

SCHOOL OF SOCIAL WORK PRESENTS:



Building a Roadmap to Healing: Utilizing EMDR with Clients of Complex Trauma of Sexual Assault/Abuse

AT A GLANCE

Often survivors with a complex history of sexual abuse/assault experience distressing symptoms that mitigate their quality of daily living and hope for the future. The impact of repeated sexual traumas and abuse can lay the foundation for inflexible cognition, negative belief systems, and adverse bodily sensations in response to the traumatic events. While mapping out complex trauma histories may seem overwhelming for the client and the clinician, it can be therapeutic if done in a trauma-informed setting. Utilizing Eye Movement Desensitization and Reprocessing (EMDR), a psychotherapy treatment originally designed to alleviate the distress associated with traumatic memories (Shapiro, 1989a, 1989b); survivors of complex trauma can build up resources, create coping strategies, and reduce the levels of disturbance associated with these traumatic events.

Date

Friday, February 17, 2023
9:00am - 12:00pm

Location

GVSU - Bicycle Factory
Room: BIK 230
201 Front SW
Grand Rapids, MI 49504

REGISTER

Visit www.gvsu.edu/swce

CE
Credit

3.0

Cost

\$49

SPEAKER

Betsie Schoedel, LMSW (they/them), is a queer-identified survivor of sexual abuse and domestic violence and has supported survivors of abuse and trauma in various roles since 2012. Betsie Schoedel graduated from Grand Valley State University with their MSW in 2018. In 2019, Betsie Schoedel began their clinical work at EVE, Inc a dual domestic and sexual assault non-profit in Lansing, MI, providing counseling services to sexual assault survivors ages five and up. In 2021, Betsie Schoedel completed the EMDR training through Trauma Recovery, EMDR Humanitarian and Assistance Programs (HAP), and pursued EMDR certification, to be completed in 2023. Betsie's current role at EVE, Inc is the Director of Survivors Healing and Empowerment Services, overseeing a clinical team of six full-time staff members and additional MSW/BSW interns. Betsie Schoedel is committed to growing their clinical skills to provide accessible and trauma-informed care to all survivors who utilize EVE's services and has training in TF-CBT, CPT, Brainspotting, and EMDR. Betsie is a current student at MSU pursuing their Ph.D. in Social Work and enjoys spending time with their partner and fur babies in their free time.

OBJECTIVES

- Gain trauma-informed skills specific to working with survivors of complex sexual abuse and trauma to map out target memories for reprocessing
- Overview of the adaptive information processing network and the 8-phase model of EMDR and how it pertains to survivors of sexual violence
- Gain additional cognitive interweaves and resource development installation skills to benefit trauma survivors

Grand Valley State University School of Social Work, an accredited social work education program, is authorized by Administrative Rule 338.2965 to award Michigan social work continuing education contact hours.