

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## SUN EXPOSURE

Answer the questions referencing the following pages regarding sun exposure.

1. What type of Cancer can be caused by over exposure to the sun?

2. What occupation(s) tend to lead to more skin cancer?

3. The three types of changes in your skin that could lead to SKIN CANCER:

1.

2.

3.

4. What are four recommendations to follow?

1.

2.

3.

4.

5. What are UV rays and what can they do to the skin?

6. Describe UV index.

7. What does a suntan indicate, why does the skin tan when exposed to the sun?

### ANSWER BANK

1. New growth or spot on skin
2. Farming
3. Eye protection
4. A part of sunlight that is an invisible form of radiation that can cause skin cancer.
5. Avoid outdoor activities
6. UV rays have penetrated the skins inner layer.
7. Wear protective clothing
8. Change in mole
9. Skin
10. Sore that doesn't heal
11. Wear sunscreen and lipscreen
12. Forecast of expected risk to overexposure to UV rays