

Name _____

Date _____

SUN EXPOSURE

Answer the questions referencing the following pages regarding sun exposure.

1. What type of Cancer can be caused by over exposure to the sun?

SKIN CANCER

Yes / No

2. What occupation(s) tend to lead to more skin cancer?

OFFICE

Yes / No

3. ^{Two} types of changes in your skin that could lead to skin cancer are:

- 1. change in mole
- 2. new growth, spot or bump

Yes / No

4. ^{Two} recommendations to follow to prevent SKIN cancer:

- 1. Tan outside from 10am - 2pm
- 2. Do not wear sunscreen

Yes / No

5. What are UV rays and what can they do to the skin?

UV rays are a part of sunlight that is an invisible form of radiation that can cause skin

Yes / No

6. Describe UV index.

UV index is an indication of how much to-water your lawn.

Yes / No

7. What does a suntan indicate, _____?

A suntan indicates that UV rays have penetrated the SKIN'S inner layer.

Yes / No

Yes / No Strategies