

## Self-Management System

Date: \_\_\_\_\_

Task	Time	Self-Management System			# of Boats
Arrival	8:00-8:15	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>X</b>
Group	8:15-8:30	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>X</b>
Career Skills	8:30-9:00	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>X</b>
Water					<b>X</b>
Dialysis - Boats	9:15-10:00 45 Minutes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Dialysis – Conversation	10:00-10:05				<b>X</b>
Dialysis - Boats	10:05-10:50 45 Minutes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Dialysis – Conversation	10:50-10:55				<b>X</b>
Dialysis – Boats	10:55-11:30 35 Minutes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Lunch	11:30-12:00	<b>Break Room</b>		<b>Sterling Cafe</b>	
Dialysis - Boats	12:00-12:40 40 Minutes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Dialysis – Conversation	12:40-12:45				<b>X</b>
Dialysis – Boats	12:45-1:25 40 Minutes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Dialysis – Conversation	1:25-1:30				<b>X</b>
Dialysis - Boats	1:30-2:00 30 Minutes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Reflection	2:00-2:30	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<b>X</b>