the healing power of relationships. She supports clients through trauma-informed, culturally responsive lens. Additional trainings in Emotionally Focused Therapy for Couples, Internal Family Systems (IFS), and Brainspotting, allow Thavone to offer a diverse range of therapeutic modalities to meet individual needs.



Friday, April 19, 2024
9:00am - 12:00pm



Virtual - via Zoom

Participants must use an audio and visual capable device.

Cost
\$49

**Social Work
CE Credits**
3.0

Grand Valley State University School of Social Work, an accredited social work education program, is authorized by Administrative Rule 338.2965 to award Michigan social work continuing education contact hours.



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