

DECISION MAKING

Step One: State the Problem: Getting up to late to get to school on time.

Step Two: Two options to solve the problem are:
1. Go to bed earlier 2. Set two alarm clocks

YES or NO

Step Three: The benefits and consequences for each option are: (listed as one pro and one con)

Pro: get more sleep
Con: miss chatting with my friends online

Pro: I would have two opportunities to wake up
Con: Buy another alarm clock

YES or NO

Step Four: Do these options (listed in Step 2) agree with your values?

YES or NO

Step Five: Weigh the options and decide: I would choose the option to set two alarm clock.

YES or NO

Step Six: What would you have to do to carry out this decision?
To carry out this decision I would have to buy another alarm

YES or NO